

## [Transcript] Skäringer & Nessvold / Go'kväll Umeå!

It's Monday morning, Mir and Hampus paid a flying visit up north this week, and Nesfold put the spring sprung fiddle dress on Hweringer.

And they made Norland turn green.

Hooray for Umio!

This is Hweringer and Nesfold, a quite confident polpo production.

Welcome to whatever episode this might be.

We are more in LA, we are in Umeå and have just been out for a walk tonight.

But it's not the same as we are sitting here, we are sitting here with coffee, they are sitting with beer on a bar often.

Yes, but I think we are going to have coffee and Umeå this year, we'll see.

And speaking of that, I think it's time to light up a bit.

I like this sound.

Can you light up a bit of ashmire?

Yes, listen now.

What's the name of this?

Now it's that again.

I don't think it's that hot either.

You mean this when you turn on the light.

Do you mean Kashmire?

No, ashmire or ashmire.

Do you know what it is?

I hope it's ASMR.

ASMR?

It's weather, isn't it?

You meant it.

Autonomous sensory meridian response.

I think this has become a follow-up tone in Nesfold.

For shortening.

Josephine ashmire.

Oh, no.

Oh my God, I feel bad.

No, this was so cool.

Oh my God, I feel bad.

This was out on Haris.

It sounds like you are with someone who knows that you should open yourself up in a bad way.

But it's always what I think about this ashmire.

Ashmire.

That it sounds a little bit like sex.

I don't understand that it's unsexual.

Because how it's like...

I get the feeling that it's some kind of a guy who's going to run away from this.

I'm sorry to say that.

I'm so incomprehensible.

But it doesn't matter what you're going to play up for something.



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no no, no, no, no, no, no, no, no, no, no, no you

No, no no, no, no, no, no, no, no, no, no,

No no no, no, no, no, no, no, no, no, not

we have to

weirdly

today

with

no

you walk thoth

no no no no

Prince

having

Allegii, and it's a sound that I actually do every day, could that be so amazing?

This is when it starts, you know, first you start like this.

It's one when Allegii comes, it can be the pollen, something you've eaten.

Then Allegii is up in the rubber just first.

Then you put it in, the last day of the day, or the ear.

Start!

Mmmmmm...

Mmmmmm....

No it can't be, that can't be, that's not sexual.

No, not at all.

It's not like that.

It's not like that.

No, not at all.

Today we're sponsored by Daefgård's.

The Daefgård's, because they're known to you.

That's when you eat new food in Tempus.

And I love Karin's lasagna, specifically.

And I know that because I've been invited to stay at home.

One portion that I got to share on two.

It's fantastic in every apartment, that's what I was going to say.

And it's fantastic just because you can buy it in one portion.

I'm going to invite you again today and contrast with Kåldormar, which is my favorite.

And Kåldormar is my favorite, just because I grew up with my grandmother, Nancy.

Nancy Johansson, who actually worked at Storökök and made Kåldormar.

And they often took her home, and she often made it at home.

Really, you know, you have rice and meat and rolls in Kål, which you put in the yolk brown.

And then you cook it in tomato sauce.

It's a thing that no one does anymore.

Or there are probably a few.

Except for the family of Daefgård, who is in Kjällby, and makes these Kåldormar.

Maybe there are a few left that orcs are being murdered to do that.

But it's about the same as Selsyn, who handwritten letters, now for the time being.

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So it reminds me a lot of my grandmother when I eat these Kåldormar.  
And you also put words on why I love Daafgård so much.  
They do, I usually think that when I'm going to eat, the more home you eat, the better.  
And they do exactly what you say.  
Laws that you yourself can't make, or that others very rarely make, but that you think are so damn good.  
And also the laws that take some time to make.  
A lasagne, even if it's very young, is still there.  
You have to, it's a brush with this meat sauce.  
If you make a meat lasagne now, there's vegetarian lasagne, too.  
That's mostly also Daafgård.  
Very large vegetarian assortment.  
Because it's often when it comes to finished cold food,  
that they stop eating as much as possible.  
Or that's not good, or that's not good, or this or that.  
So you have to be very safe about that.  
It's a family company in Sweden that makes this in large quantities.  
And makes their own meat lasagna, their own bechamel sauce, etc.  
It's no difference, it's just a bigger meal, so bigger bites.  
And as damn good as it should be.  
So thanks Daafgård.  
And for more information, you can go to [daafgard.se](http://daafgard.se).  
I think I would be able to actually knock in to it.  
No, but this one, I don't understand it.  
Now we've put a little bit of that trend, but I don't understand it at all.  
Now I just have to ask about the floor-tempt. We have different, we shoot from different angles, you and I.  
Did you have floor-tempt when you got to take a red tablet and rub and rub on it?  
And then she would see where you had been rubbed in the group out in the corridor?  
No, I haven't had any.  
I had a classmate's mother who worked as a trans-script, so I was trans-script.  
She came one day because it was fun.  
One day?  
Yes, one time, otherwise it wasn't the experience.  
Because we had floor-tempt at my time.  
We were going to rub on a red tablet that tasted like shit, and then you would rub and then you would stand,  
all together like this, and show your teeth in front of each other.  
It was also a coincidence that there was always someone who didn't have parents who had given it to them at home,  
who had already seen the yellow tablets.  
It was always like a lamp in the kitchen.  
Now you have to go home and rub a little more.  
No, I think it disappeared before my time, so we'll say for now.

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We'll say for now.

Are we saying for now?

Which aspects of it, do you mean?

The aspects that we are in Umeå.

Yes.

In my room, we have slept over, we will tell you about it.

We were up and made a real trio, together since last year.

We started, I had been at 4 o'clock yesterday, because we were going to travel from Gothenburg, and then we would fly.

Then we got to start at 0-4.

At 0-4 I went up, I always had to scream a little with the coffee before you were more like this.

The first thing you said was 0-4.

Could you set the clock at 0-4?

Yes, because I am an older person.

I have to go up and make tomorrow in control,

come into my own avatar,

get a roll on the system, we don't have to go further into that,

but get a roll on income and expenses,

so that you are fresh and can meet this wonderful day.

And then contact at 0-5.

Can you save that for Umeå?

No, because I am such a woman.

I don't think you run and do this.

There is number one and number two on work places and so on.

I can also be a little provoked by often men,

who are supposed to scream on work toilets and so on.

They have no order on the body, they have no system.

We take it as it comes.

Yes, yes, and we are a little bit drunk on eggs and potatoes and eggs,

and we are in the food cost, I will say that,

I am bored, I can't do that.

Are you a little bit behind the scenes?

Is this real girls' bicep?

Real girls' bicep, but they do it a little discreetly.

And I think real men,

maybe more, should think in the future,

that you can also be a little discreeter.

You don't have to scream on the whole work toilet,

or whatever you are now, with, like...

So that's why we flew up,

changed to Stockholm, there came Hampus,

with a Dutty Free, as I say.

I don't know.

Tax-free bag, Dutty Free.

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I feel so empty.  
I feel so Swedish on so many plans,  
when I'm going to fly to Enrique.  
It was very Swedish.  
The clock is like, what the hell was she,  
7.30 a.m. there, and I'm going to fly to Umeå.  
But for sure I'm going to dive into Tax-free and buy some stuff.  
No, now we're going to bake the bandit a little bit more.  
Because now you've been out with me in green clothes,  
on the best days of my life.  
Now we say, it wasn't like that,  
that you went into Tax-free,  
you went first into the exhibition,  
in the terminal,  
with everyone who was going to fly abroad,  
so that you disappeared into the toilet,  
and wrote to me and Anna.  
Where are you, where are you?  
I felt that it was these,  
there were so many places to check in,  
there were people in both shorts,  
and ski equipment,  
everyone had such a special luggage,  
that I felt that we were going to the same place.  
And then it was syrish and turkish,  
everything was possible,  
so I felt, no, no, no, no.  
But then I went in there,  
and then I went to Tax-free,  
because now I can still go shopping,  
and buy some stuff,  
when I get a little feeling,  
and then we're going to fly,  
mice.  
Can you order something to get on the plane,  
on your own home in Mån?  
I mean, it was like mice when you finally came,  
from Utrikes,  
when you had found Inrikes,  
and met us when you came,  
with this shiny hat,  
and wouldn't join them with shorts,  
and not with them,  
without just you and me.

And met a costume designer,  
with a portfolio,  
who was going to work on the meeting,  
and met a tourist.  
Did I have a costume?  
No, I think I was very low-key,  
I had tights.  
Yes, you were so.  
Yes, I had tights.  
Homewives of Beverly Hills style.  
I had more gone into,  
I don't like to fly,  
that simple.  
Yes, of different aspects.  
Now you really have to think about your flights,  
and draw down on this.  
I don't fly that often,  
but when I have to, I have to.  
And I had a turbulence story,  
a long time ago,  
when I went to Miami,  
which I will soon forget.  
And it's still in the system.  
So I got, now,  
when we relieved it from the land,  
and it looked good on land,  
I also got,  
to start the plane,  
and circulate in a way,  
which I don't usually do on that plane.  
Because that's what I'm looking for.  
Yes.  
Because I was very much there in between,  
when I came in,  
before I came on,  
that it was better to take the train,  
for me.  
Because it's definitely better.  
But then there was a lot of Stockholm in Gothenburg.  
And then,  
I know exactly what route,  
it will be from Gothenburg to Stockholm.  
And there is a scarpe swing in the beginning.  
But this swing,

it was a roundabout.  
Were there two waves?  
I think there were several,  
there were several,  
there was a warp,  
and then a swing,  
and then we went to the other side of the warp.  
So there must have been something in the warp,  
but something in the future,  
that we should avoid,  
or wait for, or something like that.  
And then it's just,  
it's one thing to take two,  
rounds in a roundabout,  
but when someone else drives around in the air,  
then you feel like you're out with a toy business plan.  
But I've never thought or reacted to this.  
What do you think about when there are two waves?  
Well, then I think,  
now it's something.  
So that's what I turned a little bit into,  
in the gratitude for life,  
and the death song,  
when the plane is no longer flying,  
and so on and so forth.  
Also the night train,  
I thought, home.  
But then we would just sleep over, so...  
The night train didn't take place.  
No.  
When I met you,  
I thought it was going to be fun.  
Then you came with a fresh,  
dirty-free energy.  
Yes, yes.  
And lighted up the entire  
noise terminal.  
With bread and perfume and stuff,  
so then we flew in,  
then we got a little swing again.  
Yes, of course.  
And then I think you get really happy  
when you come to Umeå.  
I don't know what that is,



but now you can't say that in Norrland,  
because there are people so fucking angry,  
because it's half Sweden.

But I say west bottom,  
where Umeå is.

I get very happy  
when you come up here.

I don't know why.

It's like that.

No, but it's not very...

I think it's very nice to come up  
in Umeå.

Yes, I also think so.

It's like airy and creative at the same time.

There is a very nice feeling in Umeå.

And it's nice restaurants,  
and it's nice people.

I've just been working and playing,  
but I've been as happy every time.

And then I always feel that  
you don't take one day extra.

Yes, we did it.

And we did it now.

That's why I actually...

I actually took the initiative.

Yes, you did.

And said, no, now it's enough.

We can't wave up in the air  
the same day forward and back.

It must have made sense for me  
to sing with Desis Monteter now.

Diamond.

But Diamond then?

Yes.

We also have to be nice.

Yes.

So we were still there  
and did Umeå

at least in the eighties.

And we have been very nice.

I must say that the highlight is  
that you actually take on  
this outfit.

We'll go through that now.

Shall we just play up  
when you get to hear...  
We'll play in  
when you get to see the outfit  
for the first time.  
And then I can tell you  
about the idea of the stage  
and how it was  
this outfit.  
Absolutely.  
Ha ha ha!  
What a nonsense!  
Ha ha ha!  
What a fucking trash!  
It was the worst I've ever seen.  
Yes, so fucking wonderful.  
But you...  
First of all,  
I'm joking in the pot.  
It would have been so cool  
if I could  
put such hypothetical questions.  
What would you have  
to do with that?  
Or what?  
Yes, you have a lot.  
It's a lot of hypothetical  
to your world here.  
Yes.  
And then there was  
a hypothetical that was  
pretty fast.  
Because I thought  
this is too funny  
to not do.  
But you actually  
didn't think  
you could get me there.  
No.  
Never.  
And I don't think  
I understood.  
I understood because  
I got a laugh

when we were out  
eating yesterday at  
9 o'clock.  
Because  
it was the first year  
that I got up here  
after watching TV.  
Ha ha ha!  
It took up for me  
for a very long time.  
Ha ha ha!  
Both you  
and Anna  
got together.  
I have a half million  
viewers.  
Even when we were  
listening to our podcast  
and how many viewers  
came and thought  
ouch, she was just  
popping.  
ouch, she was just  
popping.  
That's what  
I thought.  
I felt it  
when I got down  
in the studio  
with this address.  
Because  
everyone who was down  
there knew  
they were thinking  
ouch, it was  
boring.  
And  
popping.  
But  
if you haven't seen it  
then check out  
the screen next time  
on Instagram.  
So you

were like  
I want to be  
Sara Larsson.  
But I am 46 years old  
and  
three-year-old mother.  
And  
now you  
wouldn't say  
Sara Larsson  
might have that one.  
No, but  
this was a week  
that we did  
how to do it.  
To this  
there was also a  
sunburner  
called  
ouch, it was  
very dark.  
And  
that was nice  
because I thought  
you wanted to have  
color on your legs.  
Yes.  
To this  
outfit  
it hit  
a little in Lila.  
I don't think  
you saw it on TV.  
No.  
It was a  
little bad  
blood circulation  
feeling on it.  
But  
it also  
went on.  
And then  
we just got to work  
in this picture.

Yes.  
I think more  
on all those  
who  
didn't  
listen to the  
podcast that  
saw me.  
Is the first clip  
in this address.  
You know  
if you get on a  
program,  
there are people  
who want to  
look at you  
and say  
something else  
and see you.  
And then  
I think  
I'm sick of it.  
You know  
what I'm thinking  
it's always like  
you have to  
think about the  
continuation.  
It's  
no one  
who  
does it.  
This is  
a  
thought  
but  
we say  
someone  
should think  
about the  
continuation.  
It was  
very  
important.

You can  
delete that  
in the end.  
But  
it was also  
my thought.  
When  
we talked about  
the first time  
there was a lot  
on  
some kind of  
not  
boring  
but  
damic  
style.  
A little  
flowery  
blouse,  
tight,  
white,  
triquets,  
shorts.  
Capri pants.  
Capri pants.  
And  
a little  
that style.  
It's more fun  
that you took something  
that you can  
really believe in.  
It was difficult  
because  
the style  
didn't have  
any reaction.  
And  
it would have been  
a joke  
about the wrong thing.  
I started  
looking at

a lot of  
colourful  
flowers.  
But  
I thought  
that  
you could  
distance yourself  
from  
these clothes  
when you  
play Anna  
in the sun.  
That's  
a great idea.  
I've never  
seen a kiss  
and  
then  
my stomach  
would stick out.  
And  
just in the evening  
I thought  
I had a  
crop top.  
And  
it's  
a little  
gold diadem  
on it.  
And  
it's also  
that  
I have  
never  
coloured  
on me.  
Except  
once  
when  
I bought  
very green  
clothes.

And  
they said  
damn cool  
it was nice.  
Have you bought it?  
And  
I said  
hi.  
It's the first time  
I have  
been like  
in the episode  
89  
if you  
play in  
22 minutes  
Hampus  
says  
that  
we have  
led to  
that.  
You know  
that  
I have to tell  
you.  
No  
you didn't  
it was nice  
in the episode.  
They have  
most written.  
Even  
what you see  
you don't look  
stupid.  
No  
no  
no  
Now  
you should be kind  
towards your body  
and your life  
and everything



because  
you can't  
hold on  
but  
I had  
never  
been  
fingered  
on that  
episode  
if you say so  
I didn't  
want to  
destroy  
your new  
nice  
This gave us  
a lot of joy  
Hampus  
now I  
keep on  
and think  
and  
you can  
help me  
but  
you can't  
send it  
just send  
my dm  
not to  
Hampus  
not to  
Skäringen  
S-Vold  
on insta  
but to  
my  
dm  
my  
dm  
I think  
you should  
but

just  
so you don't  
send it  
in Skäringen  
S-Vold  
or Hampus  
because then  
you will understand  
but  
do you have any idea  
what you are  
going to do  
I am very  
curious  
now I have to  
have  
something  
completely  
different  
now  
I can't  
with clothes  
anymore  
because  
it is just  
a train for you  
there  
it would not have been  
like  
Biancas  
you and I  
there  
we take a  
double dance  
dress  
let's dance  
dance dress  
that goes  
almost  
down to the navel  
and then  
we do  
some new tattoo  
that is

just  
a special name  
or  
some  
script  
or  
a cover  
or something  
I would have liked that  
she is Bianca  
yes  
subtly  
like  
but  
we have done that  
so it is  
I would have liked it  
to be very cool  
to dress you very very  
tightly to Bianca  
because she is also very fast  
to dream people's  
outfit  
because it is so cool  
to hear what she says  
and you come in  
as a flower in bloom  
tunica and everything  
now we play  
with thoughts  
about me  
Hampus  
I think we should  
do a lot of creative  
this  
now we are going to play  
with thoughts about you  
and I think  
that I can come in  
in the area  
that can be  
very  
sensitive  
hard

I am excited  
the question is  
what we  
have to do  
English  
it has  
also  
but it has  
buffed on now  
so it doesn't work  
really  
if you sit in my room  
where you don't get to joke  
about my bad English  
and I'm going to speak English  
then you get to  
pair English with  
something that is  
very important to you  
and you don't want to do it  
away from you  
or what?  
it would be bad  
you have to  
pitch yourself  
in some way  
that's really  
it was  
amazing  
that you put up  
I never  
felt when we stood  
just before it  
would start  
I've never  
loved you more  
than this  
when you are  
standing here  
the green  
short  
short  
short  
short

short  
short  
short  
cut  
I was both  
a tulip  
without flowers  
only cheeks  
there was  
the green  
and then it was cool  
that the studio man  
understood  
how uncomfortable it was  
so that he  
had a clip  
when he  
was saying  
do we take  
the images  
now  
when you are  
sitting in  
the green  
you have  
very clear  
thought  
there is no  
exactly  
the pictures  
exactly  
of them  
just

Before we do the real banding, let's take a picture now, when we're down here.

We can... I think you have the confidence to take a picture with this dress.

I don't think you have the confidence to take a picture with this dress.

That's what we're supposed to do.

Are we absolutely not going to do it?

There's also a risk that some people who watch this think,  
have Mia Schäring been around me tonight.

I think that if I were to be around me,  
they would absolutely want to add color.

I understand you too. For some color-free show than me,  
that flutters around, it doesn't exist.

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If I were to choose a color,  
I would say, but a little bit now, let's see.  
Then I always go to these Swedish Nordic cathedrals  
of Berg, Hav, Dimmah,  
Jord, Natt.  
Yes, maybe also Bit Snö can come in.  
And I often choose Dimmah, because it can beat a little.  
If you're out at Blott, you know Dimmah, Grottblott.  
There it goes, so it's just black, gray, brown.  
No, it's also out-sorted.  
I think you'd also be involved in that,  
because I look at your show, there's a lot of long material,  
there's a lot of long holes and half-stocks that hang down to the feet  
and then it's very flat. You have quite a lot of tight jeans.  
You have to work with what you have.  
That you have become part of the Lord or who it is now  
whether it's the wife or the universe, or what it is for building material.  
But come on, I'm built of it.  
She said that last night.  
Come on, it's built of the overflowing material in the universe.  
I thought that was a little exciting.  
So I feel a little self too, that you've taken what you had and screwed it up  
and then you have to take those parts when you're proud of them  
and present them, and that's what they do last night.  
Do you have a few good legs, up with the legs, up with the legs?  
Do you have good eyes, up with the eyes?  
Do you have fine lips, do you have that? Do you have hair?  
Do you have the belly? Do you have a nice chest?  
Do you want to present it?  
How do you do that?  
You have to push it back a little bit.  
But if you had done it last night, I think it would have been more tempting.  
I think they had spread some shirts and stuff on you.  
First, a little backslick.  
You were in on this with backslick all the time, at least.  
Yes, I was in with a little backslick on you.  
You always have to go down in the legs and a little like this,  
that it should look a little stiff.  
Think if you do it really like that, or a leg on snow that is so perfect,  
like a sailor's suit.  
I would be like a soldier then, with my appearance.  
But it would be fun to do it a little brattish.  
You would see on me that this is a person who doesn't really hold it.  
If you were a tennis player, you would be the worst.

## [Transcript] Skäringer & Nessvold / Go 'kväll Umeå!

Yes, I have to go down in the backslid.  
It doesn't work with these cool, nice ones.  
I have to go down and work with the guy who can't be with me.  
I try to be with him, but I don't get it.  
I don't think I'm going to be casted into this cool DJ.  
I don't know what to say, I have a movie from a year ago.  
This is a movie about a really cool...  
He is a DJ, he is rich, he is successful, and stuff.  
And I'm like, damn, oh my god, I'm going to be casted into this.  
No, he has a brother.  
He has glazed eyes and has problems with his skin.  
There are a lot of fins and acne, and he is very bad at that.  
And he is in the shadow of his brother.  
He wants to see it.  
Come, let's take it.  
There we choose the best, I think, Hampus.  
This is exactly when I was in this program,  
I went to a castle, and I called Gabel and said,  
now you're going to get to see the thing.  
Now it's bleeding.  
No, but this is what it's called. Who do you think you are?  
Yes.  
Everything had been so fucking cool in the story of Mia Scheringe.  
It was women without tents, and nine children, and out on the beach.  
It was so sad, so it wasn't enough.  
And suddenly they went out to a castle.  
And then I called Gabel and said, now, now you're coming.  
Now you're coming to a really nice, beautiful story.  
Now I'm out on the castle.  
Here, here, take a look.  
Yes, he was following me with a□ down in the well,  
where the battleship was.....  
that part of thatvised the typewriter of the chair,  
that was my verboging.  
Yeah, yeah!  
And I went around the room.  
Oh, Oh, Oh, What nice,  
I hit my hands on the car.  
Oh, Oh, Oh, Oh, What nice.  
And we move slightly further down here,  
and open the door,  
Do you think this is the best place to hang out?  
Yes, they let me in the room now.  
Exactly.

## [Transcript] Skäringer & Nessvold / Go 'kväll Umeå!

And then that day I felt that I was the best.  
Are you down there at Hampus?  
You can always look up.  
It's much better to stay up and then go down.  
Yes, yes, yes.  
It's better to be that DJ's brother.  
What's up?  
I got this hotel at the hotel we're living in now.  
I came in yesterday and thought, what a great suite I got.  
It was so big, it was so airy.  
Hotels usually compress, but it's like a 27 square meter apartment in Stockholm.  
Everything is very nice and well-thought-out.  
There was a lot of air between the bed and the table.  
There was a lot of space to put bags on and a lot of gold on the outside.  
I thought, damn, this is nice.  
Here you can hang out.  
And then I'm going to go to the toilet.  
And then I see this button that sits outside the window.  
That you press up?  
Exactly.  
That type of button.  
I thought, what the hell does it go to?  
It doesn't press anything.  
So I went in and sat with the door open.  
Then suddenly I heard a bubble, a conference room in Halle.  
And I was panicking.  
And I was like, what the hell is this?  
And you know, go up from the toilet table and look down.  
And then the door is not in my hotel room.  
On Vidgav.  
First he opens up, goes to the toilet in the evening.  
And then there's an open house.  
You can't kiss yourself.  
You're going to public from there.  
Calm.  
And how fun to see it from outside.  
That it's a hotel room.  
Have you put the door on Vidgav?  
The party begins here.  
But it doesn't happen.  
I don't look at that door.  
The toilet door is exactly on Vidgav.  
And not the door into the room.  
It's like Volvo or NCC construction workers



who have a conference room that starts to bubble.  
You know.  
What was this for the party?  
I was forced to press on it.  
I wonder what it goes to.  
But it was so strange.  
But of course if you have a wheelchair  
it's clear that you have to be able to press  
a while before you're on your way out to the party.  
But I had put up the toilet door.  
So it stands in front of the door itself.  
So I didn't see when it opened.  
No.  
Did you have the toilet door open?  
Yes.  
It was open.  
So I didn't see that the door opened into the hotel room.  
I thought nothing happened on that button.  
I put the kiss on it.  
That's what I hear.  
Maybe 10 people  
who laugh and bubble in.  
That they are on their way up  
finally when this fucking lecture is over.  
Now we're going to go to Bodegen  
and have a glass of wine.  
Then you hear some squarder  
who has also been out with two aunties  
who want to go home at 8 o'clock.  
So you kissed the night when the others were on their way out.  
And invited everyone to the hotel.  
Oh God, it's just you who can do that.  
And in the night it was the same thing.  
Because you were going up to kiss  
and you were going to turn on the lamp button.  
And then it's reflected that it's out.  
So I press it again.  
And then it goes up.  
And then it's dark.  
So you see right away that it lights up again  
and then it goes up in the hallways  
and then it goes through the window.  
Then it doesn't go through the door.  
No, because then it's that.

Then wait.

Then wait for it to open.

15 seconds I'm in the hallways  
and the door is open in the middle of the night.

Yes, but of course it can't be opened again  
when you're on your way out  
in such a bad room.

Oh, I love to talk to you.

You tell me these things.

26 years.

In Aknehuddi.

Yes.

You tell me about the fatties  
at Umeå Hotel.

Keep it up and love the audience.

In the long run, it can look cool  
but it really does come out.

Yes, it does come out.

We can also say that.

I agree with that.

And you are actually  
one of the other comedians.

We don't say a name now.

Or a very approachable person  
in the media society right now  
that we think about.

We heard that.

Because are you up in Stockholm  
and turning and going up?

It's tickets,  
it's shows that are out  
and it's a TV show  
and it's a recording.

So everyone speaks.

You have to know that in our industry.  
And they probably do it in other industries  
but maybe more in our industry.

There's nothing that you say  
about someone in a room  
that stands there.

You can be sure of that.

Whether it's directors  
or arrangers  
or whatever.

So I got to hear  
a little about this road  
from mouth to mouth  
that this person had said  
that it was fucking crazy.  
They have a picture of the ship.  
But do you know about  
the stamp on the jacket?  
It's hanging out on the jacket.  
And then I got to...  
I don't know if you  
who are listening to this  
have seen our...  
We have really looked up  
and worked on the coolness.  
But then there is a stamp  
that is hanging out.  
That may have gone unnoticed  
or for some.  
And it's on the theme that  
even if we dress up  
and dress up  
we still want to show that  
it's always a little bit  
and there's always some long-distance  
stamp left in the room  
that has been in the closet  
that doesn't make  
the whole thing go wrong.  
It doesn't go the whole way.  
But just that he said a little bit  
and said that it was nice  
but they know  
that the stamp is hanging out.  
But it says  
that people also think  
that this is a thing  
that they haven't thought about.  
That we have a little bit of that.  
You could go through that.  
But I liked that stamp.  
Yes, it was really...  
I felt that we were at home.  
It was exactly that

that was the meaning.  
And then we were very happy  
that he  
as soon as I heard it  
said  
I thought it was very nice.  
It got a little bit messy.  
Yes, it was thoughtful.  
You have to say something  
that you know about yourself.  
Yes, it was thoughtful.  
In case they  
thought about drawing back pictures.  
Yes, it was very nice.  
I was very happy.  
Yes, it was very nice.  
Yes, it was nice.  
But it says a part about  
the thoughts  
around us.  
They are  
they are more down  
down there  
I think with the wheels.  
Yes, it's that dysfunctional  
on the pair that...  
And besides that  
it's not just a price gap  
that's hanging out.  
But it's  
70 percent free.  
Yes, it was free.  
Yes, it was free.  
No, it was...  
It was really big free.  
Yes, it was really big free.  
What did you think?  
Did you think it was  
boring?  
You wanted an honest answer.  
Yes.  
Not so nice now.  
No.  
Was it boring yesterday?

Here it was.  
Hampus had booked  
a table for us  
in Umeå.  
Which we all  
looked forward to a lot.  
After all, it was  
a very long day  
at SVT.  
But in any case  
we looked forward to this  
a lot.  
And Hampus had booked  
a table at 7 p.m.  
A very normal time.  
Yes, a day.  
When he used to work  
until 17 p.m.  
it was quite a long time.  
The whole affair  
was a bit up.  
Yes, but me  
who had been up at  
4 p.m.  
and first had my own  
time with the self-win.  
The long business  
started.  
I felt a little  
7 p.m.  
It was late.  
We couldn't start  
at 6 p.m., I felt.  
Yes.  
And then I delivered  
this.  
And you were all on it  
because everyone felt  
we couldn't go now  
and put ourselves in the room.  
Because then  
we would die  
if we had been up so early.  
So then we changed

and then we went out  
already at 5 p.m.

To a quarter  
at 16.45 p.m.

So then we went in.

Yes, but it was all  
with us.

I thought the other  
was a good energy.

And I think it  
got better because

I still had  
a little bit of brain left.

But then

both me and  
the other woman

came in and  
went over.

You started  
to take in  
should we have more?

Yes, we can  
take a coke.

No.

I took the filling  
on the wine first.

Yes, but then  
it started to get  
worse.

Then the coke  
came in  
to neutralize  
this.

Because then  
I also got a good  
time in the bed  
and was looking  
at a series  
or something.

Did you think  
we were  
terribly boring then?

And did we want  
to have more

from Umeå?  
The clock was  
not more than  
1940 when  
we started  
going to the hotel.  
But it was  
something that  
it felt like.  
The clock was  
22.  
Yes, or how?  
Yesterday.  
And it was  
10.  
Had we been here  
on Thursday,  
then I would have been  
like,  
no, but now  
should we go  
on?  
Should we take  
a glass of tea?  
Should we take  
a glass of tea?  
Yes.  
Then you  
would have wanted to  
touch us  
for over three hours.  
So you were  
yesterday,  
at least, sorry.  
Yes, and the funny thing  
was that I said  
later, because Anna  
was writing to me,  
the last time I said  
again, I think,  
then I started to  
paint and think,  
oh my God, I'm  
boring.

This won't  
hold.  
He will  
get tired of it.  
I think.  
So I started  
and then I say,  
I didn't  
put Anna in that  
thought.  
But the last thing  
I say to her is,  
I think it was  
good for  
Hampus now,  
that it  
could also be good  
for you to  
rest.  
And that's  
what I think,  
especially since  
you said I  
take responsibility.  
I think  
that you  
project your  
idea.  
Exactly.  
That I can  
have both  
the dog in my  
head and  
go out.  
Exactly.  
Because  
now I have  
this thing.  
Then I  
get to  
do what  
I  
do in my  
life.



It fits  
your life well.  
Exactly.  
Because it  
might not  
do anything.  
I don't know  
if this  
was the best  
for her,  
but when you  
think about  
and create  
dogs,  
you just  
do it.  
So you  
have to go home  
half past seven  
or half past eight.  
Yes.  
No,  
I'm going to  
I'm going to  
pass up a little.  
But I also think  
that you have  
a little  
permission to  
then I think  
you have to  
try to find  
an intermediate  
road.  
Oh,  
I'll just  
say this now.  
What does  
the intermediate road  
mean?  
It means that  
you don't  
throw in  
a taxi to

the hotel in the morning  
because we have  
played.

No,  
okay,  
that's where  
you're  
in now.

When you  
have  
booked a  
table or  
take  
some glass.

One  
glass of wine  
afterwards  
or a coke  
can also  
be  
but that you  
gather together  
and  
lighten up to  
it.

And  
it can be  
the  
shark too.

And  
the night  
can go  
really far  
and longer.

No,  
because then  
it will  
come back  
not if we  
will play  
on it.

It will  
always be  
a roll tournament.

Yes,  
we can  
do this  
we can  
suck on the  
caramel.  
And then  
we can invite  
our listeners  
and see  
how it goes.  
We can start  
up a tank  
now that we  
are going to  
come with us.  
It's just  
how many  
games the  
table is.  
Six,  
seven.  
It will  
not  
get worse.  
One,  
two,  
three,  
two,  
five,  
six,  
seven,  
eight,  
eight.  
And then  
we can  
play  
But when you don't play, you can have some rock'n'roll.  
That's roughly how you want it to be.  
Then I'm going to look at this recording and see.  
And then we'll all listen to it now and see how it goes.  
Could you tell me about the book?  
You know, some high-pitched notes that are on the club?  
Most of them.

Like this, like you're in a message box.  
I would have put it in there.  
I don't know if it was about the sunset or the movies.  
I haven't had many movies like that,  
but once I was in a band like that.  
Oh my God, that was the sunset.  
I had to listen up.  
Then I would be like, yeah, how are you?  
Hey, I'm a bandit here.  
Yeah, you have to come in.  
Don't come in, no one sees you.  
It's just a band here in the middle.  
Yeah, come in.  
There were some on one side and some on the other side.  
It was crazy.  
If you look at it from a helicopter perspective,  
it's really crazy.  
Then you have two different rooms.  
You can't have a band in between.  
I've understood that.  
That's how all of these places work.  
I can understand one thing.  
If you've worked on a scene and you're tired,  
or you're supposed to celebrate with your friends,  
then maybe you can have a little,  
first of all, in your own room,  
where you celebrate that this went well and premiered.  
But then you still want to be with the others.  
Yeah, but just a dance hall when you're supposed to be separated.  
This is a little nicer.  
This should be a little more fun, that's not it.  
But the fact that I got a wheelchair in the right room  
and stuff like that, that's also a follow-up in my life.  
There are quite a lot of rooms that I've climbed into  
where there has been so much space,  
and where there is a hand gesture in the bed  
and learning buttons.  
I often get that kind of room,  
and before it was just like, this is a room,  
but then maybe it happened five, six times in a year,  
I started thinking, why do people book this kind of room for me?  
Exactly, in you.  
We also had a series,  
when we were out with No More Facts to Give,

we had a capsule series called that.  
It was you and I and Samira Ström,  
who was our makeup girl who was with us on the tour,  
who will also be with us on this tour.  
We're going out now.  
And then we'll see what we can have for last.  
Then we had, there were times when all hotels,  
or many hotels had this little luxury extra,  
almost that they had a capsule opener,  
fast screwed on the wall in the bathroom.  
And that was just like that,  
is it that you have to  
take an ear when you're sitting and doing No. 2?  
Or is it that you have to lie down in the shower  
and drink a rum solution?  
Or is it just with the toilet that makes it that close?  
And very close placed, the toilet chair in question too.  
Do you often want to eat or drink on the toilet?  
No, absolutely not.  
It's more like a tambourine,  
when you've drunk,  
but there's no other way to do that.  
But now I'm not going to do that,  
but it was a lot with that tour,  
just No More Facts to Give in the hotel room,  
because I didn't get one room where I didn't get more.  
The ceiling was filled,  
and I had to sleep with my nightstand.  
When you're retroactive,  
when you're working,  
when the safety is in place in the relationship,  
then this also happens,  
that you've created once in a while.  
So I think you're still in bed,  
this luxury of flaring,  
there was no one really who had it on that tour,  
because we were a big music festival  
that was in the crowd,  
that was out, so it didn't go...  
No, and I'm not going to be that way,  
and it sounds like you're complaining a lot, but...  
Could there be a Präd-hampus?  
I think you can expect a little more,  
but it wouldn't have happened every time.

No.

A kid, and now this is going to be...

The Präd-hampus!

There's a lot going on now,  
that's falling down.

I was so glad when I heard that you're also...

Now you're up on the internet and writing down stuff,  
in sign language.

Now we're talking about the shop.

Some fruits that fall down  
shouldn't be picked up yet, you can feel that.

And the others are very brave,  
they want to be spread out directly.

Absolutely.

But now we're going to make a diagram,  
where we sit down and work,  
we're going to get our different...

Almenackers.

And where we start a little in the right way, maybe.

Yeah, what do you mean by that?

You're going to get a peek, I think.

No, not a peek, I mean,

to notice that it's fast  
and quite a bit of all hands here.

The transitions that I've made to you.

I don't know what it is with the transitions,  
but I love them.

Yeah, it's just something when you start with  
the transition before the content,  
like, what are we going to do?

What are we going to do with this transition?

I'm not really...

I have no idea about that yet.

transition to where?

From where?

I've actually written it down,  
so I'm like,

I've come up with such a funny transition.

He's like,

I'll write it down for you.

And now I'm going to tell you about it.

What it was,

I explain it in a very long arrangement,  
along with SMS, in Mojfest as well.

And then I won't be able to  
fill it up,  
whatsoever,  
on this SMS.  
But what will it be?  
Yes, I understand.  
But the question is,  
what are we going to do?  
And what are we going to do with the transition?  
What would you have hoped for?  
The transition that I made with the introduction last week?  
I've put up ten.  
What would you hope for?  
We're done with the show,  
now we're going to fill up the last one.  
This transition will work.  
If you don't work with the scene,  
you might think,  
I've described a door opening,  
how I'm standing.  
It's like this,  
and you're inside and you're going out,  
but I've forgotten inside,  
and I've forgotten outside.  
I've just described how fun it can be  
to stand in that door opening  
before you come out.  
And go to you.  
And you had a lot of pictures,  
in your head,  
but for someone who just had to hear an transition,  
it was difficult to visualize.  
And then I got a little sad.  
Because then I felt like,  
it's like you're running through a nail  
to a child's collar,  
and the collar says how it feels now.  
Children are often very funny,  
because they're like,  
when they're happy,  
now you're doing this,  
now you're dragging all the children over one edge,  
you shouldn't do that.  
Some children,

including me,  
can be my own,  
some of them,  
at least I have three.  
One out of three children,  
can be so damn happy,  
that they throw away their clothes,  
that it's going to be something like that.  
Everyone can stop  
when the children are running around,  
and it's chocolate,  
and it's balloons,  
and toys,  
and no one listens to anyone,  
and they're like,  
it's like a drama festival,  
maybe before the time,  
although it was adults,  
babies,  
who were so happy,  
from the day they were born.  
But children can be,  
so it's so damn wonderful.  
It's a stadium,  
when everything is so damn funny,  
so the cake goes all over the face,  
and the collar,  
and no one,  
and then it stops,  
someone hits someone in the head,  
and then the lesson is over,  
and then the collar is over.  
So it felt like you did it on me.  
I came to the collar,  
almost in the collar from the beginning,  
because I felt that this is so damn funny.  
So I stood already with these  
snub-shells,  
that you had before,  
Pampers,  
I stood already,  
and I was waving with balloons,  
and chocolate all around my mouth.  
But you hit me in the head,



with a hammer like that,  
and I got hurt.  
But I didn't do that,  
it was so hard.  
No, you didn't do that.  
But you can't counter creative chaos.  
No,  
it was more that I felt that  
you jumped straight in,  
you've been in your head,  
and threw me in on the way,  
but I haven't seen the start line,  
really.  
I don't know what we're on the way,  
what are we going to do?  
Well, and then it's so funny,  
when you're in a creative flow,  
and you're sending these SMSs,  
you have no idea  
that we live in different places,  
you don't know where I sit,  
when you send them,  
it's so fucking funny.  
And I don't know where you sit,  
you can sit exactly the same way,  
in your life,  
with what you're kissing with.  
When I send in,  
now, now,  
now you're Pampers,  
and then I have such a fucking funny idea.  
That's how I am, then.  
Now you're gone,  
now we're going to see,  
now you've had the answer,  
this, this,  
this, this,  
that's how I am.  
What's the same thing  
when I send you here,  
I'm really happy,  
and it happens,  
they say,  
this works,

here we can do,  
quiet in eight hours.  
Then I come,  
I'm sitting in a meeting.  
Then I actually write,  
forgive me,  
forgive me,  
forgive me,  
be,  
Pampers,  
but I'm sitting there,  
and then it actually came,  
so fucking funny,  
and then it came,  
later,  
now I'm lying,  
the last thing I'm thinking of  
is this now.  
Yes, that's true.  
That's what I said,  
I just wanted to say,  
I picked it up,  
because I know  
that you don't have to,  
have you solved things  
and felt that,  
fuck,  
it's going the way I thought.  
Then you get angry.  
But I picked it up,  
your transition,  
it's absolutely out.  
It's absolutely out.  
You saw it later,  
when you wanted to,  
an inner and an outer  
in this door opening,  
I described to you,  
that this was fucking good.  
Yes.  
At least we think,  
you know what you're going to think,  
but we thought it was good,  
so fucking good.

And here I think,  
a fucking mouse,  
how we're holding on  
and pussling all the time.  
Yes, that's true.  
In this exhibition bubble.  
There are so many mice,  
almost like  
a diamond brodery,  
we're holding on to,  
if you know what it is.  
No, it's...  
No, it's holding my mom on to me,  
then she's holding on to me,  
it's one million small  
stones on the table,  
and then it's going to be a picture,  
and then she's sitting with tweezers,  
she can sit the whole night,  
and then she's sitting  
one after the other with crystals.  
Yes, but that's exactly what we're doing.  
It's like she's going to go to bed at night,  
at night,  
she knows for sure  
what the diamond brodery is.  
It's probably going to happen  
at night before spring.  
That's what you're going to do.  
A diamond brodery.  
A picture of me in green  
outfit,  
the diamond brodery  
will be presented when the night is over.  
Absolutely.  
It's also very strange  
that when we're holding on  
so much intensively to work  
with these things,  
that it's just like  
when I was with the therapist,  
that you can't really sort out  
which thing to listen to,  
what can I bowl with the therapist,

what can I not bowl with.  
So at the same time  
that we were allowed to bowl with that,  
I would have waved in  
your man in the world's  
biggest lifestyles  
that he had done  
and done research  
than we bowl with our bowl.  
Yes, that's what I thought.  
He was really cozy.  
He was lying  
and was right in the bed,  
across the bed  
like a child with feet  
and up on the floor  
on the belly,  
like he's lying  
on the beach  
and waving with his legs,  
so cute.  
And I was like,  
what are you doing with me now?  
No, now, now,  
and he was very engaged.  
And we were also at home  
with Ellen.  
So it was like everything was going together.  
Now, family life has started,  
I would say.  
Or how?  
Really.  
It's me and Ellen  
who have to get some time.  
Yes, I think so too.  
I might as well start  
with a birthday party  
that's about something  
more work related.  
Then he can get up a bit.  
And then we start  
like,  
yes, he's a good hamper,  
but it's just a bit.

But it's new and nice.

You and Gabber  
don't talk about me.

No.

Yes, it's sent pictures.

Yes, of course.

It's done, actually.

But I'm going to see,  
I'm going to start  
with a bit of silence,  
but I'm going to see  
what kind of entrance I'm going to have.

He's also been  
very much involved  
in this outfit.

It's going to be evening  
and I'm going to shoot  
with a little responsibility too.

Yes.

So I've been up  
FaceTime on Lindex  
in a while.

Yes, he's welcome  
in that area.

He likes it.

Yes.

But now we have,  
we actually have to come  
together,  
so we have,  
we're going to,  
Thank you.

With a quarter.

Yes, for fuck's sake.

Now we're going to  
sit here and enjoy ourselves.

What's your name?

Let's see  
if we have to circle  
in this roundabout  
a few times  
before we can take  
a break  
towards Stockholm.

## [Transcript] Skäringer & Nessvold / Go'kväll Umeå!

We're going to survive.  
Today I'm going to  
sit here and watch  
each other.  
It's getting really bad  
lately.  
And don't follow us  
on the podcast.  
You can do that  
at skjärgen.se  
when we release a new episode.  
And if you don't have  
a ticket to  
the show  
with the suede,  
there's a ticket  
left on  
skjärgen.se.  
You couldn't have said  
better.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye.  
Bye, bye.  
Bye.  
Bye.  
Thank you for listening to this Polpo Original.  
You've been amazing.