

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

You're listening to a Mamma Mia podcast.

Mamma Mia acknowledges the traditional owners of land and waters that this podcast is recorded on.

Mia, I'm worried about you.

You're wearing a beige cardigan.

Yeah.

With a black dress and black boots.

This is concerning me a little.

Is everything all right?

It's my whole new look.

I know, people get anxious.

Now, I wanted to wear this black dress, but then I got cold.

And so I thought, I don't want to put a jumper on it.

I want to have something bit open and then I'll pull these sleeves up and it's also the new mate.

Mamma Mia out loud!

Hello and welcome to Mamma Mia Out Loud,

what women are actually talking about on Friday the 21st of July.

I'm Holly Wainwright.

I'm Mia Friedman.

And I'm Claire Stevens.

And on the show today, the nation is in a glorious love bubble with 23 women.

The Matildas.

And personally, I owe them an apology.

Also, this week, everyone's making themselves look older on TikTok and the ill is deafening.

And best and worst of the week, which include the tech millionaire dick measuring competition, the hell of house hunting right now and what you might find in the fridge.

But first, Mia Friedman.

In case you missed it, Harry and Meghan asked Joe Biden if they could get a lift home to America on Air Force One after the Queen's funeral.

And Joe Biden said no.

The White House, Buckingham Palace and Harry and Meghan have refused to comment on this report,

which has been going around this week.

And it's raised some interesting questions.

The fact that they didn't deny it because they are very outspoken in denying stories that aren't true, suggests that it's true.

We sort of debated whether we'd bring this because we don't want to just be in the business of scurrilous, mean-spirited gossip about Harry and Meghan.

But combined with the reports that Joe Biden didn't attend the Invictus Games to avoid upsetting the Royals,

has kind of brought into stark relief this issue that Harry and Meghan have, where they want to consider themselves on par with all these world leaders.

But because they are estranged from the royal family and are very public about that, world leaders have to be very careful diplomatically about being associated with them.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

Well, and also I would say that what it actually shows is how, possibly because of all the scurrilous gossip and all the negative press, how their brand has become really complicated for people to be near. You know, whether this story is 100% accurate or not, there's no question about that. And it's actually a really tricky situation for them. I'm finding myself unable to click on anything about Harry and Meghan. I think ever since I watched the documentary, it was not called wha. I just know how complicated all the press is around them, around the royal family, how many people are trying to get a story across that if you currently believed what you were reading, you would believe that Meghan Markle is a psychopath and that Meghan and Harry's marriage is on the rocks. And I cannot read it anymore because I just cannot trust myself to know what's true and what isn't. But the diplomatic thing is interesting because if you remember last year after their documentary came out that was not about themselves, the one that they did sort of about leadership and they took a bit of Jacinda Ardern and she was forced to come out and say, oh, I didn't know I was going to be in this documentary. It was actually an interview I did for something else that was taken because, you know, it's very complicated. For example, if Harry and Meghan came to Australia, they would expect probably to meet with the prime minister. The prime minister can't meet with them. I feel sorry for them. Now, oh, there's been contact in the area of penalty. And Kylie scores. Does sport matter? We're a bit hot and cold about that here on Mamma Mia Out Loud. Generally speaking, me is not that into it. I go in and out depending on what football code I can generally blame for something in any particular week. Before I'm cancelled, it doesn't matter to me. I understand now after many years and many feet in my mouth that it matters a lot to a lot of people and I'm here for that. Yes. For them. And generally speaking, Claire and Jesse are our tennis and golf correspondents. So they're, you know, closer to the sport matters conversation. It would be almost impossible to argue that what's happening across Australia and New Zealand in these next few weeks isn't actually of earth shattering importance. The FIFA Women's World Cup is on. It started last night. Two games, one in New Zealand, one here in Australia.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

And last night, 1.3 million Australians watched the Matilda's first game on Channel 7.
Were you one of them?
I most certainly was.
As was I.
I believe you were too, Mia.
I was.
I was downstairs with Coco and her friend.
The three of us were watching.
Jason and Remy were upstairs watching the ashes.
And then I rang my mum.
And my mum and dad were watching the Matilda's.
And then my mum and I were talking to each other and then she goes, oh, sorry, darling.
And she goes, dad wants to concentrate.
He says that I should go outside to talk to you.
So like my dad, who doesn't watch any sport was really into it.
So I thought that was an interesting little slice of Australia that it spans, you know, three or four generations.
Well, this is why this matters, right?
Is that the FIFA Women's World Cup isn't new.
It happens every four years, right?
And it's been an official World Cup on the same standing in theory with the Men's World Cup since 1991.
But generally, and look, I love football as far as all sports go.
Obviously I grew up in England, so it's a religion there.
And I grew up watching it.
I grew up talking about it.
I grew up going to games, but crucially all men's games.
I have never, ever watched a women's World Cup game before last night, all the way through.
And yet I would have watched hundreds, hundreds and hundreds of football games in my life.
And this is why I personally, and I'm sure many people feel this way too, do owe the Matilda's a little bit of an apology
because finally things have shifted.
And we all know that for the last 10 years at least people have been saying women's sport, women's sport.
There's been all of this very hard work done at grassroots level to raise the profile to make sure that the athletes are properly rewarded
to make it a viable profession for females.
But there's still been quite a bit of eye rolling about like, but who really wants to watch it?
Well, guess what?
Now we are at a place where everybody wants to watch it.
More people have bought Matilda's merch in the past couple of years than they have the Soccerus.
The games that Matilda's have scheduled have sold out.
There were more than 75,000 people at Homebush last night watching that game live.
It is here and it's happening and it's fantastic.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

I was on the New York Times website yesterday and one of their main stories was about Sam Kerr who is the captain of the Matilda's and the fact that she was injured and not playing in the first couple of games. That was on like the front page of the New York Times. The USA is the best female soccer team in the world, right? They hold the World Cup. They've won it four times. So they're the ones to watch. I think they played tonight. We are on the brink of obsession. I saw this in Britain last year. I went back for a couple of weeks in the summer and we could not move for every magazine cover, news site cover, TV show, being about the women's football team because they were playing in the Euros and they were doing really well. So if the Matildas continue to win, I think we are in the middle of something massive. Claire Stevens, do you agree? I saw a viral ad this week that I think really sums up how my perspective on women's sport has changed. So it's a French ad about the FIFA Women's World Cup and it starts with all of these amazing soccer moments and it's the men. So you see amazing goals being scored. You see all this fancy footwork. It's the French team and the French team are one of the world's best. Yeah, flips. I like it when these backflips. Incredible. There's crowds erupting. There's people in a pub. There's commentary. There's all of that. And you go, because you know that the Women's World Cup is kind of in the zeitgeist, it sounds horrible, but in the back of my mind I was thinking, this is why it's hard because the men are just so good and you get these moments watching men's football. Then halfway through the ad, it comes up with some text that says, these are the emotions that we have towards the men's team, except that was not the men's team you were just watching. And it rewinds and it turns out they've used these visual effects to manipulate the images to make female players into male players. So all the images, all the visuals you just watched were actually the women. And you realize, oh no, there are brilliant, absolutely gob smacking moments in female sport and it's not getting the same reaction as men's sport. And so at the end, it has this sentiment about like, for us, when we celebrate the men, we also

[Transcript] Mamma Mia Out Loud / When Your Face Is Everyone's Worst Nightmare

celebrate the women.

And there was something about that ad that totally reset the way I look at women's sport.

And then putting the Matilda's on last night, I could not take my eyes off it.

The tension in that last, it was particularly in the last kind of 20 minutes, I just could not look away.

I could not believe how talented these players are, their aggression, their fearlessness, how ridiculously talented they are.

And I'm so glad that after years and years and years of people kind of making a song and dance about women's sport, we're all going, oh no, there's really something incredible to watch.

See, when it comes to sport, no matter what sport it is, I'm interested in the stuff around it, like the stories, who the people are, what the characters are, what the relationships are, what the behind the scenes rivalries are.

And that's what I like. So if you like sport, obviously, I'm the worst person in the world to watch it with because last night I was watching the Matilda's.

My daughter is a mad Matilda's fan. She's played soccer all her life and goes to see them play games live all the time.

And I was like, who's that one? Has she got a girlfriend? Has she got kids? Which ones have kids?

I wanted all the gossip about the players and I read a really interesting story also this week about how the coach and the team management manage all the menstrual cycles of the Matilda's.

See, I find all this stuff interesting.

This is really interesting, me, of what we're grappling with professionally as soon as we get to know people.

So we've just got to know most of us and I know that we're talking broadly and lots of people have been following the Matilda's for years, but your average Australian has just got to know a handful of new people in the lead up to this.

So suddenly we know who Katrina Gorry is and who Ellie Carpenter is and stuff. So we're like, we want to know everything about them.

Interestingly, when we run stories on Mamma Mia, we did a story, for example, about the menstrual cycles that we're discussing.

A lot of people push back and say, these are serious sports people. Stop like gossiping about their lives.

That's such an interesting tension because we're fascinated about them and we want to know.

Just like we do with anyone on a TV show, we're watching or a movie star or whatever.

The menstrual cycle, to me, is really interesting. As you were saying, Holly, you watched the documentary and Camp has got all the children and the kids and the families.

And to me, once you let women into the workplace, any workplace and sport is a workplace, there are a whole lot of new issues to grapple with.

And I think that's really interesting. I don't think that that is trivial. I don't think that children and menstrual cycles are trivial.

We're not talking about their hairstyles. We're talking about things that potentially impact their performance or impact their ability to do their jobs.

And I find all that conversation, for me, that's my entry point into it.

I think the next frontier is going to be exactly this. How do we respectfully talk about it? How do we not objectify?

I was messaging you guys last night saying, oh my God, number 11 is so hot.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

We were having some objectifying conversations in my household also.
I do the same thing when I watch tennis. Of course, there are going to be hot players that it's urgent. We need to talk about it.
I know, but I think it's tricky because I agree and so do I.
And one of the things I loved about watching the Matilda's documentary is obviously getting a window into their lives.
I saw all these young women they're playing in France and America and their partners are very often other players who they will be playing against in the World Cup because they're also at a national level.
And it's fascinating, but I wonder if the reason why people get a bit rankly about it is because they're like, these women have had to fight so hard to be taken seriously.
It feels different than, say, Ronaldo, who we're like, who's Ronaldo shagging these days? Do you know what I mean?
And last night, there was kind of one little moment that, you know, it was so celebratory and everybody was so excited, but there's one bit of commentary that's getting spoken about today. And it was when one of the commentators said about one of the amazing players, motherhood hasn't kind of stymied her competitive edge.
And a lot of people listening were like, why would it?
We would never say fatherhood. You would never watch.
Well, but that's different.
Oh, I didn't like it. I thought, I thought, fuck off.
That's so interesting because I saw that.
I saw the story about Katrina Gorry. They call her Minnie and she has come back after having a baby.
And that's an amazing physical recovery to play at that level, just as it is for tennis players.
I don't think it's patronizing to say, wow, that's amazing because they're dealing with something that men do not have to deal with.
It's different.
I like calling it out. I like surfacing that stuff because whether people say it out loud or not, that's a stereotype.
The idea that having a baby makes you just this warm, cosy.
I just want to knit booties and for some women it does, but for other women it doesn't.
And I don't mind that that's called out.
You know, I think it's a false attempt at equality by negating all the additional aspects of being a female professional athlete.
It was more that it wasn't about her fitness or her physicality or anything like that.
It was about competitiveness and I thought that was a bizarre comment.
I thought that was bizarre.
Let's give our commentators just a little bit of, you know, scope.
I think one of the reasons why everyone's filled with joy about the Matilda's and about the high profile of this game is because we all know the thing about you can't be what you can't see.
And I am not sporty. Personally, I'm not sporty. I hated sport at school.
I was always standing at the back trying not to get picked.
That was very much my vibe.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

But my daughter is massively sporty, which just is yet another example of the ways in which your children aren't you, even though you think they are.

And so she watched those women run out last night next to me. She loves AFL. She's like, I would love to be a professional athlete.

Like it is just immediately true about that you can't be what you can't see stuff.

I have to say watching it last night, all I want to do is go and kick a ball.

And that's got to be positive.

There's a new filter on TikTok and I hate it.

And I hate myself for hating it because that's ageist of me. Let me explain.

There's a filter called Aged that's been created with all the recent developments in AI that essentially makes you look like an older version of yourself.

Filters like this have existed before. There was one on Snapchat a little while ago, but this is by far the most realistic one we've seen.

I have a question. Does it increase everybody by the same age?

So does it add like 30 years on to everybody or does it just make everybody 70?

Anecdotally, I feel like it makes everybody 70.

No, I think it does. And I think it adds on to your age because we have all done it.

I'm going to do it live on air.

I look 80, which is fine. That my 20 something friends at work look 50.

Yes, it doesn't make everyone look the same age. I'll take a picture.

Mine looks pretty bloody old, but it doesn't actually say like sometimes the filter will say specifically, but it doesn't actually say.

But plastic surgeons and dermatologists have weighed in and said how accurate this is.

So what you just saw, Mayor, the dermatologists say it's real.

People have even applied it to celebrities in old movies or TV shows and you can see how well it predicts what a person will look like as they age.

Everyone is posting photos of their aged photos on TikTok.

So if you need to know how to do it, if you're a boomer or a Gen X listening to this or even an elder millennial,

what you do is you go into TikTok, you download that app, then you search for the word age and it will straight away come up.

It's the top one with age filter, whatever you click on that.

And then you can either upload a photo that you've already taken or it can just show you in real time what you look like.

You can do a video.

So you actually see kind of the way your face looks as you move.

People like Kylie Jenner and Hayley Bieber are pointing out the new lines and skin discolouration and grey hair and mostly the reaction is shock or laughter.

There's also a more positive side to it, which is people putting emotional music behind it and saying, I hope I make it long enough to look like this.

Then last night I tried it.

It was entertaining on everyone else.

But just as Erin Docherty wrote in her piece for Mum Mia, which we will link in the show notes, once it was me, something happened.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

And it was like all my insecurities about my face were exaggerated.
Anything I have ever been conscious of like hollow under eyes or thin eyebrows or lines on my face.
All the features I don't like were more pronounced and my visceral reaction was sadness and anxiety.
Oh, sweetie.
Holly, can you yell at me for being a just please?
Yes, I can.
Because this filter this week made me puffer fish in quite an alarming way.
I don't get particularly angsty about things like this social media trend or whatever.
But I was sitting in a meeting with a group of 30 something colleagues talking about this.
We were looking at Kylie Jenner's one.
I don't like it.
I don't like it at all.
No.
And everybody's like, ooh, and just the overwhelming ooh.
And the main reason I felt that way is because generally my face does look like an after of a 20 something.
It does look like an after like it's true.
You know, obviously the lines in my cheeks have deepened all those things.
And everybody going, ooh, about the idea of aging is very confronting when you are aging.
And there's so many easy cliches I could say here.
Like, I hope I get to meet that person.
You said that's one of the things, you know, I hope that one day I get to be that person and that I'm still in my children's lives.
I hope I get to meet her.
But that's not what this is about.
What everybody's using it for is to go, aren't old faces ugly?
Old is only ugly because we've been taught that it's sad to be old.
And that is really upsetting.
Somebody needs to tell me how to put a phone down.
I'm in the app and I'm taking different photos because there are a couple of different ones.
So on one of them, it made me look about 80.
And then on another one, it made me look about 65.
Yeah, it's a weird situation to be in when everybody's horrified that they look like you.
Yes.
Because all the young people at the mum mirror office who are in their 20s and some just 30 are like, oh, my God, look at me.
And they're showing their, oh, my God, horror photos as being how Holly and I look now.
But don't you think if you were 25 and you would got an image of yourself?
Like, I reckon if I was 15 and had seen an image of myself now, I would have got.
No, no, of course.
I'm not judging any of you for it.
But when you're the, it's sort of like the after that no one wants to be.
Like, what does that say about us?

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

See, I have a theory.

It took me a while to get there.

But I don't actually blame people for finding it shocking or confronting.

Because while the aesthetic side of aging can be dismissed as superficial,

what aging is actually doing is reminding us of our own mortality and the fact we have very little time on Earth.

And holy shit, we just wasted some of it using a silly filter on TikTok.

But it's not just that.

No, it's also that we know that no one values that in society, particularly women.

Like no one values, oh, that will be when I am invisible, when I am a Karen, when I am dismissed, when I am condescended to,

like all of the things that Holly and I have started to experience in our lives.

That's what you're scared of and for good reason.

I think it's a more visceral existential crisis.

I genuinely think it is.

When I see it, I'm scared to age because it means I have less of my life left.

And that brings up questions about how I've spent it.

Am I wasting it?

I'm going to die.

What a horrible, horrible thought.

I feel like this filter is less about wrinkles and more about being confronted with the fact that we are inevitably going to get old and there is nothing we can do about it.

That's a very wise view.

And that's what I often say about aging.

The only thing that makes me really sad about it is literally that.

How many summers have I got left?

All that kind of stuff, right?

But I think that really Kylie Jenner is just like going, ooh, like I genuinely do.

Because all the comments were, well, you're not going to have to look like that anyway because you'll be able to get this done and that done and blah, blah, blah.

So don't worry about it, doll.

That's got nothing to do with how many years she's got on the clock and everything to do with your face changing.

And the thing is, in some ways, the older you get, the more you realize that your face changing is the least of your worries, you know, right?

And you're beginning to get there, Claire.

That's why you're going, oh, it's about mortality and blah.

It is the least of your worries.

It is a cliché, but it's true that aging is a privilege.

But it is still considered ugly in our culture.

It's still considered ugly.

Yeah, I don't know what we do about that.

Like looking at it, it really did emphasize the things I really notice about myself.

And it made me realize I'm all proud about how, you know, I haven't done anything to my face.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

And I'm like, I don't want to do anything to my face.

And I look at that and I'm like, oh, am I going to make it to that age and still be a staunchly feminist about that stuff as I think?

I'd say no.

I didn't.

I'd say no too.

If you want to see what the three of us look like in our after photos when we are much older, we are going to include those in this week's Out Loud as Newsletter.

If you want to subscribe to that, we send you once a week lots of things like stories about the topics we've talked about on the show,

that we've written during the week.

And this week, it will be us as old ladies.

There's a link in the show notes.

Sign up to the Out Loud as Newsletter.

If you want to make Mum Mia Out Loud part of your routine five days a week, we release segments on Tuesdays and Thursdays just for Mum Mia subscribers.

To get full access, follow the link in the show notes.

And a big thank you to all our current subscribers.

Time for best and worst of the week.

Claire, why don't you go first?

My worst is that for the last few months, my partner and I have been looking to move out of our current tiny apartment to another tiny apartment, mostly because our rent got increased.

And I don't know if anyone knows this, but we're actually in the midst of a rental crisis.

I've heard.

I know it depends on where you live and whether it's the city or it's regional, but for a lot of Australians, no matter where you are, it's a shock how much rental prices have gone up in the past like three to five years.

It's almost impossible to get your head around it because you're paying more for the exact same thing with the same amount of money.

Like three to five years isn't enough to have had the scope for pay increases that make enough of a difference to justify this.

So going to inspections has been really eye-opening and often is.

But now with AI, they really can make apartments look beautifully light filled, far more modern, fully furnished when in reality you turn up and it is not at all like the photos.

It smells funky. They're damp and dark.

And the current tenants are clearly like, I don't give a crap.

This whole system is broken.

So they've just left their stuff everywhere, which respect. I don't blame them.

But we've gone to inspections for places we cannot afford.

You know how you do that?

You weirdly, you're like, we'll just have a look and you go and look at it and you're like, I can't afford this and I couldn't live here.

That's how bad it is.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

I've never understood the psychology of those really.

Deceptive real estate pictures because I get it gets more people in the door, but then it just makes them really pissed off when they get in the door.

Yeah, the amount of inspections Rory and I have turned up to and you're walking in and as you're walking in, people are walking out and being like, that was disgusting.

Do I even bother walking in?

What are some of the things you've seen?

Oh, okay. So something that's really fun is when you're scrolling through and you're like, nice, nice, nice bathroom in the bedroom, no walls.

So just a toilet.

That is a strange design floor.

There would just be some weird something falling apart, hole in the wall, paints bad.

We went and saw a place that was great, but like paint flaking, cupboards broken, all of that stuff.

And clearly the stuffed thing is that the landlords are like, we know we can rent it out no matter what the condition is.

We're not going to fix it for you.

It's a landlord's market, not a renters market.

Exactly. So my best is, thankfully, we did find a place.

It was not me. I was too dejected and depressed.

So I wasn't in the right mind frame, but my partner went and had a look at places and he was like, I think this is it.

We did have to offer more than it was advertised for, which don't even get me started on that whole industry and how I can't read anything.

And it's just based on making weird assumptions.

They can't tell you what other people have offered.

Here's a thing that I think should be a law.

I didn't know rent was like an auction now.

Well, it is.

It is.

And here's a law you shouldn't be able to offer more than it's advertised for, but you can and people do.

So when you really want a place, you know, you're going to have to do like 10 or 15 or \$20 more just to even be in the running for it.

So is it like a bidding war?

Yeah.

Wow.

And they can't tell you.

So it's like, well, are we just paying \$20 more a week for no reason?

Oh, so you could be bidding against no one.

Do you have to like go, here's my cash.

Here's my, you know.

Like we're ready.

Here's everything.

Here's our deposit.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

It's just sad.

My best is we found this place.

It has a bath.

Yeah.

And I have not had a bath in any place I've lived in for so, so, so long.

Bath privilege.

And I'm going to read so hard in that bath, you guys.

I'm not going to get out of it.

I'm very excited.

And you know, when you're looking to move into a new place and you just imagine your new future and how you become an interior designer.

And I'll suddenly have taste.

And I'll have this beautiful home.

It won't.

It'll be a mess within like a week, but it's a fresh start and that's good.

Yay.

Congratulations.

So my worst this week is billionaires who want to measure their penises.

Oh my gosh.

Yes.

We've spoken on the show about Elon Musk and Mark Zuckerberg, two of the most rich and powerful men in the world having a cage fight, which we all thought was a joke, but is actually apparently real.

No.

Mark Zuckerberg's been training with MMA fighters and learning jiu-jitsu and doing all of this stuff. And posting like he posted a shirtless selfie a couple of weeks ago that the internet sort of lost it for showing that he's in very good shape.

Anyway, there's all of this.

Not that there's anything wrong with MMA or jiu-jitsu or any of those things because that's all about discipline.

And Elon Musk, however, is just a massive troll.

He's a 53 year old man.

And this week he tweeted because he's got his back up about threads.

Mark Zuckerberg meta have launched a competitor to Twitter called Threads.

Threads got 100 million users in, I think, less than five days.

So Elon Musk tweets, Zuck is a cuck.

Oh, wow.

That cuck is short for cuckold, which is a Shakespearean word, which basically means a man whose wife cheats on him.

And it's a term that's now used as a slur between men to suggest emasculation.

It's basically saying you're a pussy.

So he said, Zuck is a cuck.

And then he followed up with, I propose a literal dick measuring contest with an emoji of a ruler.

Less tweeting, more fixing the platform you bought.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

This is just such a clear illustration of what we were trying to talk about on Monday when we were talking about masculinity, femininity, right?

These are two of the most powerful role models held up as successful role models to generations of young people.

And yet particularly one of them behaves like the asshole bully at school.

I just find that so depressing.

So depressing.

My best this week, though, is family dinners.

So you know how the other week we talked about picky bits and girl dinners?

And I confessed much to the horror of many that I don't really have family dinners and I don't really provide meals for my family.

I have food in the fridge.

I love this conversation.

I went into a decline about that and started to think about what Holly was saying about, you know, family dinners.

And it's true.

And I think that when you've got teenagers, the path of least resistance can just be, I won't force it because it's like someone gets home late.

Someone's had afternoon tea.

Someone doesn't want to sit down.

Someone just wants to be in their room, whatever.

And then I realized, no, my daughter's doing her HSC this year.

I've got to provide meals.

I think we need to sit down.

And so I called a family crisis meeting in which I cried because I felt so ashamed.

My husband did not cry, let for a good show and did not feel ashamed.

He's just like, this is just the way it is.

We're running a business.

We're changing.

Anyway, I'm crying like I'm a failure.

I'm terrible.

But anyway, so we went and found a whole lot of recipes that we like and we decided how we were going to do it through the week.

And Monday, Tuesday, Wednesday of this week, last night I was at work, but Monday, Tuesday, Wednesday, we sat down, we did family dinner and it was so nice.

Did you cook?

Half cook, half assemble.

I want to just correct the record on one thing there because I've been meaning to say this to you actually ever since we had that conversation.

When we were talking about it, I was saying how I never used to do family dinner and then I kind of got brow beaten into it.

And so we do it a few times a week and it's generally good.

When you were saying that you never do and people are kind of like, what I wanted to say is you never do.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

And yet you have really good relationships with your children and your children are nice people. So clearly there are other models of success.

You hang out and talk to your kids quite a lot just not over meals.

I don't think it's like if you don't do family dinner, you're doomed.

I think it's just, you know, my kids have scurvy, but we've got a great relationship.

What's your worst investment?

Okay, I feel like I banged on about aging a bit this week.

So next week we'll change the tune, but there's one more thing I have to say, which is that I was in Sydney quite a bit this week.

And on Saturday I was going for a walk somewhere.

I was going somewhere and I wanted to listen to a podcast.

And so I opened the case to my headphones, you know, the little case to your portable headphones and it was empty.

And I was like, okay, that's like the third time that's happened this year.

I got AirPods for Christmas that I'd really wanted and I lost them and they're expensive, right?

And then I replaced them with a cheaper model of portable earphones and I immediately lost them.

And then I've just had another pair cheaper than AirPods, but still pair and I've lost them.

And I've realized that I have reached an age or a stage where I cannot be trusted to keep track of shit.

My friend was saying to me the other day that she worries that Perry's made her so vague that she's always sort of nervous when she opens the fridge because she's going to find random stuff in there like her keys or her phone.

I'm going to defend you. This is not about your age.

This is about the best business model of all time, which is you're not the Lone Ranger losing your AirPods.

They're tiny little things and it's a very, very clever business model to make something that everybody loses.

I'd like to also propose an alternative theory. Maybe it's age. Maybe you're just an idiot.

Like it could also be that.

It's true.

I'm an idiot. I lose things and I go through phases because I'll be like, I am not the kind of person who loses things.

You know, my thing, my AirPods have never been charged.

When does one charge them?

They're not for everybody. Some people are better with corded.

I have reverted to cords. So this week I just went and bought a cheap pair of corded headphones and I'm like, just stay in your lane, Wayne Wright, stay in your lane.

My best this week is clothes, right?

Talking of bullshit social media things as we just were with aging filter.

This last couple of weeks I've been posting a fit check because if I'm 25, so like a fit check is a picture you take of yourself where you're like, this is what I'm wearing today.

And because I've been going to the office a bit and I like to make an effort when I go to the office, I've been taking a picture and I asked the young people how to do it.

Apparently you've got to hold your phone in front of your face.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

You can't be smiling. You can't look too eager or desperate.
Anyway, I have found joy in clothes these last few years in a way that I didn't for years.
And Mia has encouraged me in this in that I'm taking risks.
I wear colors that I wouldn't normally wear.
Was wearing these pink pants this week and I was like, I don't wear pink.
I can't wear pink and Mia's like, yes, she can. Who says she can't?
And then I'm like, oh, you're right.
And I need to remind myself we all need to remind ourselves of this.
There's always a joy in changing things. You know what I mean?
And sometimes you feel like you can't and whatever it is, it's overwhelming.
I'm in a style rut or this is what I eat every day or I've got this bad habit.
I actually get a lot more pleasure now out of being like, I can do this.
I can have fun with this. Nobody says I have to be boring just because I'm middle aged.
So clothes are my best, Mia free.
You're very, you're very good at winter dressing.
I give up in winter. So I'm inactive.
I'm going the opposite of you. I've gone, you know what's fun?
Not thinking about what we wear ever.
Before we go, I have a recommendation, but it's a rude one.
So if you've got little kids around or if you are in a public place
and you're listening to this podcast.
What are you doing, Holly Wayne, right?
You know, you might want to press pause now that we're alone.
I want to recommend the best song I think I've ever heard.
Now it's like backstory on this.
There's a preacher who's a little bit extreme.
She's called Sister Cindy and she goes to college campuses and she preaches, right?
She does these very theatrical sermons.
So she's always surrounded by crowds who like cheer her on.
She preaches about abstinence and about basically how young women are sluts.
Here's a video that went viral of a sermon that she was doing on Louisiana State University campus.
If you buy her one margarita, she will spread her legs.
If you buy her two margaritas, she will bounce right on your penis.
In this sermon, she was talking about the dangers of taking a date, a woman, to a Mexican
restaurant,
which brings us to the song.
There is a podcaster called Angel Lakita Moore and she heard the song and spoke about it on her
podcast
and just improvised a little song based on this, like a little rap.
It's now been released as the margarita song by that chick Angel.
It's got more than 13 million views across TikTok.
It's incredibly catchy.
It's very rude, just as rude as a sermon really.
Liz, I called it the song of the summer and even though it's winter here, I have to agree.

[Transcript] Mamamia Out Loud / When Your Face Is Everyone's Worst Nightmare

Here it is.

Dare you not to have that in your head for the rest of the week.

I didn't know any of the background and all I've got is young women dancing to that song.

Women in Europe, just in their bikinis, just with margaritas dancing to it.

And I'm like, I love women and how we just go, you know what?

Maybe I will open my legs after one margarita.

Sounds like a good time.

So true.

If you're looking for something else to listen to, along with this episode,

we also dropped today our recap of the latest episode of And Just Like That.

We talk about Charlotte tackling a snowstorm to buy condoms.

How'd you like?

Very mere behavior.

To Miranda getting dumped twice in one day.

It's a cracker conversation and a link to that episode will be in the show notes.

Thank you for listening to Australia's number one news and pop culture show.

This episode was produced by Emmeline Gazillas and Susanna Makin

with audio production from Leah Porges and we'll see you next week.

Bye.

Shout out to any Mamma Mia subscribers listening.

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There is a link in the episode description.