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Die letzten News, 7 Tage per Woche.

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Gehe jetzt auf LVM.de slash junge Leute und erfahre mir über die LVM-Versicherung. We love em! Das ist wie auf Twitter. Es ist ein sehr, sehr schlechtes Habit. Und um mich selbst zu brechen, habe ich den Podcast auflösen, die ein bisschen mehr aufgeliefert sind. Und deinem Habit war so eine große Hilfe in den vergangenen Wochen.

Ich bin sehr stolz auf deine Worte zu benutzen, aber eine wirklich gute Vibe.

Dank von Bonny, Roy und allen, die hier sind.

This week we'll hear from Melbourne, Shanghai, Stockholm und Wellington. There's news of secret messages in your body odor.

We know that if a person is in a state of fear, their sweat can be perceived by another person through the chemo signals in the sweat.

A taxi for dogs in China.

I've been looking at comments on Sina Weibo, which is China's equivalent of a platform like Facebook or Twitter.

And people have been saying they think it's a fantastic idea and they're hoping to see similar services in their cities.

And a world record breaker in a tent.

I've had a brilliant three years. We're in the best three years of my life. I thought come in now whilst we finish on a high and we can focus on adventures for the future.

All on the way in the happy pot.

You're out with your metal detector in the gold fields of Victoria in Australia, wondering what you can find.

The metal detector goes off and you think you found a gold nugget, but how much will it be worth? You take it to the only prospecting shop in Geelong, southwest of Melbourne, where you're about to give Darren a big surprise.

A chap bought in a backpack and he said, I've got something to show you and look, normally prospectors come into the shop and they'll show me a rock that looks like gold or a rock with a bit of Fuld's gold in it, which tricks a lot of people.

And he said, I've got something to show you.

And out of his backpack, he pulled this rock about probably three quarters the size of a brick and he dropped it into my hand and as he dropped it into my hand, he said, do you think there's \$10,000 worth of gold in it?

And my wife said that when my hand dropped with the weight, so did me Jor, I just couldn't believe it.

Because obviously you deal with this stuff all the time, someone comes in and says, when you have a look at this, so far so good, and then puts a lump in your hand that's so heavy, it's clearly going to be worth a lot more than \$10,000.

Yeah, I've been detecting for 43 years and you know that there's more than \$10,000 in that rock. And I said, oh look, there's \$100,000 probably in that rock. He looked at me and he said, oh, that's only half the rock. And I said, what do you mean? And he said, oh, I've got the other half at home. I got the sound with the metal detector. I dug up the rock and I couldn't see any gold, so I broke it in half expecting to find a nugget inside. So there was two halves, not the one. So about two weeks later he bought the two halves of the rock into me. And I just knew that there was going to be loaded with gold and he dropped it off to me. And I done a test on the rock to find out how much gold was in it. And he called back and I said, I've got some good news for you. There's 83 ounces of gold in that rock, which today equates to about \$240,000 Australian. So what's happened now? He's taken his two halves of rock away. Is he going to sell them? I suppose he must do. Yeah, look, when I told him the price of it, he said, are you interested in buying it? And I sort of, yeah, but I better check with the wife first because it's a lot of money. And I put in an offer. He went home and I presumed that he's rang up other gold buyers and that. And he just rang me up. He said, I'm happy with the price. It's yours. So I had to scramble and clean out three bank accounts. Yes. And it bought it. Like I said, in my 43 years of prospecting, I've never seen something of this size in a rock with that amount of gold in it. It's just very unique. And what about the guy who found it? What's he done with the money? Is he still going out with his metal detector to try and find some more? Well, the detector he found it with, it's a mine lab equinox 800. Now, they're only about a \$1,200 machine here in Australia, but they're a coin and treasure machine. And there's dedicated gold machines, but he found it with one of these \$1,200 machines. Now, to get a reasonable gold machine, you're looking at, you know, between four and \$10,000. So he is going to buy a proper machine off me that goes down a lot deeper. And who knows, I could be talking to you in a few months again. I was Darren Gamp with me from Geelong, just southwest of Melbourne. Many of us love camping, but would you choose to camp out in your own garden every night for three years? Max did. He set a new world record for the most money raised by camping in doing so. It all started in 2020 when he was 10 years old and it ended this week when the boy in the tent raised \$900,000 for charity. Max took me back to the beginning in the early days of the COVID pandemic. So my neighbour Rick unfortunately started cancer. But before he died, he gave me a tent and said, Max, I want you to have an adventure in it. And I said, I promise you I will. How have you ended up sleeping in a tent for three years? I kind of fell in love with it really. I've always loved the outdoors, I've always been a scout.

I've always loved it.
I've gone out camping with my friends loads.
My dad's a Royal Marine.
So of course the outdoors is what he loves.
And every little minute we love going outside, doing sports, going camping, going kayaking, surfing.
And I think the outdoors is just one of the best places for me.
Tell me what it's like at night.
I mean, you're perfectly safe obviously, but tell me what the experience is like.
Sometimes it's brilliant, sometimes it's lovely.
Some nights it's absolutely horrific.
Tell me about the good nights first of all.
When it's lovely, what's that like?
Well, it depends. It can either be you're listening to the rain and you're listening to the wind.
And that's always quite nice to fall asleep to.
And it's just quite calming.
And sometimes when you wake up you hear the birds and they're always the nights,
but you feel quite peaceful.
And what about the nights when it's horrible?
Listening to the rain, watching the rain creep into the tent.
Watching the wind blow your tent to your face.
So basically it's just the weather.
Sorry, but the weather's really nice to you.
And you love it.
Or the weather's really horrible to you.
And you're stuck in the tent and you find it really grim.
And it becomes a challenge.
So I guess the next question is, you're doing this for enjoyment, you love being outside.
On the days where the rain's hammering down, the water's coming into the tent,
why don't you go in the house?
I've always said to myself, I don't want to come in,
because I went, you know what, I don't want to sleep out here because it's cold or it's wet.
That was always not an option for me.
The options were, coming in was, if I wasn't finding it fun anymore,
if I wasn't enjoying it anymore, they were the only way to come in.
And I mean, another key motivation is trying to get away from the parents.
Of course, understandably.
Tell me about your decision then to bring this to an end.
We always knew how to come to an end at some point.
Of course, this all started because I was going to do the first lockdown
and try and do it through Covid.
And I wanted to make sure that I could raise money for the Northern Hospice
whilst all their fundraising was shut.
I thought, you know what, I've had a brilliant three years.
We're in the best three years of my life.

I thought, what's not a better idea to come in now whilst we finish on a high and we can focus on adventures for the future.
Because for someone of your age, a huge amount has changed in three years.
I mean, that's a significant chunk of your life, isn't it?
Yeah, and I'm just thankful for the last three years.
They've been ups and downs, but I think they're moments
I'm going to remember from the rest of my life.
Tell me about going to Downing Street.
That'll be a day I'll always remember.
I thought it was going to be a lot more formal,
but I think I spent most of the time at Downing Street chasing after Boris Johnson's dog.
The boy in the tent, Max Woosie, now 13 years old.
There's a new taxi firm in Shanghai.
Only this taxi firm is for dogs.
So say you'd like to take your dog for a walk in your lunch break at work,
but your lunch break isn't long enough to go all the way home to collect your animal.
Well, the taxi service will do it for you.
Meet you in the park.
Our China media analyst, Carrie Allen, takes up this shaggy dog story.
So this is a woman who's in her 30s
and she's basically set up a job that's a weekend job
and she decided that she wanted to become a dog taxi driver.
So a taxi driver specifically for dogs
because she said that she felt there was a hole in the market
where people were trying to arrange it, you know, just go to the park
and get a taxi and take their pets with them
and they were finding that they were constantly being refused.
Right, so lots of taxi drivers don't want to have dogs.
So is this about taking the dog and their owner
to a park to go for a walk or just the dog?
It can be just the dog.
There is a recognition that because sometimes,
especially post COVID, people are working weekends,
it's a way for them to get their dogs to them straight after work
so that they can just enjoy the most time as possible.
And there's a lovely video that's been appearing in Chinese media today
showing basically all of these dogs just hopping in
and much like you'd see a normal passenger,
it's the dog that's sat in the seat
and is quite happy just to be taken to its owner.
It makes it look like some kind of school minibus,
where one dog hops in, another dog hops in
and they're all happily in there together.
I don't suppose it can really be like that,

but it's certainly been told into a lovely story in the social media video.
Oh, definitely, yes.

This woman, Miss Lille, said that she's been giving the nickname
the dog bus driver and she has proven very successful.

So far, she said that she's been earning lots of money from this
and yeah, it's still a very new business,
but this is nowadays, it's a trend post COVID

that a lot of young people in China,

I mean, I've seen statistics suggesting that one in five
have really struggled to find employment.

And people love dogs, people love pets
and she's recognized that this is a good idea,
saying that some people she's spoken to,
they've told her that for every five or six calls
they've made to taxis, they've just been refused.

And this is a way that she can spend time with dogs,
earn a bit of money and drive around the city.

Absolutely.

In the world over, people will know of dog walking businesses,
where someone will walk your dog for you,
but I can't say I've ever heard of this anywhere,
where someone will go and pick your dog up
and bring it to you in your lunch break
or when you finish work, so you don't have to do the transport part,
you can just have the fun walking part.

I think it's a lovely story and it's definitely a sign
now that China's come out of its long three year zero COVID policy
that people are getting back on their feet,
that they're starting to get out and spend more time outdoors again.

What reaction has there been in China
to this lovely video appearing from Shanghai on social media?

What have people been saying?

Oh, people love it.

I've been looking at comments on Sina Weibo,
which is China's equivalent of a platform like Facebook or Twitter.

And people have been saying they think it's a fantastic idea
and they're hoping to see similar services in their cities.

They think it's a lovely heartwarming idea
and it's a side business for this woman.

It could be a side business for many people who like animals.

Our China Media Analyst, Kerry Allen.

We love hearing your happy news.

Email [globalpodcast at bbc.co.uk](mailto:globalpodcast@bbc.co.uk).

This is 6-year-old Mario in Spain telling us about his first goal.

I want to send you my messages
because at the beginning I didn't like football
and then I went to practice and I made a lot of friends
and I have a lot of fun.
I was playing in a game
and one player of my team passed the ball to me
and I shot so hard
that they go keep a touch of the ball
and he went inside and I was very happy.
When I saw that he was goal
and all the people shouting on my friends
came to me to help me
and I was so happy and a little bit nervous.
Congratulations Mario, lovely hearing from you.
Thanks to Dan Gerardo and Mum Isabel
who you heard during their forgetting in touch.
We found that our listener Andrea in Italy loves to hear.
Andrea says the sound of his 1958 125 Vespa
makes him happy while he rides the streets of Rome.
And in New Zealand
Andrew in Wellington says he likes the noise his dog makes
drinking water after he's had a play.
He's been on broadcast at bbc.co.uk.
This is Andrew Peacht, Still to Come,
stories from Kenya, Namibia and the US
where we'll meet the college lecturer
lifting the spirits of his students.
As an artist I spend so much time looking at the shadow side of life
which is necessary.
But in my public life I really like to give people a little bit of positivity
as much as I can.
Now we usually try to avoid other people's body odor
but what if sweat contained hidden messages
that could make us feel calmer, happier even.
Researchers in Sweden think sweat could offer therapy
for social anxiety.
One of them is Vladimir Carly.
For example we know that if a person is in a state of fear
their sweat can be perceived by another person
through the chemo signals in the sweat.
There is research around this and it makes sense
from the evolutionary perspective because if you think about it
if someone is in a state of danger
then communicating this state of fear and danger

to other people would set also the other people
to be able to act on it.
And more recently there have been some research findings
that are a bit weaker that also states of happiness
can be messaged through these chemo signals.
If you're feeling elated, if you're feeling happy
other people can tell without you needing to tell them
or show it on your face, their bodies just know.
Yeah of course, exactly as we can see cues
of somebody being happy by visual cues
by looking at their faces or for example auditory cues
listening to their tone of voice
we can perceive that also through their smell.
Is it catching, is happiness catching
if people around you are transmitting happy vibes
through their perspiration
does that have an effect on the mood of people around them?
We found this in a group of people with social anxiety
this was a very exploratory study
so we were investigating if the emotional component of the order
so being an order collected from a person in a happy state
in a fear state would have different effects
on people with social anxiety
and actually we didn't find differences
so we found that both the orders had the same effect
they increased the effectiveness of treatment for social anxiety
in comparison with a control group
that was exposed only to clean air
and not to above the order
so our hypothesis here is that
it's more of a human presence effect
also because the treatment was delivered through a mobile app
it was not delivered by a human
so one possibility that now we're testing in further studies
is that it's the idea of human presence
that was given by the order actually augmented
increased the effectiveness of this mobile app for mine
I was just thinking about building on the research you've got
you now know about some of the secret messages
that are being communicated from one person to another
is there anywhere we can use that in order to help people with social anxiety
those kind of things
yeah absolutely
we see that the effects of an existing treatment for social anxiety

it's significantly increased
it's 40% more effective
that's a lot
and that means that especially in a world
where we lack healthcare personnel
and we're moving to these digital treatments
and enhancing these treatments with an order
who would be very valuable
Flanmer Carly in Sweden
my next guest is a great teacher
you can tell that by listening to him
you can tell because when he left his job
lecturing students in New York about poetry
they got him the sort of leaving gift
only a really great teacher would get
it's a book of the craziest things
that Joseph Fasano has said in class
which they'd carefully noted down
the book is 152 pages long
it was quite a thing to be presented with
and of course I was mortified as I was going through them
they have a wonderful sense of humor
my students
and took things out of context
certainly captured just about every expletive
I might have said in passing
in every word you ever said I should think
I suppose
I'm very passionate when I teach
and at least I hope that came across to them
now I'm just looking at some of the extracts
that I've been reading on social media
some of my favourites
what led you to say
leave my mother out of it
that one is an eternal mystery to me
I think perhaps we might have been talking about Hamlet
my favourite play
and I might have said something about
mothers and Gertrude
and somebody in their wonderfully creative way
wanted to psychoanalyse me
and I think I probably dashed off that comment
but I don't know for sure

when did Joseph Fasano say
who taught you that love or learning was supposed to be easy
you know that's something that I'm so passionate about
with my students because
I actually find that students these days
really do want to be challenged
they don't want to be as infantilized
as maybe some of the public narrative
tells them they're supposed to be
and so we have a great ongoing conversation about that
and I think it's really wonderful to discover
that students really do want to be challenged
I can't remember the exact context
but I'm sure in reference to that conversation
and at one stage you talked about spending years and years
destroying your life
which we should be alarmed by
but actually you're just describing your career as a writer
exactly, I often get that question
not just from my students
but when I'm giving a reading
session afterwards
invariably, much as I would
when I was in that position
someone will ask me, how do you write
just particularly how do you write your first book
I sort of always have a somewhat humorous way of saying
well you really just need to lock yourself in a room
and risk poverty
and risk doing some damage to your personal life
of course I don't think making art has to come with suffering
but my students certainly know what I mean by that
I mean listening to you, people listening to us now
will be able to tell
that you must be the lecturer everybody wants to have
because you're not weary about the whole thing
you're witty about it
and passionate about it
and all those things that students I'm sure can really buy into
I hope so, I've been doing it now for 15 years
and it really is a passion of mine
I think it's important to meet students where they are
and to not view the world apocalyptically
but rather to try to learn from them

learn about the ways that they think
the way that they speak
that can help us as people
it can help me as a writer
so I do, I have a good time with them
the whole idea of this podcast
is that the world is not full of doom and gloom entirely
there are all sorts of positive things going on in it
and I can tell that spiritually you're with us
I am with you on that, I think it's so important
as an artist I spend so much time looking at the shadow side of life
which is necessary
but in my public life I really like to show that light
to give people a little bit of positivity
as much as I can
the writer and lecturer Joseph Fasano
with me from New York
now let's celebrate the work of Dr Helena Ndume
Helena is an ophthalmologist
who's made it her mission to eradicate the epidemic
of preventable blindness in Namibia
and other underprivileged communities
she's helped tens of thousands of people
and has now been recognized in the Forbes 50 over 50 list
it is very humbling
it gives us energy
to move on to eradicate preventable blindness
especially in the African continent
no money in this world can pay for the happiness
of someone who was once blind
and then after the surgery that takes for 15 minutes
and then they say
Doctor, I've been blind for 10 years
thank you very much my daughter that I can see
there are so many people who are involved
in helping me to fight this blindness
especially surgical expedition C international
we have started with me this project in 1997
and together involving also the Ministry of Health in Namibia
we have operated on more than 38,000 people
in the neighboring countries also
Congo, Angola, Zimbabwe
congratulations to Dr Helena Ndume
we are over a week into Ramadan now

and Bonnie, who listens to us in Dubai, send us this
it is of course the sound of the call to prayer
I spoke to Bonnie, who told me why she likes it in Dubai
I'm actually standing on my balcony right now
it's very quiet because the call to prayer has just sounded
about 15 minutes ago
and people are inside having their dinner
the iftar and being with their families
I can just barely hear two people
rollerblading down the sidewalk
just outside, there's leaves rustling in the wind
sometimes a cat fighting nearby
sometimes it's my cat, sometimes it's not
people walk by, the sidewalk goes beneath my balcony
and so I can hear their voices
the doppler effect of their voices
in many different languages
but not frequently, it's a very quiet place
it's just close enough to people to remember
that there are other people on the planet
but secluded and beautiful enough
to feel like it really is a haven
tell me about Ramadan in Dubai
we're a few days into it
tell me a little bit more about how you see
that being observed around you
there's kind of a hush about the place during Ramadan
depending on where you live in the city
you may or may not even notice that it's Ramadan
to be honest with you where I am here
if it weren't for the call to prayer
that's almost the only thing that really tells me
but I also lived in Jamera for a while
which is a place where there are lots
and lots of locals who live
and the decorations on the homes
and the big cars parked outside
where the families gathered every single evening
you can really feel the spirit of it
and the charity, there's so much charity
that goes on during Ramadan time
it's just a nice feeling time
it's a long and beautiful story
I think to how I came to travel

to Kenya and record music
but when I heard Masai music
which is almost purely vocal
it just struck a chord with me
no pun intended
recently I've been working with some singers
to specifically collaborate on some music
I'm so grateful to them for sharing the music
and I think the music speaks to something
that you necessarily can't write down on paper
but through music we can express emotions
and feelings
that maybe can't be written down
this music brings me so much joy
so I thought
why not share with your listeners
the beautiful beautiful sounds
Masai singing
today's episode was brought to you by studio director
Philipp Ball, producers Olivia Noon
and Tracy Gordon
and the editor Karin Martin
my name's Andrew Peach
thanks for listening
and we're back next week
in einer unserer 2300 Vertrauensleute ist auch in deiner Nähe
und regelt deine kleinen und großen Schäden
schnell und unkompliziert
geh jetzt auf lvm.de-slash-jungeleute
und erfahre mir über die LVM-Versicherung
wir lieben