

[Transcript] Les Grosses Têtes / INÉDIT - Côté coulisse : Elodie Gossuin se confie avant l'émission

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Dear viewers of The Grosse Tête,

we have discovered in the podcast an unprecedented interview with the guest of the day, Lauren Ruquier.

She arrived in advance in the stores and Julien Bono took the opportunity to ask her a few questions.

Enjoy the interview!

Hello Elodie Gossuin, you are the guest of the day of The Grosse Tête.

We are happy to welcome you.

You had already come as a guest of the day.

Once as a guest of the day, we will celebrate the ultimate consecration.

I'm passionate about the radio. It's my first job. I hope to come back one day.

I was very bad because I only remember once.

But several times, I also invite mystery.

First of all, coming on RTL and The Grosse Tête, to be quite honest, it's always, even I live it, you vibrate.

For me, it's really a gift, but a real gift.

What are the Grosse Têtes that you enjoy the most? Do you have any favorites?

I love the Grosse Têtes in general,

in fact, the diversity, precisely the personalities.

I find that everyone is ultra complementary.

I have a little weakness for Caroline Diamant, still Isabelle Margot,

and a real affection for Olivier de Carre-Sausson.

Christophe Beaugrand too, I love him very much.

But they are, frankly, Juan Rillou.

I love, I love his humor.

So in short, I really like to listen to you, in fact, to be quite honest.

Elodie, you are an expert in parentality.

We remind you that you have four children, two pairs of twins.

Yes, that's it.

The oldest 16 years, that's it.

They are in first and the youngest 10 years.

That's one of them.

What are the mistakes that you made with the first ones, that you did not reproduce with the second ones,

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in terms of your experience?

That's right, it's already depending on the age,
from the first to the second,
and I think it's not at all,
you don't have the same approach at all to maternity.

I think the mistake that I wanted to make,
for my first ones,
was I wanted to be a perfect mother.

I wanted to try to approach, to roll the perfection,
by doing as everything was written in the employment modes,
to the oil in the bathroom,
the such protocol of each gesture.

You see, to follow the lead,
to go get my vegetables, the things.

In fact, I got bored with a pile of junk.
And I just forgot to take advantage of life
and to be happy to be with them.

To basically, in fact, just by saying,
but if you want to take a bath with your baby,
if you want to do a little bit of coda,
it would be nice to wear it like this
or like this, the summer, like this
or not the summer, just to listen to yourself.

Except that it's hard when you're fragile
and I was listening to you.

I'm always fragile, but I learn
to be rather the mother they need.

Are the situations you describe in your BD,
so MAMS,
are all experiences lived with your children and your husband?

The source of everything is our reality,
it's my life.

Except that obviously, I was inspired
by the life of my best friends.

You see, there are divergences.
Weekends in love with London,
like Sexy London, with discoveries
of the latest innovations in matter
of erotic creativity.

We have already done the sex shop, but not London.

We did it in other circumstances,
besides, in short, there are many little reflections
too, where I was bored

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with my best friends
on the reflections they heard during their pregnancy
or on the part of their children.
I tried to regroup,
but yeah, necessarily the inspiration
is life.
You say, yes, it can only be life.
Yeah, it's certain.
Do your four children feel each other
or do they have very different tastes?
They are very different.
And between twins, it's even more exacerbated.
So, no, totally different
from character,
from interest,
but there is still a gender bubble
and they are like the best friends.
And at the same time, they are also exclusive
in the conflict, it's first between them.
They are very different,
there is no way of employment to be a parent
because in fact, you have to adapt to your children.
You don't have to give birth to your children,
but it's up to you
to let them leave you hand in hand
and let them grow up as they are.
And it must not be projection,
it's not mini you,
my daughters are not mini me,
my grandmother doesn't want to become Miss France, for example.
And accepting that, it's difficult
because at the bottom, it idealizes
to be proud to let them grow up
as they are with their personality.
When she said it, you are active on social media.
Are you allowed with your children
on this subject, do they have a Instagram account,
TikTok, etc.
It's quite paradoxical, it's true that
a part of my activity is on social media
or at least even when you work on the radio,
on TV, today it's part of your whole
of your activity on social media

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to communicate on what you do.

The only advantage, well, it's not the only advantage but the big advantage about education is that you even know some tools not to watch them, but to protect them a little parental supervision, certain key words, etc.

It can help

by being aware and knowing the mode of employment on social media.

So I'm quite permissive because I know that their social links are done through WhatsApp groups, SNAP groups and you can't prevent them from having friends and communicating. After that, I'm not at all the axis, on the contrary, that is to say that they have an Instagram account, for example, but nothing has ever been posted if there is not my agreement.

All these things, it may seem stupid, but there may be topics that we haven't talked about with our parents or that are more complex within other families and I think you have to succeed in one way or another even thanks to someone else,

I'm not a confidant

to talk about these topics because it's true that it's the reverse of the media with networks of harassment perhaps gravely.

They have never been victims of that, of harassment by your notoriety, mockery or things like that at school?

They have never been victims of harassment they have already had reflections on shortcuts,

that is to say, if you want,

you work on the radio,

you are a billionaire,

it's rather the cliché

to have a lot of illusions

that our professions can burst.

It's a little bit like that.

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After, harassment is not
and they do the trick.
It's true that they can,
it's not about harassment, but to have friends
or messages from people they don't know
that's also in the rules.
If you don't know that it's not a real friend in life
you don't accept invitation.
However, yes, it can attract
certain people who would like
to use them or use me
by using them more
which is worse than anything.
So you were Ms. Rans,
you were Picard's regional advisor,
you are animator at the radio,
what are you most proud of in your career?
Radio, because I really found
my voice in every sense of the word
and that I love this freedom
that still exists, that the relief
gives flavor to the radio
and that you are in a direct link
with people and that I love to share.
So to receive the audience,
to wake them up for years,
to have that taste, to try to accompany them
with a little smile of good news.
There is nothing for you to enrich
and to put a good heart
for the days of pain or the days of you
you are not going well. So the radio is missing me.
That's what I'm most proud of because
somewhere there was also a certain motivation
because I started the radio and not
filmed and to tell me that we could
trust me that for my voice after being
out of a beauty contest, there was
still a little bit of this beautiful
Piennese, without a doubt too, I try to analyze
but today I stopped the morning radio
but that's what I miss the most, the radio.
The radio and we find you in a moment,

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in the big heads. With great pleasure.
Thank you for the invitation.
And the bonus of the big heads accessible
only on the RTL app.
Download now the RTL app.