

it's easy to get lost in the latest true crime podcast or your favorite binge worthy show but what about your own story that's the most important story of all and therapy helps you write it better help therapy is 100% online and designed to be convenient and flexible enough to squeeze in between the next episode on your list get started today at betterHELP.com slash cause for 10% off your first month did you know that personal information like addresses and phone numbers is collected and sold by data brokers across the internet fortunately Aura steps in scanning the web sending you alerts and requesting the removal of your info when found get a 14-day free trial of Aura's full toolkit including ID theft protection parental controls and more at aura.com slash safety that's a u r a dot com slash safety

UKAS announcers are swan brands, can they be announcers? Yes they can, I actually thought about it, you heard right because they are small green and white swan icons that are found on products that are more environmentally friendly and environmentally friendly than other products and that's something that everyone gets, this is quite difficult, a demanding process for a product to be noticed with swan brands, they should actually do a lot more right, because it can be difficult for you as a consumer to take good choice in a travel world, how can you know what is most environmentally friendly or what is most important to focus on, is it to focus on climate gas release without production and so on, should you think about the loss of plant and animals and nature and so on, or should you think about environment and so on, people who work with this, swan brands people, they don't expect you to be able to survive because it's impossible, that's why they win, it's super complicated, so they do the job for you, they know a lot about how production and use both health and environment and they make environment demands that just let them completely set the best products to be cut through and they also draw on control visit to the factory regardless of where they are in the world to check that everything is as it should be, so you don't have to think about it all you have to do is see a swan brand, because if it is planted on the product, then you know that you make a good choice, swan brands have seen in the environment that the whole life cycle to the product and completely what happens to the product when you are done with it, so then you can be sure that the product is actually a good environment choice if you see this brand, swan brands are officially the best environment brand in the whole north and it makes it easier to find a good environment choice for the 27 million of us who live in the north and more information about environmental and agricultural products, you will find at swanbrand.no

Hi, Sand! Before we start, I just want to suggest that it is possible for you now to take part in a quiz where you can win, play, turnquists quiz race that will start in the 198 countries app and you will have to enter the quiz code U1 this is the first episode of Ukraina, so it is U1 for Ukraina 1 and then it is just a quiz, it is based on the episodes you will hear now so hear it again about the episodes first, at least two or three times if you are

completely sure and then answer 10 questions there and the one who does the best will get a game in the post

remember to go out, 198 countries app, U1, enter the quiz code, turnquists

then it was time for Ukraina people, so I know that many of you

wanted me to take part last year, but then it became Russia or Russia with

Attegrön and I thought it would be a lot to go straight to Ukraina

and it was good to get a little air in between so I could see what happened

in the conflict, there is a little more overview right after

and that is why I am waiting for now to write a guest

and when it was first to write a guest to Ukraina, I thought it would be fun to get

for example, doctor of science and research and Ukraina expert Jørn Holm Hansen

welcome

thank you

people are not sure that they know you from before

what are you dreaming of today?

I am a state secretary, I work in the city and region research institute Niber

where we have a department for international studies and migration

there we work a lot with Ukraines and migration

that is true

then it is a little bit like that?

yes it is a little bit like that, I am not involved in that

I work with other things with Ukraina and that part of the world

also around the country I work a lot with

Russia, Poland and so on

but a few years ago we finished a pretty big project

about Ukraina, about regional differences

and regional, national cooperation power

and then how do you get this country to hang together

when there are so many major regional differences

when there is language and understanding of Ukraina's history and so on

and we thought that the differences are not as big as they are often imagined

and people were interested to be together in this state

even though it was a little different, not a little different language at home

it is like that, in a way, under pressure you get together

while in a way you have a little freedom, it makes and shows a lot of people

yes, but it has actually been like that all the time

and Ukraina has not been under the same pressure as they are now

or came under in 2014 when the Crimea was annexed

and in the summer the Donbass was dissolved by separatists

with support from Russia

but it has been like that all the time

and you want to be together

even then you talk about being pro-Russian forces in Ukraine

and you talk about the military point in the oligarchs

and the population in the east and south of Ukraine
and you talk about Russian at home
and it is kind of like that, it is oriented towards Russia
but I think it is a little exaggerated
that I was pro-Russian
because they understand that I want to be a part of Russia
but I want to have a relaxed relationship with Russia
continue to read Russian books
Russian popular music, Russian TV shows
travel and trade
and seek jobs, work migration
Russia is perhaps the largest country in Europe
when it deals with work migrants
and not out of Russia's neighboring countries
and between 2-3 million people have traveled there
for work migrants since 1991
I want to talk about the other Ukrainians
who live in Russia
who followed what they were
a part of the United States
and it was work places and so on
around Ukraine and Russia
for example in North Russia
there have been many Murmansk-English
there are a lot of people
from North Russia and Ukraine
it is a little exaggerated
because I thought that
I do not know this situation well
but I thought that
the eastern areas had a long-term connection
to the fact that many people wanted to be a part of Russia
but it is more like a landmark
that they love their neighbors
yes, and they know more about Russia
than the people in Denmark
these people in eastern Ukraine
they know Russia
and Russia has not always been as poor
as it has been since 2012
it has been a relatively civilized country
from the year 2000
and the standard of living there
has been higher than in Ukraine

and it is a country
it is strange that it can be heard now
a country where many people have seen
a little more often
and at least seen
with the relaxed eyes
if you look at the metaphor
there are so many Russians
who are trying to have a lot of business
with Russia
there are not many who talk about it
because I have been called up all the time
so he wants to talk about Russian schoolgirls
every time a country wants to be taken
but they never play with Ukrainian schoolgirls
they have had influence
the Russian schoolgirls
have been under administration
since the year 2000
but the Russian schoolgirls
are rich
because they take
the big businesses
such as the Soviet Union
and the metallurgy
the work of metallurgies
they have not been interested
to become underage in Russia
because they want
to take the things
as they say
where they have influence
and control
but they want to take
an open front in Russia
because of their approach
to Russia
and to buy
their products
I get the impression
that the Ukrainian schoolgirls
have come to power
in the same way as the Russian
the Soviet Union has collapsed

this hyper-commercialization
where they would share
the same thing
but different differences
technically
but it was the same thing
where
at that time
around 1990
the neoliberalism was piqued
everyone believed
in the thesis
that was developed
and many in the world
in Russia
they had no such
insight into how things worked
in a capitalist country
they had learned that it was wrong
and they had a schematic
Marxist thing
and they had a completely different thing
and what they did
was
backroom talks
some kind of
business
some kind of
business
a bit of vodka
a bit of salt and cucumber
and with ministry
you could get
high demand for production
and then you could get
high demand for production
and then suddenly
capitalism would be
terrible, not natural
it would be a huge transition
and it is a bit different than
what they did in Poland
where it went more slowly
and where it was much better

without the
oligarchy
that you got in Russia
but
we privatize everything
we have capitalism and we have capital
but nobody
had money
to buy
anything
and it didn't have any promise
you have to take care of
the financial promise
that you have in the market
and it didn't have
the management system
that they had set and led
the big companies and had good contacts
and information
to take part
in the legal
vacuum that was
I think
we have a new record
how early we let it slide
today we have come to
ask questions about the pictures
on Twitter this summer
it was
not fair to live
at work as a colleague
it was
we drove around
we already had
new contacts
but when you say fair
it was actually very nice
we ate good
food
and drank hot oil
and it was nice
you were in Vest
and we were
in Råd and Ivano-Frankivsk

and we were in the city
but relatively at least
it was big
and big
it was one of the biggest in Hapsby-Rike
if you don't remember Hapsby-Rike
it was a pretty big country
it was
after Vienna
Bidapest, Praha and Trieste
that's what I'm saying
it was big
it was a bit from the camp
it was a bit from the camp
so it wasn't like
you felt like
you were thinking in detail
no
we had a flag
we didn't have
a single wing
but those who lived there
it was often
a wing
it was two days after I left Lviv
there was
a missile strike
where five people
hit a building
in the roof
it was
it was scary
it's pretty close to the pool
it's very close to the pool
it's close to the pool
and the areas we were in
are areas that
actually came to Ukraine in 1945
and had previously heard
that the pool was not there
but they were far
away from the worst camps
and that's what people do
to get more safe

in Norway we have a lot of
8 million people
who are travelling back and forth
so it's hard to say how many they are
but there were 8 million people
travelling out of the country
after the war started
but also 6 million people
who are internally affected
who live in other places in Ukraine
and they live in big cities
in this area
so there are some
needs
it's a drink on the trick
for children and for schools
and the community
doesn't have much money now
because the public sector
has to be responsible
so this is a little
thing
that I hope
in other countries
that will help the economy
in a 5 billion
per year
I hope that some of the
funds will help
in the community
and in the area of Ukraine
where this
big public press
is happening
for example in Bolivars
and Skihöje
Have you been to Ukraine many times?
Yes, I have been
to many places
in Ukraine
Have you been to Donbass?
No, I haven't been to Donbass
and it's a big concern
because I plan to

actually
with a bit of an original
holiday
But it's
it was
interesting
to talk about heavy cities
strong economy
and understand
the situation
in a way
it's fun to talk
with people
and now
it's not
possible to talk about it
but it's
very fast
to be misused
that
you support
separatism
What is the name of Donbass?
Is it Donetsk Basin?
Yes, Donetsk Basin
It uses
areas with
a lot of
a lot of
minerals and stuff
I don't know
about the old harbour
or the old sea
that's probably enough
I don't know
but at least
there are a lot of cool springs
that they found in the 17th century
That's right
and started to be used
by the Russians
at the time
they would try to modernize
for example

by building a railway
to the Murmansk
1912 and Transibirsk
and so on
They needed fun
to drive the locomotive
they needed
to stand
there was a violent boom
in 17th century
there was a valiser
John Hughes
who had the experience
from Gulldrift
and who led the work
He was the one
who introduced football
to this area
Donetsk
or Sjaktjorda Njesk
who died before
and has roots
in the working culture
around the Sjaktjorda Njesk
who took the initiative
to build this area
and it was
an industrial heart
in the Sarusland
and the Soviet Union
came from the entire
Sar-Imperia
and the entire Soviet Union
a kind of
mixed population
and that's where
it's fun
and then there is the landscape
where the Ukrainian language
and the Russian language
and so on
Is it Russian or Ukrainian?
It's Russian and Ukrainian
Is there anyone who speaks Polish?

No, that's not it
It's not
I notice
that I have written a lot of people
who never come over
because it's very easy to talk
I think we should go now
into the fact of boxing
and then we'll take the history
and try to take a chronological
and we'll start with
the fact of boxing
The main thing
of boxing
is the basic
things
and
the main thing
is the basic
things
of boxing
and so on
in fact of boxing
I'm wondering
what the basic things are
And that's the main thing we started with. And it's called, of course, Kyiv.
Yes, because it's not Kyiv.
No, it's called in Russian, but it has been written in Ukraine for a long time that the official name is
Kyiv.
Yes, because what did they say? If you read Kyiv in 2010, what did they say?
They asked who you talked to. I was there for a long time, and I noticed that it was a bit different.
Yes, exactly.
It was very much Russian on the street, but it had something much better with people from the
university there.
And then they insisted on speaking Ukrainian, and then I couldn't speak Ukrainian, so they had a
talk.
Yes, because there are so many differences between the languages.
Yes, because one of them is not the mother-child language, and some of them are relative.
I understand most of the part. I understand very often what they talked about, but not exactly what
the conclusion was.
I understand that they talked about each other, but if they were against each other, I didn't always
get along.
So one from Moldova and one from Malmö that met each other?
Yes, one from Moldova and Malmö that has never heard the other dialect.

I say that they are like Norwegian and Swedish, because I have spoken Ukrainian for Slavists on the line.

Have you spoken Ukrainian for Slavists?

Yes.

That was such an excuse to talk about that, but I mean that they are like Norwegian and Swedish.

And if you have been to Berlin or Paris, or you are Norwegian and haven't been exposed to Swedish, you don't want to understand when they say Poyke and Flicka and Kawaii and with the French.

But if you are Russian and live in Ukraine and have heard it around you,

I would say that that is not a big problem.

It is a team that I would now start talking about in Norwegian.

It would have been a bit heavy, and I would have started to talk about it slowly.

But it is possible, and you can get used to it.

So it is not a very big problem to say that when you are in a community house,

and you are going to live in a search centre in the middle of the country, you have to fill a form in Ukraine.

I understand that.

Okay, but Kyiv is the capital of the city.

3 million?

3 million, yes.

And is it there now that the streets are closed with pigtro and sandbags and people are in search centers?

Or is it a bit of a common...

Since I was on a job tour in Ukraine, I have had a very busy working day, so I was not allowed to go as far into the country.

So we did not go to Kyiv.

But I have talked to the people who have been there, and they tell me that we are sitting at a courthouse restaurant in Zola,

and why are the people so mild, and the police are still sitting there.

I have also heard that these police officers, or when you get a call from the phone, they also say that you do not have to get injured.

You actually have to do that.

Yes, I have talked to the people who were there, and the police officers are going to the hospital, and they also tell me that they do not want to get up when it comes to the night, so I just go to bed.

So people are a bit...

Maybe a bit too little, I think.

Yes, quite a lot.

So you get a hit, and then we run away.

Yes, and it is not so good for those who are sent out to the hospital and say that this is completely safe here.

No, they have to be in front of you.

And I think that if we had come to the same situation in Oslo, or in another Norwegian city...

The first time you do that?

I think we would have been more scared, so we would have run away from the cellar,

and the police would have done that.

Okay, so Kyve, what can you say about the city,
how does it differ from other cities in Europe, such as in Fredstead?

What kind of destination is this?

It is a pretty compact center in Norway.

It is a compact center, and if you like city environments and pulsating cities,
with a lot of fine old architecture and flat churches,
you will like Kyve.

I think it is a very nice city.

Some people say that everything is too big and stuff,
but the question is if you like it, and it is very equipped.

It is a bit...

It is bright, isn't it?

It is bright.

I think the world's deepest metro station is the nearest deepest metro station.

Yes, Arsenalka.

Yes, I think it is in the second place after Pyongyang.

It is also easy to forget in Pyongyang.

They have, of course, the deepest one.

People have not been to Pyongyang.

Yes, I have been to both stations.

Yes, but Kyve does not continue if I have to...

You have a lot of freedom when you have to move around.

There is not so much that fits you in Kyve as in Pyongyang.

It is not.

You have been there, too.

Yes.

Of course you have.

Are there other villages you would like to push forward
as such interesting destinations in Kyve?

Yes, because I have thought that Ukraine is supported by
incredibly many fine villages.

Yes.

I have worked at the Biforsk Institute.

Paturinansbida.

Well, no, I like villages.

Yes, Arsenalka.

If it is fun perhaps to be there.

Yes, the building is a bit like that.

There are surprising things all the time.

They have very many fine villages.

I have not been to one Ukrainian village
where I have liked very much.

Do you think so?

Harkiv in the east.

Yes, it is the biggest village.

Yes, and it was the capital in the first period of the Ukrainian Soviet Republic in 1934.

It has a very good atmosphere and very fine architecture.

There is opera, which is a concrete class, which I think is very nice, but I think it is art.

It is brutalistic.

Yes, brutalistic.

Yes.

And then there is something called Dersprom, which was the capital for the planned economy bureaucracy in the Soviet Republic of Ukraine.

It was the capital that was built constructively.

And it worked.

It could not be more Soviet.

It was like Stalin hated it.

He did it.

He wanted to build it.

He was very conservative.

He liked architecture, opera, things with more crime.

It should be that a person should feel a little in front of the big high culture with Thorna and Spir and then become an architect.

Is it bad for the band to have an architecture director that you get Stalin on the team here?

Yes, they should think about it.

Yes, they should think about who it is.

They will not have a hard time at least.

So, Kharkiv is an attractive city to travel to.

Of course, not right now.

But that was one of the beginning that became hard-working at the beginning of the war.

Yes, it became hard-working.

And those of us who have collaborated with you, which is a sociological institute on the other side of the building, there was the other building that was damaged under the innovation.

Is it there in such a picture that there was
just a rocket right through the whole building?
It was a different city that was a little more new.
I do not know which city it was actually.
No, there were a lot of them.
But it was very dramatic there, one moment.
People spent the night down in the metro station
and, as you can see, the participants were,
or the participants were, so to speak, taken.
We had good colleagues there.
Some of them were there, for example,
familiar with our issues.
Some of them went further into the buildings.
And one of them came to us
at the city of region research institute.
We met with the parents,
had a meeting,
stood there and fought for a place,
arrived at a train where we were told
that it was going west.
We drove through the night, through Ukraine.
It was a huge, good train system.
We talked about it, perhaps.
I did not go to the city visit.
We had two of the most active passengers there.
Yes, but one of them came there,
sat there and filled the train.
At night, you had to turn on the lights.
Everything was like that.
You had to be able to ram them,
and the train was redirected all the time.
And then you had a lot of trains,
so they could operate.
A few months later,
I spoke to a Norwegian,
and he is now a full-fledged,
one of the most active researchers
at the institute,
with a lot of projects,
and lectures, interviews,
and so on, in Norwegian.
So you have...
A city.
Yes.

Odessa.

Odessa, I want to name it.

It has been in the long run for some years.

Do you have it?

The southern city?

Yes, the southern city.

There is even a black-haired artist.

Yes, it is a black-haired artist.

It has a beach promenade,
with beach beaches.

There is an old staircase,
an iconic staircase,
which is built up...

On Temkin Stairs?

Yes.

It was established,
at the end of the 17th century,
when Katerina Store was Kaiserinna.

Kaiserinna in Russia.

And the ugly Turks,
or the Osmanians,
out,

that is to say,
the Crimea-Canada,
which lies under the Ottoman Empire.

And it is established in this city.

Yes.

So it is like St. Petersburg, number two.

Yes.

It is a big one.

It is established in the world,
in Europe,
and it is established in...

Odessa,
which is established in Europe,
with a lot of French and Italian architects
who came in.

And this is much more...

Petersburg is a bit more...

strict and cold,
in the cold,
also in the climate.

Yes, of course.

Yes.

So it is like Odessa,
much more...
lively architecture,
and the climate makes it very lively.
And there have been
a lot of different folk dances
that have been performed,
a lot of dances.
And people from all over Europe,
because Katerina Store
took these premises,
or under the Russian Empire,
was to invite people
who could
accommodate the people.
And then there were Russians,
and what became later Ukrainians,
which then became called ruteners.
Yes, ruteners,
because there is a word that comes in when you read the stories.
What is ruteners?
It is the eastern Slavic
and orthodox
folk dances
that were first performed
under the Great Patriarch
with Lithuania,
and then it was
smelted with pollen,
and then under the pollen.
So it is still
the 13th detail.
And then they were called ruteners
and called themselves
for themselves,
and later they got
a 17th detail,
a movement that was not
as much as the Ukrainians
on the other side of the border,
namely in the Russian Empire,
that they should
get together,
and then they started to call themselves

Ukrainians.

In any case,
this is a milder
system,
Moldovians,
Bulgarians,
Greeks,
Serbians,
Germans,
and so on.

Do you think this system is good food?

Yes.

Because you have also written
311 articles
and one of them was
the Austrian kitchen.

What do you think?

Yes, I have the answer
because it is a very important
Russian kitchen.

It is a big Russian kitchen.

And it is also an authority.

Mine, I think, is that it is
a spirit called mayonnaise.

It goes in there.

Yes.

It is...

What kind of power is that?

All of these three things
are for themselves
in moderate quantities,
but it is more than that.

Yes, it is.

We use
red vegetables,
a lot of pork meat.

It is difficult to say that it is
completely separate,
Ukrainian kitchen.

Because here it is
sliding and sliding.

I have written the article about
borscht.

Yes, that is the soup.

Yes.

Which is to be made so thin
that when you put the sliver
in the pot,
the sliver should stand.
You should get it in the soup.

Yes.

It should be so thin that
you do not get it in the soup.

Yes.

But it has it in the pool.
And it has it in Russia,
and it has it in Lithuania.

Alfa.

But then I got
such a reader's
introduction to the article
that I have to stress
much earlier
that this is a Ukrainian soup.

Yes, that is true.

And the other countries
I have mentioned
have to get another one.

So this is a kind of
politicized soup?

Yes, a politicized soup
that is always in Ukraine.

But they are proud
of this soup.

The Ukrainian version
is very good.

Yes.

But what they are very
popular is
the one called Salo.

Yes, Salo.

And it is great
from the beginning
in Sweden.

Yes.

It is great.

It is just great.

Isn't it?

Yes, it is just great
under the sun.
Yes, exactly.
So it is just great.
It is great.
So the one that is
really under the sun
on Riba?
Yes.
Well, not at all.
Is it on the back?
Yes.
Yes.
But the clothes
do not go away.
They sell it,
eat it,
in thin sheets
with salt and pepper
and other things.
And the leader
of the Vaska
or Horylka
that is more like
a spirit.
It is the best
Austrian food
in the nation.
Yes.
But it is
followed by
many Ukrainians
and also
no Ukrainians
it is very healthy.
There is a lot of
breastfeeding and such.
These
baboli
or baboški
are the best mothers.
The best mothers
always want
to put

something on there
so that you
do not get sick.
So that
you become a
strong man.
Yes, exactly.
I eat a lot
of fresh food.
You eat a lot of fresh food.
Do you combine
some vegetables
and such?
Yes.
Salt and pepper.
Yes, salt and pepper.
But
that is
absolutely the case.
Everyone who
supports you
can buy it
in shops
at least here in Oslo.
Ekomarket
for example
is specialised
in
European
Eastern European
things.
Handcraft food?
Yes, handcraft food
and
such as me
who
spends
a lot of money.
And then you can
almost ask
what kind of
things could you
put together
in Ukraine?

It was
so-called
hryvni.
Hryvni?
Yes,
hryvni.
Hryvni?
Yes.
What is
it called in
Russian?
Hryvni
Yes.
It is
like
old days.
I do not
know exactly
how old
but in
old days
it was
about
half a
pound
alone.
This
was
about
a quarter kilo.
So it was
connected to
a real value.
Yes,
it was
and then
they had
Soviet
rubles.
These
loaded
money
cells.
They

were
used
many times.
They
were
very
soft.
After 1991
they were
blown up.
Suddenly
they introduced
a
Carbovanet
which was
between
the city.
In 1996
they introduced
a
hryvni.
They
always say
H
instead of
G.
Yes,
because it is written
that H
is a
job.
They say
Hitler and
Hansen
and not
Hitler and
when they
talk about
briefing
they say
briefing.
It
becomes
a

consequent H
then
NG.
We
didn't know
that.
I just
thought it
was
such
a
foreshadowing
of
policy.
It
is
a
lot of
H.
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So if you are a woman on a book, and are a bit unsick on Osson, you are going to start, then you get 45 there, with a free end.

It is a lot of interesting stuff, that the Ukraine also introduces.

If you say that in 1991, it was about 52 million,

2022, there is a new year here, which is about 43 and a half.

How many people are there now, in September 2023, when you play this?

It is difficult to say, because there are so many who travel abroad,

and then come back, the number of people has gone back quickly, since 1991.

It has been like this, there have been some people counting since 2001.

No.

But this year I have not been able to answer that.

There have been such attempts, people counting, in 2019, for example, before the innovation, and then it was down to 41 or 43, and then again we helped mobile phones.

They were down to 37 million, so it is a transition country.

Yes, 36 and a half is the lowest number I have found.

Now everything is a bit base here, but it is enough in that area,

if you move from here to the airport that has registered you abroad.

Exactly, they lost 12% of the population when Russia occupied Crimea,

and the so-called People's Republic in the East,

Luhansk and Luhansk.

And then there are 8 million people who have traveled abroad, as you can see now.

So it is down to 20 numbers in a country, and it is a halving of,

perhaps a halving of what it was in 1991.

And it is almost dramatic for a country.

So this country where people have been quite instilled in,

or there are many who have thought about traveling,

or at least take a job that works as a migrant in other countries,

and a lot of people have traveled to Russia,

and after 2017 that the EU has approved,

or the same work has been approved as a requirement for the Ukrainians,

and there are a lot of people who have traveled to Poland,

perhaps at least one and a half million, and Germany.
Exactly, it is, I think the city wins to get back to the country,
and the country loses, we will see more of that in the world,
now we will just find out which countries limit Ukraine here in 2023 to.
Moldova, Slovakia, Hungary, Slovakia, Poland, Belarus and Russia.
So there is Romania in there too.
Romania, of course.
Yes, what Moldova has approved from the citizens there,
so they get a little limit more about Romania and Ukraine.
Absolutely, I live in the area where there is a part of Romania,
which is very popular, that I am a Romanian.
Yes, but people are popular, that's what they are.
Yes, yes.
Let's not get away from them.
So there is the Black Sea and the Asov River,
I remember the Asov Valley, it is located in the mountains,
where there were hard camps,
control rooms in Ukraine.
It is the Republic.
The Republic, controlled by a president called...
Volodymyr Zelensky.
Volodymyr Zelensky, he is called Volodymyr before.
Yes, he is from a city called Kruvir, Russian Kruvoi Rosh.
He is an industrial city in the east of the country,
and he started with the metro.
And there I speak almost all Russian,
and his growth and environment was in Russian language.
He was one of those who had a career in Russia,
as a mother and son-in-law.
Both in Russia and Ukraine, it was a very diverse country,
and in the culture, very, very long.
Russia was on the Ukrainian side, which was on the Russian side.
I myself had Russian TV at home,
and I have seen a little bit of Russian language,
and I have seen a lot of opera, which is pretty bad.
There are not as many foreigners as opera singers.
When it comes to Russian music, it is often said that it is from Odessa or Kyiv.
But it has not been possible in Russia to see that it was...
Maybe if I had been a little more observant,
I would have understood that it was fine.
But they were more of a generic, post-Soviet environment and audience.
Yes, I understand that.
I understand that Zelensky was a little bit like a star in Russia before,
but they have maybe stopped sending awards to President Zelensky.

What is his name?

Volkut Tiener.

Volkut Tiener has a net-hop, which he was famous for.

Yes, he has an appeal in the entire Soviet society, because he plays on things that people recognize, such as speech recognition, authorities, corruption, snusk, nationalism, and anti-nationalism.

He has sparked in all directions.

I have seen quite a lot of those episodes.

And it is quite funny.

Is it like we Norwegians had understood the news in that humor, or is it a little too far from how it works?

I think a part of it had understood, without knowing the region, but a part of it was lost.

Maybe it is lost for me too.

Yes, as the Republic said, it is the Economist Democracy Index.

The Democratic Index, which I have widely used in Volkut Tiener.

I am not super impressed by Ukraine.

It is just Russia, Belarus, Turkey, and Bosnia, which is the least democratic in Europe.

I follow that index.

Here Ukraine is at the level of Liberia, Honduras, and the countries we want, maybe it has been a bit of a shock for us to get to know each other.

Does it make sense?

Yes, it makes sense.

Is it corruption or something?

Corruption and anti-nationalism, comrades in the populism, as it is called.

I am not entirely sure how they make that index, but it is well-known and proven.

It also depends on the fact that you actually have parties.

You have a lot of parties, but they are not actually parties.

They do not have a member base.

They do not meet local members, what local members are going to send a proposal to a party program.

A little bit of a struggle, at what level?

Then you come to a meeting, and then you know about it.

It is just determined by some practices.

It is very difficult to find out the difference between the two, and then each time they are chosen.

I have to admit that I have a power shift,
which is very different from Russia,
where Putin has been sitting since...
But do you know what the president is talking about?
Yes, but that was the prime minister.
Yes, of course it was.
The time has passed.
So it is another time,
and after a few years,
at the bottom level, people are unhappy.
It is not like a political choice,
that it gives some change.
No, no.
It is the same corrupt thing.
The politics comes from above,
not from below.
Yes, it can be seen.
And then there are some...
not like...
programmatic parties,
that are difficult to see the ideological difference.
Did people choose to vote for those who look nice?
Yes, it has been a tendency,
that at the end you vote for a candidate who comes from the east,
or a candidate who comes from the west.
In the west, there is always such a...
almost nationalist candidate,
who says that they want to enter Europe.
And then there is a candidate in the east,
who is a little more like that.
We have to cooperate both ways,
multi-vector, as they say,
a little with Russia and a little with EU.
And it is beautiful,
that one of the others says he wins,
and the other says he wins again.
And M. Zelensky was something new,
that was wrong, like all the other competitors on the side.
And he had great success in the whole country,
even though he was completely in Galicia,
in the West.
So he had more numbers.
But he didn't have any program.
No.

He was the leader of the so-called kandis populism.

And then came a kandis who...

Do you remember Tula Medinarge?

We created a satire from...

Yes, all of them.

But what he signaled,
was that when we created Ukraine,

which is for everyone,

all the ways to be Ukrainians

is as much as you respect

the state in a way

that this is the case,

the projects that are Ukraine.

And that would have been great.

And also,

we had to get to Fred in the East.

It would have been...

It was a terrible war,

in 2014,

in the East,

where Ukraine was shot

in the face of the so-called

People's Republic,

in order to take it back

to the other areas,

where it was possible for the people

to put their rights to the law,

but it was also shot in the back.

So it was pretty big human suffering.

How are we supposed to do that?

It was very loose.

The whole thing was very loose.

Was it Fred there, actually?

No, it was Fred there.

How is his state now,

in the same way as before

when he was elected,

and now he is keeping

the popularity going now?

Yes, he led the same thing

as the other

presidents,

and the government's majority

in Ukraine.

The right to vote.
He was very angry
about the opinion of the people
before the war,
and he didn't
have anything to say.
What he had
thought and got,
he had powerful enemies
in the camp that was shot
in 2019,
around Petro Poroshenko,
the chocolate oligarch.
He was
on the way to the west,
the candidate, because the west
knew who he was,
and he was more and more
nationalist,
but he was
further integrated
with the west, so he supported
him, and maybe
Zelensky was
a bit insecure
about the criticism.
Do you remember
Zelensky was a narcoman?
Yes, it has been said a lot
in the war, but I'll tell you.
But that was an idea
that Putin didn't have
to suck his own breath.
But that was
Poroshenko's flight.
It was a real deal, they had
spread earlier, so he just
picked it up from that flight.
So the narcoman killed a Nazi,
what do you think it is?
I don't think it was to
deal with the Norwegian politics.
How, just look at
the democracy and corruption.

When we were playing there,
there was a scandal with
Erna Solberg and her husband,
who had actions in the
President's office.
How did that happen?
If that had come to Ukraine?
Yes, they had that.
They had that.
But it had
really been known.
You can say that, but
even more so there.
But people react, people are not happy
in that situation.
What is
sad about that is that
you spread yourself
with a good reason.
It is such a mistake
for all politicians,
even those
that you vote on.
It shows that Zelensky has
money on a tax paradise,
and such things come
all the time.
And corruption is
bad.
I had a little hope
that this innovation
would never be so bad that
it did not go for any thought.
That the innovation would feel that
now people are
in at least as long as
the country is under brutal attack
from another state.
But it has not happened.
The military defense department
has been excluded
again.
The pressure in Ukraine
is not completely controlled.

So it is not under
the current situation.
They have been told
that the top military
has bought food
for the boy and the girl
at the front.
It is a price that is three times as high
as it really needed to be.
In the middle of the camp,
between the camp and the camp.
In general,
they take the food out of the
friends who are at the front
and attack each other.
And those who
lead the committees
with
almost the most
recruiting soldiers,
they take about
100,000 Norwegian crowns
to make people disappear.
So
it is like corruption
itself.
It is a very bad
thing.
But it is incredibly difficult
and
I understand that it is very cold.
It is also difficult
to come up with these things.
What I have done with the recruiters
is that he spanked everyone.
He spanked people.
And there are only new ones who are corrupt.
There are people who have been at the front
and who have become extremely
unhappy because they have been hurt.
It is the Greek invalids
who are going to lead the committees.
And it is Selenskis who think
that they know what this war is

and that they will
be more honest
than the others.
Let's see how it works.
It is an industry and a party.
It is not that you have to work five years
to be with a party.
Yes, a little life experience
can be good.
The older I get, the more
I understand that.
A little life experience.
Is Ukraine
bigger or smaller than
Norway?
It is bigger, I think.
It is almost twice as big as
Norway.
If you take what is FN
as a limit around Ukraine
it is out of
3,745 km.
It is the biggest country
in Europe
to take the new FNF.
In Russia,
in 2014,
there was a real deal with 42,000.
Then there was the full-scale invasion
in March 2002,
Russia took
161,000 km.
It is responsible to check
if it is the same.
Ukraine again robbed
the Russian forces
controlled around 15%
of Ukraine,
around Norway.
We have to say that
we are at 63,700 km
square
and flat.
Appropos flat.

What is the highest level?

I think I know

that you have to lie in the carpet

and that it is not so much higher than 2,000 m.

2,061 m

Is it Goverla?

Yes, it is Goverla,

I think.

It has something to do with the capital.

Yes, HOV.

95% of Ukraine

is paddy flat.

It is paddy flat and

it is a lot of black soil.

Yes, and it is exciting.

It has been a lot of

happiness and worries with Ukraine.

Tell us about the soil.

It is

a soil that has been

renovated and contains a lot of cold.

It does not look like the kind of soil

you get in the house you are going to plant at home.

Yes, it looks very similar.

If you do not have such a big finger

you can

put it in the pocket.

It is the same in the pocket.

They have it on the pamphlet in South America

and in the North America.

It is the world's best.

It is the world's best.

Do you think that is what you are going to say?

Yes.

It is also called a bridge curve.

It is a bit strange to talk about a country.

This is black soil.

It is not just Ukraine,

but it is also

Russia and other countries.

It is also the Volga district

in Russia,

North Caucasus,

Kuba,

which is located in the east of the sea.

Kuba?

Yes, Kuba.

The northern part of Kazakhstan.

Really?

It is the longest.

It is almost certain that

it must be Nyebr.

Nyebr is 2,201 km long,

where of 1,121 of these

is then

in line with Ukraine.

I will talk more about that flag.

They have it.

What does it look like?

It looks blue and yellow.

It is blue and yellow.

You can see

how it looks like

with yellow and sky blue.

It looks like from the wind,

when you walk through Ukraine

on a summer day.

You can see

the Ukrainian flag.

If it is autumn and winter,

you can see

the dark green and light green flag.

But it is like

the landscape.

You can find more theories.

It is the most correct way.

There is someone who claims

that the yellow and blue flag

was a collaboration

with the Swedish

king, I don't know.

Carlton Trotter?

Yes, it was a Cossack

headman, Ivan Masepa,

who worked with him

to fight against the Poltava.

He was beaten by the Poltava,

where the Swedes were beaten.

That is the end of the Swedish history.

That was it.

But there is no reason to believe that the flag was made today.

I don't believe that.

The flag was made in 1848 in a collaboration with the so-called Folkvården in Europe.

It was a lot of British among those who lived from a flag.

That is the first time that we have seen the box.

But we have to call it next week.

Are you ready for that?

Yes.

Psst, it's me.

One of the drunkards here.

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