

## [Transcript] The Therapy Crouch / The Rulebreakers

This episode ends in divorce.

You want to train our children like dog?

Yeah.

Do you say it is difficult looking after kids on your own?

Yeah, I know it is.

What do you think it is?

Why do I get moaned that all the time  
and then have to appreciate you at the end of it?

Oh, that's funny, because I've been locked in the room  
for 24 hours and you haven't been in to see me.

Hello. Welcome to Therapy Crouch.

I'm me, Abby Clancy.

Everything okay?

Well, it is now.

Yeah, you've been on well, haven't you?

Yeah.

Was that sort of 24-hour thing?

So, I've had the vomit and bug this weekend, folks,  
and it's, you know, my worst nightmare.

I hate throwing up.

So, Lib was sick first, then Jack.

Then, on Saturday nights, a few was like,  
I feel sick, so she got into bed with me,  
and then the two of us were 10 to piece throwing up all night  
while Pete slept like a baby in the other room.

So, this is my kind of weekly roundup.

Roundup?

See?

Weekly roundup.

Slash wine.

Okay.

So, was I not looking after you well enough?

No.

Did look after you, though?

Did.

You've got to remember that obviously the other kids  
weren't sick as well, so, you know,  
you'd booked a lovely day out for us on Sunday.

We missed our friend Chrissie's birthday party.

It was one of my really good friend Chrissie's 40th.

And I miss, you know, we got let down with childcare  
in the first instance, and then I was sick that night,  
which I'm so glad we didn't go to the party  
because it's, you know, her cousin Demi,

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it's her wedding on Thursday.

Oh, God.

So, can you imagine if I would attend?

Patience zero for the party.

Oh, my God.

If I would attend up to the party,  
gave everyone the vomit and bug,  
and everyone had it by the Thursday for the wedding.

So, I think that was kind of a blessing in disguise.

It's a shame because I was so looking forward  
to this dog festival that I had nothing to do with.

All of a sudden, I was going down there on my own  
with all the kids.

And honestly, what a great day out that was.

It was amazing.

They had like a...

I was supposed to judge your competition  
which is like literally one of my dreams.

You know, I'm fanatical about animals.

So, to miss that, I was absolutely devastated,  
but you kept me updated with pictures throughout the day.

Yeah, it was great.

You know, he walked in and there's like a full-on rave going on, right?

Ministry of Hound.

The Ministry of Hound.

The Ministry of Hound, and it was like...

Is that why DJ Fatodi was on?

Was on. No, no, he judged the competition.

Oh, OK.

And, yeah, for the dogs,  
there's so much for the dogs to do,  
but it was a full-on rave, like dogs, people dancing.

I had a whole agenda set out.

Like, you could do yoga with your dog.

You could enter your dog into agility competitions.

The race, he did like 100-metre race.

Did you bring Geoffrey down?

Yeah, Geoffrey was there.

Geoffrey and Yoko.

Had a great time.

Did he win any resets?

No.

No, but he won his race.

5.6 seconds.

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Quick he was.  
How did you...  
He had a bowl of sausages.  
Come on, son.  
That's what we told Sophia to crawl  
with the plate of sausage butties.  
Oh, nice.  
Yeah?  
Yeah, but it was a really nice day.  
Like, if you've not been down to Goodwood,  
you've got the Festival of Speed there,  
and there's a golf course there.  
It's a big estate, so nice down there.  
A beautiful day as well,  
and it was a glorious day for the kids and the dogs.  
That really...  
hounded me.  
Oh, well done.  
No, it really wounded me not being able to go there.  
I was...  
You know, there is that saying,  
when you plan, God laughs.  
Like, I had the most amazing week.  
I've never heard that saying.  
I've never heard that either.  
Yeah?  
That's what my mum always says to me.  
That's why I don't plan.  
Well, I plan everything.  
There's a laugh at me.  
I try...  
Because you're praying to him every once in a while.  
You knock me.  
I try and plan stuff.  
And it just all went wrong this weekend, unfortunately.  
But I'm so glad the kids had a good time.  
Yeah, it was really good.  
Other than the episode on the way home,  
it was a lovely day out, I have to say.  
Did you miss me when you were there?  
Yeah, of course we did.  
The whole way through,  
even the kids were saying,  
oh, mum would have loved this,

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mum would have loved this.  
Because that was your day out, wasn't it?  
And I know how much you'd have loved it,  
so we were kind of not to have you there.  
Yeah, all of it, everything that we were doing  
was like, oh, this is so fun,  
but we felt bad that you weren't there.  
Oh, that's funny, because I'd been locked in the room  
for 24 hours and you hadn't been in to see me.  
That's what they say, isn't it?  
It's a 24-hour kind of thing, isn't it?  
Bug.  
That's my wine.  
Are we teeing up wine of the week?  
We're teeing up wine of the week.  
I couldn't afford to get sick myself, you know?  
I had all the housekeeping to do  
and all the kids to look after.  
I reckon this is actually a good topic for today,  
to be honest, like, talking about  
how life rolls kind of...  
I don't want to say without me,  
because I'm already scared that I'm going to die today.  
No, you know, I think this is good,  
because, you know, it does lead us quite nicely  
into our topic of parenting styles and differences.  
Yeah, definitely.  
But should we do our wine first?  
OK, yeah, let's do that, babe.  
You're the boss here.  
Such an asshole.  
Why am I an asshole for that?  
I said you're the boss.  
Well, I'm not the boss.  
You are.  
Because everything I try and boss you is, you don't do.  
That's not true, is it, at all?  
So my wine at the moment, like, alls I want to do is...  
for the kids to do...  
I've said it before, and I have to say it again,  
is what's so important to me is that the kids  
do the homework and eat the dinner,  
and then they can run a mock.  
That's all I want,

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and no one will ever support me with that in this house.

I disagree.

I support you.

And yesterday, for instance, like, you know, you said I want the kids to do homework, so I sat down and did the homework with them.

But I did the...

Very mind you, you couldn't do it.

I only left that quarter...

the half question out.

No, it was because, obviously, with the kids' schoolwork, all the methods have changed since we were in school.

So it was, like, seven and a half centimetres from ten centimetres.

Obviously, I know the answer, two and a half centimetres, but I didn't know how to get there.

Ten minus seven and a half.

Yeah, but you can't...

It's not like that now.

The methods really changed.

No, it's not like that now.

It's not two and a half to seven and a half.

Why would you add two and a half to seven and a half?

Seven rounds to ten.

Yeah, but I know the answer.

I've just told you the answer.

But the seven-year-old, aged seven-year-old child method has changed.

What is their method?

I don't know the method.

That's why I left it to you.

How would you teach that question?

I can't remember how I did it now, but did it correctly?

Yep, because we know the fucking answer.

But the method is...

I didn't want to teach you the wrong method.

Yeah, the methods have changed.

I mean, you know, this leapfrog method in maths and things like that, like, they're all different now.

They used the leapfrog, which is quite...

What is the leapfrog method?

The leapfrog method?

Because you don't know.

No, because you do, like, a ten and then a two.

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Do you know what I mean?  
So you'll do, like...  
You'll do, like, the big number.  
So, say, if you're trying to get to from ten to twenty-two,  
you do the leapfrog, which is, use your ten and then a two.  
You do it, like, a quick way, like that,  
rather than going one, two, three, but you just do it in tens.  
So if it's fifty and you're...  
Fifty-one and it's ten, you do ten.  
What do you mean, fifty-one and it's ten?  
You're trying to get to six.  
That's the one.  
Sixty-one.  
No, from ten to fifty-one, the leapfrog method will take you.  
So it'll be forty-one.  
Yeah, well done.  
Clever girl.  
A star.  
Don't call me A star.  
Happy for none.  
They don't.  
They've never called you that.  
I am shit at maths.  
No.  
You're very clever.  
Yeah, but not at maths.  
Not at maths at all.  
I've got BGCC at maths.  
I'm surprised, are they?  
Yeah, I was into coursework.  
I knew I was going to be a footballer.  
By the time I was sort of in GCSE.  
Because you prayed and paid off.  
You spent...  
You spent from the age of nine praying to be one.  
Yeah, yeah.  
Yeah, so that's all I'm saying.  
I don't want to drag this wine out.  
Alls I want is just a little bit more structure in the house.  
To do what I had to do.  
I just want them to have a routine.  
You know, our dog is so impeccably trained.  
But our kids aren't.  
Could I counter out your wine a little bit?

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We're asking for a little bit less routine.  
Is that okay?  
Yeah, but we haven't...  
The ironic thing is we don't have any effing routine anywhere in our lives.  
I'm with you on this.  
I think maybe the kids need structure.  
If they know when they come home,  
homework is this time.  
I think they function better.  
I think so.  
They accept that that's homework time.  
Because there's so much more time to play.  
They can come in after dinner, homework,  
and then they've got like two hours to play before bath and bed.  
If we can just nail that routine,  
everyone will be happy.  
If everyone...  
You know, Jack's four next week.  
And he's...  
You know, Johnny could read at that age.  
And Jack's not.  
And it wounds me so much.  
Like, it's so important for me.  
You know, Johnny was in nursery age three,  
knew every single letter could spell cat and dog.  
And stuff like that.  
And you know, Jack's like that.  
I hold it A up to him and he's like,  
Per?  
Like, no, it's not a fucking pack.  
It's a fucking stupid pack.  
Just so there's an A.  
Yeah.  
Cut that out.  
It's not a...  
It's a pack.  
Or whatever.  
I wonder where to get it from.  
I know.  
Yeah, no, I'm with you on that.  
I'll...  
So I think just a bit of teamwork.  
I'll accept that.  
Bit of teamwork together.

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Because...

It's better for them.

You know, our kids are so clever  
and that they can easily smell our weakness.

So if they know I'm not supported by you,  
they're just gonna completely annihilate me.

Just on your...

The subjects of you being sick and stuff like that,  
like with my wine.

It's just more a case of,

I don't know what I'm doing.

Like, I'll get sort of told off for everything.

Babe, I couldn't even talk.

Never mind telling you that.

No, but you know, I can just tell that you're like,  
pissed off with me for breathing.

I'll just think if I...

If you just...

I probably won't want to be just...

If you just...

Because I...

Don't tell me I'm off for breathing, really.

I genuinely believe that when I'm ill,  
you just don't know what to do  
and then I feel like you're mean to me.

No, because I don't...

There's nothing that I could do right.

It's like when you're pregnant.

Absolutely nothing.

Are you looking at my hand?

Why not?

No, I...

I would just like a little bit more.

Are you okay?

Do you want a water?

I thought I did that whole time.

No, you didn't.

You just shut the door.

You didn't make me a cup of tea  
because I couldn't even drink tea.

No, I wasn't supposed to.

I did.

It seems...

I don't even remember.



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It's hilarious.

You don't even remember.

All the stuff I did for you.

Yeah.

Literally, I didn't even get a back rub when I was literally vomiting everywhere.

I was trying to do it so loud as well so you could like hear me from the next room and just come in and see the severity of it.

I wonder what that noise was.

It was not on words.

Like, even when my mum used to live with us, my mum used to get up and help me when I had the vomit bug.

I did help you.

I didn't know you were sick at all.

Like, throwing up for a night.

I didn't know that, honestly.

Yeah, because you were at...

It's only because you had Saphir in the room.

I couldn't get into the bed.

Otherwise, I'd be there next to you.

All right, listen.

I think we can both take on board, like, you know, both of those.

Because I love playing like nurse to you when you're sick.

I'm literally...

I enjoy it myself.

I'm literally...

I come in, like, I open the windows,

I shake all the duvet, I realign your pillows, puff them all up for you.

You've got water.

I check all the time.

I come and, like, feel if you're hot.

I genuinely can't remember the last time I was sick.

Like, touch wood.

Been, you know, I can't remember.

I'm sure you do.

You are a good nurse.

Like, John, my brother got it after us.

So, like, I was literally looking after him.

And it should have been, like, my recovery day.

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And I was running up to the top floor,  
making sure he had water, opening the windows,  
checking he was okay, giving him a toothbrush, you know.  
You know, he was so ill.  
I don't know where you were.  
I was there.  
I was there.  
You know, also, it's a job looking after the kids.  
It's all, isn't it?  
Sorry, what's that?  
Without you there.  
Sorry, what's that?  
What's that?  
No, I'm not just, like, got my feet up.  
Sorry, did you say it was difficult  
looking after kids on your own?  
Yeah, I know it is.  
Did you?  
What's it is?  
You should have seen him a good one.  
You're a noob, aren't you?  
She gets the audience whines.  
Go on, then.  
You got some here, right?  
We went on a holiday last week for my birthday  
upon leaving the accommodation on my birthday.  
For a day out, I asked if his coat was in the car.  
He replied, yes.  
As we got to our destination, it started to rain.  
He'd realized his coat was not in the car.  
Oh, God.  
Then for the next few hours, he moans,  
blaming me that I was the one that forgot his coat  
and wore my coat the whole time in the rain  
and I wore a T-shirt.  
I was cold and wet.  
He then let my mum take her coat off  
to give to me instead of him giving my coat back.  
Wear a chivalry these days and on my birthday.  
Needless to say, I felt so special.  
Failure, sister.  
I would never do that to you.  
You have the coat.  
How many times have you had my coat in our lifetime?

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That's true.  
I would never let you.  
You're always hot.  
It's not because you give me a coat because you're warm.  
Not because I'm cold.  
That's the kind of person you are.  
That is not true.  
Can you let the photos up?  
Yeah.  
I would give you the shirt of my back.  
I would open doors for you.  
I like to think that I am a gentleman in many ways.  
I've actually got another one.  
When we were talking about...  
Remember Pete admitted to the nation?  
He hasn't been as kind as he should be to me.  
Appreciative.  
He said things are going to change.  
They just didn't.  
I get moaned that all the time  
and then I have to appreciate you at the end of it.  
I don't understand that.  
I think because we're having this wine...  
Can't be some slack.  
Jesus.  
Because we're having this wine segment in our podcast.  
It's like we moan at each other all the time.  
He actually did genuinely say then,  
I haven't got anything to moan about this week.  
So we have to dig deep and find one.  
We don't argue ever, do we?  
We bicker on this, don't we?  
Because I suppose that's how it goes.  
But we don't normally, you know?  
No, because we're talking about it now.  
We weren't normally at home.  
We were just going to fucking talk about it.  
Bottle it up.  
The ring you made to tell them instead.  
Yeah.  
That's what Mickey Flanagan was.  
Such a bastard.  
Mickey Flanagan.  
Was that Mickey Flanagan who was saying that?

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Like when his wife said something to him  
and he was like that.  
Behind the door, like...  
She got a vent.  
Yes, darling.  
Yeah.  
Venton's good.  
Venton's good.  
Keeps it fresh.  
Keeps resentment at bay.  
Yeah, so I think...  
That's not great, I don't think, from him.  
That's actually an ick for me, though.  
A man with an umbrella.  
He didn't have a broolly.  
I know, he didn't have a broolly.  
I know, he didn't have a broolly, but he still wanted a coat on.  
But as he...  
The worst thing is, she's told him about...  
If you got your coat and he said...  
The worst thing is that leaves the school bags in the car  
and drop off every single day.  
The school drop-off comes home with every school bag  
and has to go back.  
The worst thing is, like, he said he had the coat in the car.  
No, she said he had the coat.  
She messed up.  
What I'm saying is, she...  
No, she said to him,  
after you got your coat, and he said,  
yes, got there, blamed her, and then took her coat.  
Yeah.  
Yeah, like, I'm on the girl's side here.  
So are you?  
That's not me, I wouldn't take your coat.  
No, you wouldn't take my coat.  
I'd drive to school and I'd leave all the bags in the school  
and come back, and I'd go home, yeah, 100%.  
I'd do that a lot.  
Most days.  
Yeah, most days.  
That's why I hate you putting stuff in the boot.  
But since Covid, you don't have to get the car out of the car.  
So, obviously, since Covid, you drive there,

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and the kids get out of the car, drop them off.  
Mm-hmm.  
They get out, and they get their own bags.  
So now I'm just used to that now.  
I'm just sitting in the car and they get their own bags.  
But three-year-old can't get a bag out of the boot, babe.  
I mean, what are we teaching them?  
So Pete loves doing the school run,  
and I don't like it because they just cry at me the whole time.  
I don't want to go to school, then,  
they're fighting over like an iPad.  
I want to sit in the front, I want to do the...  
So it's just so much easier,  
like, when Pete's not in work, for him to take them.  
But every morning, he puts the bags in the boot,  
and I say, Pete, I wouldn't put the bags in the boot  
because you're going to forget them.  
And every time you do, that's a fair comment.  
Yeah, I'm not going to deny that.  
Regularly, I drive home and just see the bags in the boot.  
And go, oh, they've got to drive all the way back  
and bearing in mind, it's an hour, it's an hour ten,  
they're on back for the school run.  
It's ridiculous.  
It is ridiculous, isn't it?  
But yeah, going back to that guy,  
you definitely wouldn't do that to me.  
I wouldn't do that to you, no.  
But I want my man to just, like, get soaked in the rain.  
I want him to, like, not be scared of rain at all.  
Yeah, I agree with that, yeah.  
You know, like, a man with an umbrella is so...  
If I don't mind an umbrella, like,  
it's no point if it's lashing down, it's pointless being soaked.  
But I love, like, a wet man.  
Oh, my God.  
Is neandertholic a word?  
Neandertholic is now.  
You've got a bit neandertholic.  
You know, it's a bit like...  
It's manly, isn't it?  
I'm just going to get wet, because I'm a man,  
and then I'm just going to, like, take my clothes off  
and, like, shake my hair in the rain.

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It's manish.

Yeah, I'll get that.

Instead of fucking bim with a broly like that.

Oh, drop a raid on me.

Do you know what I mean?

Yeah, I'll get you.

Mmm.

So next time, it starts raining, babe.

Come on, I can't wait.

I want you out there, topless.

Do you want to do this next one?

Top there.

When you've been with the kids all day  
and your partner gets home and sits in their car on their phone  
for half an hour, does this only happen to me?

You don't do that to each other, do you?

You do it to me.

I do now.

Yeah, you do.

You don't have a decency to sit in the car now.

You just come in loudspeaker.

Sit next to me.

And go for another two hours.

About half an hour, two hours.

I've never known anyone speak on the phone as much as you.

Yeah, because I don't live in the same place as my friends,  
as my best friends.

I just, I don't know.

When was the last time you spoke to your friend on the phone?

I can't remember.

Your friend, your friends.

I literally can't remember.

It's bad, isn't it?

Really?

I speak to Kaz ten times a day.

I'll feed ten times a day.

I know you do, yeah?

Because I hear every single conversation.

If I spoke to my mate, if I rang...

You'd say that to Kaz, get that girl checked.

I find myself just being part of it.

It's like, when she's dressed, did she decide on dating it?

I'm fucking hell.

I wonder if I've become unbelievable.

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You love it too, really.  
Yeah, her hair tinted to it yesterday.  
Tinted? Tinted?  
How's that new town working on Kaz?  
Oh my, I'm in it.  
I'm literally feeling like I'm living it.  
I'm literally watching the telly or something.  
But I'm listening to that.  
But this is coming from the man who buys his own friggin' shampoo  
and face cream on Amazon?  
You used to buy it for me.  
That's the difference.  
That's what's happened.  
You used to buy me all these things.  
You used to think of me at the shop and go,  
oh, he'd love that, he'd like that.  
Maybe that's because subconsciously I'm aging.  
I think subconsciously you don't give a fuck anymore.  
You're far too comfortable.  
Yeah.  
But no men age so much better than women.  
So maybe I'm trying to sabotage you.  
I've gone six and a half.  
You've gone six and a half so I'm like fuck,  
no more collagen for him.  
I buy you all the stuff, all the vitamins, all the collagen.  
Honestly, you've given up a bit on me.  
Peter, are you joking?  
I bought you serious gains.  
That was about two years ago.  
It's still in days off.  
No, you've given up on me.  
That's fine.  
You know, things have got slack.  
I'll be honest with you.  
And it's not saying, I'm not saying, you know,  
you should be doing this and that for me.  
I'm just saying, you know, just the odd thing.  
Like, you know, face cream, shampoos, like,  
little things that you used to buy for me.  
Like, I used to go, oh, look, there's a new...  
I bought you some dental floss.  
Stuff.  
But I knew you like.

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Thank you.

You didn't get me Corsodil though, did you?

Corsodil.

Vagisil, Corsodil.

I got you some of that the other day, didn't I?

We're not going, we're not taking this podcast.

This podcast, down that route.

Thank you.

Oh, cheers.

I didn't do that.

I think that takes us nicely into the episode today, which is basically parenting, laying down the law, different styles.

I think the thing with parenting, the whole chat around parenting, it never ends.

There's so many elements to it.

And, you know, we are very hands-on parents, and we, you know...

But at the moment, I am...

I feel like I am struggling with...

Just managing every single school schedule.

All the homeworks, you know, the after-school clubs.

Like, Sophia was like an only child for five years.

So we had...

We dedicated all our time, all our efforts into Sophia.

She was doing a swimming lesson soon, this, this, like...

You know, and then she's an incredible swimmer.

So it's a swimming gal.

And the other three were babies,

so we didn't really kind of do anything with them.

But now, like, Liv wants to do gymnastics and horse riding and this and...

Johnny's got homework.

He's got after-school clubs.

And I genuinely can't keep up.

And I don't know how...

You know, some of the mums in our school, they're arranging picnics.

I'm like, picnics?

Haven't even got the fucking dinner in for tonight.

Like, how can you arrange a picnic for six weeks' time?

You know, I've got so much admiration

because I am literally, like, drowning

in school info at the moment.



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And when my kids...  
You know, my kids are so well-behaved.  
But when I think...  
Because we are so close with them,  
any form of discipline or rules or routine,  
they just don't take a blind bit of notice to me.  
And that's something I want to change.  
And I think that we should talk about that today.  
I think that...  
the way you do it...  
I know what you're going to say, and it's just so fucking annoying.  
But I do think...  
But you don't hear...  
If you constantly, like,  
shouting or telling them off,  
they're going to end up not listening.  
And I feel that's where we are.  
But you don't hear.  
Come on, guys, let's do our homework.  
Never heard that, yeah.  
Yeah.  
You're right, yeah.  
And you don't hear.  
Come on, Johnny, should we read a book?  
You only hear.  
Johnny, I'm not going to tell you again.  
Sit down and read your reading book.  
That's what you hear.  
You don't hear the ten times before.  
And last night I said to you, Pete,  
I don't...  
If we support each other and stick together,  
I don't want to be that parent.  
I don't even want it to be a fight.  
And I know the kids and I know they've had a long day at school  
and, you know, there is a lot to be said about playing.  
And even the other day,  
swapping my phone over, came across this old video from lockdown  
and I don't know why I was filming it.  
But then I was like, come on, Pete, do your ten signs  
and you're like, kids, do you want to do science?  
No, science is boring.  
Let's go and play in the garden.  
And I'm like, and the kids are like,

## [Transcript] The Therapy Crouch / The Rulebreakers

yeah, we love Dad!  
Dad's amazing!  
Did I really say that?  
Yeah.  
I didn't actually say it.  
I've got video evidence.  
Science isn't boring.  
I like science.  
You said, who wants to do science?  
Science is boring.  
Let's play in the garden.  
Yeah, that was your lockdown.  
It was in lockdown.  
But I, you know, these kids of ours,  
I've got so many opportunities that we didn't have.  
And my fear is, you know,  
if you've got all this handed to you on a plate,  
you're kind of not going to try for anything in your life.  
I'm not saying me or you had a bad upbringing whatsoever  
because, you know, my childhood was incredible.  
And yours.  
But I definitely didn't have what they had.  
You know, a private school education, you know,  
what's on offer in the schools.  
Yeah, they're so, so lucky.  
But it's so normal to them.  
Are they appreciating it?  
Do they...  
They're still babies.  
I mean, you know, like,  
I think Sophia now is older  
and she's doing her homework on her own.  
You know, we say to her,  
go and do your homework, she goes and does it.  
Every time I go in, she's like that.  
So my first stage of my makeup routine is...  
I'm like, Sophia?  
This is not... This is not revising.  
But we're on them all the time about that, you know,  
like saying you're lucky.  
He realised that they're lucky.  
But is there a way...  
Is there a way to completely eradicate this fight every day  
for eating your dinner?

## [Transcript] The Therapy Crouch / The Rulebreakers

Do your homework?

Brush your teeth.

Good.

Like, why do kids not want to brush their teeth or go to bed?

Like, I love brushing my teeth and I love going to bed.

It's the same you do now because you're older.

I remember my dad saying to me, like,

I was getting up at, like, 5, 6 in the morning every day.

To do what?

To get up and watch football videos

or, you know, to get up and play football.

Like, literally, like, I was getting up at ridiculous hours  
and my mum and dad were still in bed and I'd just go down  
and I'd put on, like, Matt LaTissier, unbelievable.

And I'd watch it the entire...

Not Matt LaTissier again?

Yeah, love Matt LaTissier.

And then, you know, Italia 90, every single goal.

And I could recite it.

The Incredible Gulp.

That came later.

But, you know, like...

And then he'd say to me, you know, when you're a bit older  
you would just love a lion.

And I was like, no way.

I was like, I couldn't even begin to imagine it.

Because it's funny no matter what time.

Like, even if they have a late night and go to bed,  
it's like, say, if we've gone somewhere and it's like  
half 8, 9 on a weekend or whatever, they're still up at, like, 6.

But I genuinely can't remember my mum or dad doing any homework with me.

Maybe it's just a memory I don't have  
and they did.

But I can...

I remember my mum being amazed at art.

I remember us going to, like, Formby Beach, like, on a school trip.

And we had to make, like, our own name tags.

And my mum made me this incredible, like, name tag.

And I had, like, crabs on and squirrels and all, like, things dangling off it.

And I didn't win.

I couldn't believe that.

I didn't win.

Like, it's unreal.

But then it goes, but that's what we do now, like, when our kids...

## [Transcript] The Therapy Couch / The Rulebreakers

Like, I've made fucking Stonehenge three times.  
I don't know how many Stonehenges you...  
Honestly, every time I come home, you're making a Stonehenge.  
I know.  
And I...  
I don't want to do it.  
Do you choose to make Stonehenges all the time?  
They get given the project and I do it every time.  
Instead of being sensible and going,  
I'm going to need that in two years' time.  
I'll put it in the garage.  
I'm sure they come home and go,  
like, mum, you know, we're studying World War II.  
Stonehenge.  
I'll make you a Stonehenge for that.  
World War II wasn't in Stonehenge.  
I swear you just make it.  
There you go, Russian Revolution today.  
Stonehenge, that's what I'll make.  
That'll knock them dead.  
No, but it's like...  
Here's a Stinny...  
I actually called the school and said,  
look, there's too much pressure on these projects.  
I said, I don't have the time to be doing this.  
And surely, you know,  
when a child is bringing in the solar system,  
which has got a remote control in it,  
and they're all orbiting the sun, these fucking planets,  
that a six-year-old hasn't made that...  
You know, it's the mum who's made it,  
or the dad or whatever, or whoever's looking after them.  
It's not fair, and they win.  
Like, that is not fair.  
Like, the one the six-year-olds made is like, shit.  
Do you know what I mean?  
And, you know, how are they going to learn  
if we're doing all the homework?  
Yeah, no agreed.  
I think, yeah, it should be able...  
They should be at the level where they can do it themselves.  
Obviously, the babies that you have to help, I get.  
But the babies don't get a Stonehenge project?  
No, no.

## [Transcript] The Therapy Couch / The Rulebreakers

Has Stonehenge ever won? Have you ever won with your Stonehenge?

I've never won anything.

Is this why you bit better?

I've never won anything in my life, any competition.

Oh, I did, actually.

I won the L.S. Lowry art competition once in school.

What, you personally?

Yeah.

I was good at art.

My mates used to laugh at my art.

Were you good?

I traced the Count Duckula once, right?

And passed it off, I basically coloured it in...

You know, the museum, for that was in Liverpool?

Count Duckula?

On the docks.

Yeah, I used to go there.

Do you mean Count Duckula or do you mean Dracula?

Count Duckula.

Oh, the duck?

Yeah, really?

With nanny and all that, was broken on.

I used to love that, yeah.

I traced it, and then my mum...

I couldn't have the heart to tell that my mum,

she went, that's unbelievable, Pete.

She said, that is incredible.

And I went, it was onto my tongue, I traced it,

I traced it, and she went,

then she was putting it in a frame,

and I had it in my bedroom for years,

and my mates, who know what I'm like as an artist,

came round and went, you traced that,

and I went, no, it's like I didn't.

And I swear, I think, they're probably hearing...

Can you voice down that?

I think this is the only time I've ever admitted it.

42 years of age.

Count Duckula was traced.

Sophia traced that aeroplane once, do you remember?

And the whole school were calling us up,

saying, you've got a gifted child.

Yeah, yeah.

And she traced it, she'd come home in a face,

## [Transcript] The Therapy Couch / The Rulebreakers

I was just like, you traced that, and yeah.  
Do you know what was so funny in my bedroom at home?  
Obviously, I was going, but I was at QPR,  
and I was still living at home, mum and dad.  
So, I had a picture of...  
Count Duckula was there,  
and I was still living at home, and I was at QPR,  
and we played Arsenal, and there was a picture of me and Vieira.  
So, I'd be in Vieira next to Count Duckula.  
It's the weirdest arrangement of like,  
I think I should probably move out now.  
I'm planning against Vieira.  
I wasn't allowed posters in my room.  
No?  
No.  
They wasn't posters, it was just like...  
I had a Marco in cushion.  
Someone bought me one for my birthday once,  
but I didn't want Marco, I liked Jason.  
I found that out when we had a heart attack.  
We went for that meal on one of our early dates.  
Jason Orange was in the same restaurant.  
Yeah.  
She didn't talk to me once.  
Which is...  
Just looking at Jason Orange.  
My mate's sister was a huge fan of taking that,  
and new kids on the block, and Marky Mark,  
and she used to have all the posters.  
I wasn't allowed them, were we?  
Room in the Walls, the Blue Tach.  
Yeah?  
Yeah.  
My mate had a picture of Teddy sharing him.  
Teddy?  
And QPR.  
Terry sharing him.  
Terry sharing him, as I've called him.  
Yeah, on his wall for the years.  
He's not class as a heart, rather, is he?  
No, he was a football fan.  
Oh, sorry.  
He wasn't purving often.  
I thought you...

## [Transcript] The Therapy Crouch / The Rulebreakers

Got the legs on Teddy.  
That's his saying about Greg, I don't know.  
But you said Greg's sister.  
Terry wasn't first, and I said,  
Greg had QPR and Teddy sharing him for years on his wall.  
That's great, though.  
Funny.  
That's a thing that's gone out of fashion now, isn't it?  
Like, the kids these days, they don't...  
They don't even think about putting posters up, do they?  
Or do they?  
There was no posters going in my house.  
I know they're not going in our house,  
but I mean, do kids put posters up now?  
No, because there's no magazines.  
They just like them on Insta.  
They just slide in nowadays.  
So posters have gone?  
Because if you think about it all in magazines,  
like Smash Hits or, you know...  
Mount Shootin' Knights, who else?  
I used to get the pony ones.  
Well, let's drill down to our children, like,  
and, you know, how obviously my parenting methods  
are a lot easier than yours.  
It's calmer, but it's not helpful.  
I think all joking aside,  
I actually think I'm going to go deeper here,  
but I genuinely think,  
because you were pushed so much as a child,  
you've completely gone the other way.  
Like, I sent one of the mums at the nursery  
a message the other day,  
just asking about, like, clubs and stuff for the little ones,  
and she sent me a list back with, literally,  
seven clubs on there that the kids do.  
So it was, like, tennis, cricket, swimming, football,  
and these kids are, like, three and four.  
And I was, you know, that's great.  
And, you know, she's got three kids as well.  
It's not like she's got one child and can put all this effort in.  
She's got three children, three under five and below.  
And I couldn't believe it,  
and that made me feel, like, even under more pressure,

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like, God, how can they do all of that as well?  
But I do think that's a thing,  
because you were pushed so severely.  
You've kind of got a relaxed...  
Like, you've hardly played even football with the boys.  
Yeah, I've had them play football with the boys.  
The boys are three and five, bear in mind, right?  
They've got to enjoy it. They've got to be seduced by it.  
They've got to be, like, I'm looking forward  
to when they're able to sit still for long enough  
to take them to the match.  
And then that, for me, that was the thing for me.  
I went and watched a live match, and I was like,  
wow, this is just incredible.  
And, like, when they are old enough to see it,  
like, the girls, they're not that interested, are they?  
Let's be honest.  
No.  
And I think...  
Lib's quite good at football.  
Yeah, yeah, I'll play with her. She's good.  
But, you know, like, when the football's on telly,  
like, no real interest, and like, she's been at games  
and not really enjoyed it.  
Whereas I'm hoping, you know, that the boys will be into it.  
And, you know, obviously, that will...  
I think, you know, I've spoken to some of my mates  
who've got slightly older kids,  
and they're like, it just happened.  
There's a few footballers, though.  
Who've got little boys who are very young  
and phenomenal at football.  
You know, Jack from a baby, when he was walking,  
he had a football by his feet.  
Yeah, I still kick around with him, you know what I mean?  
It's like, like, that will happen,  
and I'll obviously get them into it.  
Do you not think it should be, like, more of a thing?  
Like, I'm not saying because you're a footballer,  
your kids have to be footballers,  
but teaching them a skill from a young age,  
I think I kind of think that age is now.  
And I find that it's me  
doing a lot of the sports aspect of things



## [Transcript] The Therapy Crouch / The Rulebreakers

when I didn't do any sports as a child.  
Like, my dad was like, girls, don't do sport.  
You stay at home with your mum, clean and cook and go shopping.  
You know, and I'm finding it's me  
who's kind of trying to get that competitive side out to them  
to do sports.  
Yeah, but it's just so early, like, you know.  
Like, obviously, yeah, they have to enjoy it first.  
It's not about you will do this, you will do it,  
because they'll just switch off.  
No, I don't mean have that attitude, you will do it,  
but just, like, literally taking them there.  
Yeah, of course.  
Like, I look forward to doing that.  
You know, I just don't think they're quite ready for that.  
I didn't join my first team until I was nine.  
And Johnny started football in school,  
and Pete went to watching.  
He was skipping up and down the line,  
holding his best friend, Claud,  
he has hands picking flowers.  
Tough lad.  
I know.  
He seemed happy, though, you know what I mean?  
It's not like I, yeah, I said to him,  
do you know what, when you play football,  
you don't, you don't just skip around,  
holding hands, you've got to go and play,  
you know, you're there to try.  
But you can't, I'm not going to come down  
with a ton of bricks, because he's doing that.  
He was happy, he was enjoying it, he was glad he was there.  
Yeah.  
You know what I mean?  
It's so early to be, to be hard on them, you know.  
You've got that, like, if they have a talent,  
then I think you can be slightly harder on them  
if they want to do it, you know.  
But they've got to want to do it.  
So that's what you want them to be happy in,  
first and foremost.  
I know.  
And that's why I'm not...  
But it's also the flip side of that,

## [Transcript] The Therapy Crouch / The Rulebreakers

with Sophia, like, she's the most incredible swimmer,  
like, like, up there with the best,  
and she hates it.

And, you know, trying to explain to her, Sophia,  
like, you've got such an incredible, natural gift,  
like, naturally, she's up there with the best,  
like, without hardly any training.

And I'm not just...

I know every mom says that, but genuinely she is,  
and she hates it.

And, you know, trying to explain to her,  
it's so difficult as a parent to, like, you quit this  
when you've got a gift.

You've got this gift, like, you're incredible,  
like, no, don't want to hate it.

Parents must go through that all the time,  
like, you know, with gymnastics, swimming with...

But I think with gymnastics and netball and stuff,  
it's kind of a more sociable sport,  
so they kind of...

I've never heard of a gymnast not wanting to go.

No, but like, because you've only heard of the ones  
that stayed on that wanted to do it.

I mean, if you're a professional gymnast, you didn't quit.

You know what I mean?

It's like, there must be plenty...

I've seen footballers who, you know, fell by the wayside  
with so much talent.

Like, our Sean? Our Sean?

They're just not into it.

They're just not...

They haven't got the dedication or the will to succeed in it.

They haven't got the right mentality for it.

And also, when you are so gifted at something at a young age,  
it becomes easy to you.

So you don't train as hard as the kid who's not as good.

As the kid who's not as good,  
eventually overtakes the one with the natural gift.

And I've seen that.

Yeah, it's so many times.

And it's all about dedication and, you know, will to succeed.

And if you love it and you're passionate about it,  
then that's what Sean's doing.

And I think it's, you know, with regard to that,

## [Transcript] The Therapy Couch / The Rulebreakers

you actually can't teach that determination.  
You've got it or you haven't.  
It's in you.  
It's like, I don't really...  
Like, if I'm doing, like, a puzzle or something,  
I can't do it.  
I'm just like, oh, it doesn't matter.  
It doesn't, like, bother me.  
Do you know what I mean?  
But, like, even our four kids, how different they all are.  
Like, Jack will not stop until he's done it.  
I think it's a goal.  
Well, all three little ones to go for golf camp in Portugal in summer.  
And the two sort of older ones were, like, yeah,  
bored after, like, 10 minutes.  
And, like, little Jack was the, you know, because he's the smallest,  
he could barely even hit, and he just did the whole half an hour.  
He did not stop.  
Really?  
You could see the determination on him.  
Yeah.  
But he's like that with a tran...  
Like, if he's got a transformer,  
he won't let you help and build it.  
He's got to do everything himself,  
and he will not stop until it's done,  
where, like, people are trying to...  
Such a good quality to have.  
And then just toss it away.  
But you cannot...  
You're born with that, I think.  
You can try and instill it because you want all your kids to have it.  
Yeah, but you'd get that when you're older,  
when you understand, but as a child,  
I think that's something you're born with.  
Do you know what I mean?  
But there's certain things as well as a parent,  
like, you feel like you have to keep up.  
Like, for instance, like, I moved to Singapore when I was, like...  
when I was three.  
Between three and six, it's a nursery school in Singapore.  
And I had a little mate called Turu.  
And we were almost speaking, like, in Mandarin a little bit.  
And I thought, I said to him,

## [Transcript] The Therapy Couch / The Rulebreakers

Dan, I imagine if you actually kept that up, you know, like, got me lessons, whatever, and just...  
And then I'd be sitting here, like, I'd be able to speak Mandarin.  
That would be incredible.  
Do you know what I mean?  
Yeah, but, you know, but that's hard if both parents didn't speak it.  
No, I know it's hard.  
I find it funny when you've got, like, a Spanish mom and, like, a German dad, or a Spanish mom and an English dad, and the kid doesn't speak Spanish.  
Like, that's the best gift, isn't it?  
Such an amazing gift, yeah.  
Such an incredible gift to be able to speak Mandarin.  
But, like, not just that, not just languages and stuff like that, but, like, you know, just certain things like that.  
Like, for instance, football, if I had a dad that didn't push me, or didn't, you know, try and realise the talent I had, you know, I could have easily gone like, I don't fancy it today, gosh, don't worry about it, you know.  
But that's you.  
That's you, it's a fear.  
But as women, you're like, she's untired, and you're like, oh, don't go there.  
Babe, I was...  
The difference is I was massively passionate about football.  
All I wanted to do was be a footballer.  
That was all I thought about, all I wanted to do.  
So my dad just helped me realise what I wanted to do.  
Sophia was not passionate about swimming, and unfortunately...  
But she's so good.  
Yeah, yeah, and I don't think she should quit it, but what I'm saying is that, you know, we have to get behind her and make sure, you know, she realises, you know, her potential, but she hasn't got that kind of passion for it, unfortunately.  
And I'm not saying she should quit, she should definitely do it, but it's definitely...  
You can't compare me and her a bit of those sports, because that was all I wanted to be.

## [Transcript] The Therapy Couch / The Rulebreakers

I think, obviously, we're running out of time.  
Like, you can go on with this kind of conversation  
on, like, discipline and how to, you know,  
what's the right method of teaching your kids  
on the right and wrong things to do.  
But I would like the listeners to get involved here,  
because I'd like some of their opinions  
or their tips on what they do.  
You know, like, the homework one,  
that needs to be addressed first and foremost.  
I want to be a solid unit.  
They come home from school, dinner, homework, play, bathbed.  
Yeah, I agree with that.  
So can we make a deal?  
There's actually no point in you even doing the homework there,  
because when I check the homework, that is done.  
It's unbelievable.  
But do you want it to be my homework or their homework?  
If I did it, it'd be good.  
You have to say throughout capital letters, full stops.  
Yeah, but also you need to let them make their own mistakes.  
How do you learn?  
That is how you learn.  
So when they've done their piece, you would say,  
right, I want you to read through that now.  
Check for any capital letters, full stops.  
Check your spell and see if there's any spelling.  
Why do I feel like you're teaching me?  
I'm teaching you how to teach.  
Teach me how to teach you how to.  
Yeah, all right.  
Well, listen, I'll bear that in mind when you're in the garden  
and have a glass of wine next time.  
I'll bear it all in mind.  
That is just so unfair.  
Do you know how frustrating...  
Yeah, anyway.  
So frustrating.  
Don't give me a wink that the camera can't see.  
Agony abs? Agony abs.  
Hi, Abby and Pete.  
Pick it up.  
I don't know if he is holding up.  
So I'd rather pick that.

## [Transcript] The Therapy Couch / The Rulebreakers

The one that's in the end.

In the end?

We should make that next time.

Whatever you want.

Why not a few more words about that in order to make this big change perhaps.

THEY CONTINUE

What kind of change is that,berg?

I don't tell you how to en□ that.

As I said, I'm not going to get fat and tired from this.

When you get fat...?

..I'm just going to keep going.

from the gladiators here. You just called me Aggie again. Did I? Wonder why. Fraudulent slip.

Could be a new nickname though. Aggie. But that, you wouldn't be with someone for 17 years if there was so much ag. Let's just be honest. Agony abs. Hi Abby and Pete. Jett from the gladiators here. Only joking. I wish life was that straightforward. Need your advice please? I've been asked to be

best man for a friend's upcoming wedding. But out of nowhere, the bride has announced there will be no hen or stag trip. Instead, they want to combine the two, calling it a stendu. Oh yeah.

That's what Jamie and Sophie Havo did, I think. Terrible idea. A chilled weekend as couples in a country manner. Too bad now. It's not what my mate wants or deserves. All blokes look forward to a stag trip and I feel like she's just being controlling over the whole thing. 90% of the people keen are all her friends. Please help Jay from Cardiff. Oh bloody Cardiff. What are your thoughts on a stendu? I think they should do a stend as well. Yeah. Because for us, for us, not needed, but it's a nice idea. I didn't have a stendu because I was pregnant. So I had my kind of baby shower slash head when I was like nine months pregnant. And you know, you always say, oh, we'll have a hen after, never got round to it. So I'm planning it now. We're going to Ayenapa. Again, I'm just going to mention suit fittings here. It's the way, the way round it is, you know, the girls have three or four dress fittings. So men should have three suit fittings. And in all of those suit fittings, you basically, you only need one to get measured out. Really enjoyed your suit fit, didn't you? Loved it. It was so much fun. We literally just went to the pub and got hammered. And then came back and said it. Because they, I was calling like, goodness. I don't want to have even been in there.

Three of them.

So you don't really look at me like that. Come on. Don't look at me like that.

Yeah. So I think, I think you get away with it. Suit fittings. It's the way I think you should then do on this stendu after. I think for us, like a lot of our friends are couples and we all hang out together like girls and boys, do you know what I mean? So I think you can do the gaily thing and the boy thing. But you've seen that 15 years later.

Yeah. But I think it'd be nice to do both. It'd be nice to like both

have your hen and your stag and then all come together. But then it's only like a wedding again. It's like a wedding then, isn't it? Well, yeah. So I mean, that's what the wedding is, isn't it? The whole point of a stage that it's like, you know, you do that and then they do that. I think it'd be nice to do both.

## [Transcript] The Therapy Couch / The Rulebreakers

Hey, guys, this is more for Abby. I'm going to let you read this one because this one's for you. Hey, guys, this is more for Abby, but feel free to weigh in with your modelling experience, Pete. I've been modelling for about a year, started when I was 19 in Indonesia and already felt old competing with 16 year old Russian girls. I've now moved home and get no luck in London. I wanted to appear at Fashion Week, not foresee about which one, as long as it's London, New York, etc. I've just found out I'm pregnant and I'm determined not to give up on it, but I am being, but am I being unrealistic? I still want to travel and do contracts abroad, maybe sticking to Europe this time, but do you think it's doable? Love on the podcast and listening to you guys. Your fave's spanyard, Anon, well, Anon. Well, this is all you, this. I think it's a very, very hard industry. You've continued to do, to model, like having been pregnant four times and you're still doing it? Yeah, but that's different. She's only a young girl starting out, you know. I walk for Giles Deacon when I was pregnant, remember? Yeah. I've done loads of modelling, she's pregnant, but it's a very different start now to think, you know, kids shouldn't be the end of your dream at all and I think you can manage both, but I think, you know, it's hard. It is going to take its toll, like travel and pregnant and I don't know. She shouldn't give up on a dream though, no? So a dream to do it, she's got to continue to, to go for it. You know, she could do some maternity modelling, that'd be great. You know, she shouldn't, she shouldn't end her dreams just because she's pregnant, you know, having a baby is supposed to enhance your life and, you know, it's an incredible gift. I don't think she should give up on her just because she's pregnant, you know, she could maybe speak to her agency and say, I am with child and is there any job opportunities for pregnant women? I am with child. Does she live in the Med-Event times? I'm just joking. Girl with child. She bore child. Right. Hello, Adam and Pete. I've got a bit of an agony ad for you. So I met this girl about a year and a half ago. She worked in a coffee shop I used to go to a few times a week. We always had some good banter, but nothing more. Fast forward a few months, we bump into each other on a night out, do a few shots, swap socials and start chatting a bit. Swap socials? Is that what these kids do, you know? Swaping socials. Tag me. I soon discovered we both support city and we start going to watch all the games and the pub together as friends. Recently, she's having a bit of rough time in life and has leaned on me for support and we've literally been seeing each other every day in the past few weeks. Friendzone. The last two weeks, there's been a sense that this is going to progress to more than just friends. However, I'm not in a hurry as I know she's going for a lot at the moment, but here's the but. Last night, she committed some housary of the highest degree. It's making me want to bin her off completely. The housary in question is she sat me off for the Champions League final to go with some other random lad to watch it when the whole foundation of this recent bond was built upon going to watch Manchester City play at the local pub. She actually dropped this on me whilst cuddling me, cuddling me on the sofa and I immediately got the ick. I don't know if she was trying to test me or bait a reaction out of me at the time. I was like, fair enough, but I was naturally the least bit impressed and I don't really know what to do now. Cheers, Kiran from Manchester.

## [Transcript] The Therapy Couch / The Rulebreakers

Well, there's a lot of layers to that story.

Are they just completely friends and share the love of... I love the way you call them city, like everyone knows whose city is. There's loads of cities. Birmingham City, Bradford City, Cardiff. Cardiff City for a start. Well done. Man City listeners.

So she could just, you know, if they've been with each other every single day for ages and nothing's gone on and they're like cuddling, they just sound like friends to me. Yeah, yeah. And then some other guy might have come along, caught her eye.

They're laughing at my toe poking out of there. You know, some other guys coming along, fellow Man City fan and has asked, you know, asked her out on a date to watch it and, you know, she hasn't felt uncomfortable telling them because they're completely friends owned off or they could have been sitting together for ages. He hasn't made a move on her. So she's like, I'm fed up with this. I'm going to go out with another guy to make him jealous and hopefully prompt a response from him to. But also, why would you want to go out with a guy who doesn't want to go out with you because you've got issues? No, from that email, he was saying, you know, he didn't want to like use that as like, you know, if he'd come on to her there where she's got a few problems, he was trying to be respectful. No, he was like, I don't want to rush anything because she's got issues like, oh, I don't want to go out with a crazy chick. No, I didn't get that. What I gather from that was she's going, if she might do say she regrets, she's not in a great place mentally. She might be emotionally vulnerable. Yeah, vulnerable, you know, and a lot of men would, you know, slip into that situation. But he's gone, you know, I respect you enough to distance myself at the moment, but she's gone, fuck this, I'm going out with someone else. Do you know what? I've decided because it's very

too against one. No, well, I tend to side with him on this one, like, but then I suppose I can see her point of view. She's going, he's not making a move on me or she might just be totally in a friend's own. It's quite friend's only, isn't it?

Yeah, it looks that way. Yeah. And she's obviously, you know, she's even thinking, he's not made a move on me, so I've got to go elsewhere. But I really like him. I love his company. I like watching him and sitting with him. Or she's thinking, isn't it a shame? I like, people can get on so well, but like, they're not a couple. Yeah. Do you know why that is?

Maybe you should just throw the gauntlet down and say, what's the vibe?

Got to be honest there, haven't you? I think, so what's going on with us?

Mind you, she's already gone on another date, so I won't be too happy about that.

Yeah, but she could be. But that's the response she wants from the friend's own thing, isn't it? No, the jealousy, yeah. Because if she sees a bit of jealousy in him, which sounds like he is. And then when there are love and couple should go, and do you remember that day I went on in the pub, it was just to make you jealous. Yeah, which is a nice thing.

I hate all of stupid games. But the kids, the kids just don't know how to play it these days.

These games, you love a game. Oh my God. You love a fucking game.

Oh, you love it. It's like, it's that one, isn't it? You know, let's not do Christmas presents this year. That's the one game. That's the only game I've ever played. And it just bit me in it right on a daily basis. You'll say, I say, I might play golf tomorrow. You go, yeah, you go and enjoy that. Definitely. Yeah, you could shout. And then, you know, can't believe you think off to me. Or, you know, I might come out and have a beer with lads and yeah, you can't have a good time. Can't believe you're going out with lads.



## [Transcript] The Therapy Crouch / The Rulebreakers

Just say. You're full of shit, Peter. That's what you are. That's the problem. You're literally, literally lying. You don't mean it. I'm saying nothing because I'm not listening to this dribble. You know that that's true. Is there any part in words for Kieran? Why would you even want to be in relationship, Kieran? Look at us. Why do it to yourself, Kieran? Yeah. No, I think, I think, as always on this podcast, I think a lot of the time we talk about getting things out in the open, just being honest with your feelings. I think that gets to the bottom of the situation here. I think so. If you really like a teller and if, you know, if you think he's in the friends zone, just say, no, I think we should be friends. And then everyone's clear. We can all move on. I've just come up with a really good idea. You know what you should have done on that? When she went to pub with the other guy, he should have went to the pub, like on Love Actually and got them cards and wrote on the cards like, why are you watching them match with this guy? I really like you. Let's just watch it on this open together. And she'd be like, bearing in mind, if he's gone to the pub to do that, that most of the city fans is mates of you in there as well. And they'll all see him and go, look at this dickhead. No. I thought you were going to see him bring another girl. He'll never be able to show his face in the pub again. Did that. Most ideal. All right. Well, listen, you know, that's come to the end of another podcast there. Pairing and skills. I agree with you. There's a bit more structure, I think, maybe. I'm happy that you agree with me. I do agree with you on this one. Did everyone hear that? That's on camera. No, I really, I really want to, I think it just make daily life so much easier. But easier. Yeah, come home. But you know, sometimes they're knackered, aren't they? You come home. And I understand that. And I'm not like half hour off for a bit. But that's your fucking mentality to life. You're actually coming home from work and going, right, let's do some work. You know what I'm saying is there's a balance, there's play, and, you know, you need to, it's like you give them a carrot, you know, like, give them a half hour, let them play. They want a bloody chocobah. You know what I mean. I know. You know, it's a balance, it really is. It is a balance. And you can't be constantly on them, because then they, you lose them. Hence why I'm saying if you, it's like having a puppy, if you start it from the beginning, they don't know any difference. So it's not a punishment. It's not a punishment. You know, it's only for them. So you want to train our children like a dog? Yeah. Okay. So yeah, I want to hear from the listeners on this one, because we're kind of agreeing with each other, but we're still kind of not. I would like, you know, I know we're supposed to be here to give advice and tips, but I think we need a bit of help on this one. Yeah. Okay. We'll get a bin to [thetherapycratch.com](http://thetherapycratch.com) on all our socials. Thanks for listening. See you next week. Bye.