

[Transcript] Renascença - Extremamente Desagradável / Desapego Total

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We forgot to tell you that we have to give the congratulations to Jonas, who today imagine the beauty of 13 years old, and who is always there for us. It is very dangerous to be listening to this age.

Congratulations!

So, where am I going? If we are energy, my truth, nothing is bad, what is not good is the lesson, and if the lesson is good...

What were you doing?

I was recording yesterday, where we learn so much. And today there are more. There are more things to say.

I like to use a very interesting maxim, which is to learn to cook, I believe.

Because love ends, but hunger doesn't.

Finally, a maxim in the way. There are people who, when they catch a sun in their head, start to deal with it, they can give themselves the opposite. At the end of the day, in that island, they start to say things in the sense. Let's see what you say about the fact that your husband doesn't know how to do anything else in the kitchen that is not white rice.

I don't know what's going on in the mind, it's just a belief that has been instilled.

To break that paradigm, that's a mental paradigm.

Because your love matters.

Love is the only thing that matters.

Love and the stars.

No, my boys, it's not just love that matters, hunger also matters a lot.

It is considered that Nuno doesn't know how to star an egg.

Is it a limiting belief? No.

In principle, it is only because of that.

This is abundance, right?

Money manifests itself in many ways.

You don't need to be only physically, in paper, in a coin, in a show.

In abundance, we have to survive.

In abundance, we can enjoy having this experience in this place.

You don't see things like that.

She always talks like this. Always. Always, my God.

How can she not kill me?

Everything is a lesson, Ana. Everything is a lesson.

How can Nuno not bring up things like that?

She considers that it is abundance to be in a deserted island without anything to eat.

When you are in a deserted island without eating, it should appear in the dictionary as a synonym you forgot.

So, the opposite of abundance.

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As you learn new concepts of self-help, you have to pay old bills because you don't have space on the record.
So, you pay a Portuguese-language bill.
And doubts arise.
Nuno married a madman. Discipline now.
This is the third time we have met in other lives.
That we are here only to meet again.
Elsa talks a lot about this.
She says it is not this world.
And I am trying to deal with it.
It is true that I look strange.
I have already seen you in another life.
No, we have already met.
In another life, you have also been husband and wife.
If you want, at this moment they are already accommodating the good people.
Of course.
Attuning Elsa in a life is already complicated.
In two, it starts to be officially karma.
Do you see? I also know about these concepts.
Look, karma falls and you give up.
What helps you fight this suffering?
Are the mantras?
It was all the success of your knowledge.
But do you have mantras in your head?
Constantly?
I am a mantra.
Ok, so now it is too thick.
I believe in this to be the open mind.
I am a mantra.
And this does not go far from the truth.
He is a mantra, in the sense that it is very repetitive.
So what is the right path?
To study self-knowledge.
Ok, we meet again at the beginning, right?
This goes for repetition.
I will never say anything again.
I repeat, I repeat, I repeat, I repeat.
Ad infinitum.
My patience is infinite.
Act like this, Elsa.
Wow, good.
This must be great for audiences.
The video is soon to pass in the next two months to say the same thing, nothing new.

The more you know your ex-wife, the more you will not hide the admiration that she feels for her journey.

Yes, she is admired.

Not so much in the sense of consideration, but more in the sense of flexibility, as you said.

Why did they catch me in an island like a madman?

Elsa is already happy.

She is being a mantra, Luna.

I am able to learn some things with Elsa, yes.

Luna, to learn.

But Luna went there to find love.

If I were to learn, I could have written in the University of Berta.

Take something more practical.

But that's it, all learning is good.

Learning, Joana.

That's how you say it.

You say it in Brazil.

In Brazil and in the land where this very Zen Malta lives, which is the kingdom of Namaste.

It will be possible only for these 30 days, for this month, that we will pass together,

or perhaps this is a long learning process

and it will be possible to stay for a long time.

It will be possible.

No, I don't think it will last long.

It will not be possible to do the doctorate in spirituality.

It is still too much of a burden.

What about the physical contact?

The physical contact is for some situations, for some people,

because in a very subtle way,

asking yourself if there is an opening there on your side for us to try to advance a little more.

I think it's really him, Paul Partheon,

to see if he can try to take a step more forward.

Paul Partheon.

I don't want to paint a mantra.

He really wanted Paul Partheon.

He wanted it,

but it seems that he will not be very lucky.

Imagine saying to Elsa,

you have a body of another world and she.

Being in the world, not being in the world.

We have to live with what we have in the world.

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Using things in our favor,
suffering from them,
to be happy.
Money is happiness, isn't it?
No.
Money brings ease
and the ease helps to have more happiness.
Money brings...
I've never heard of money brings ease.
Did you learn all this in a short time?
Yes, it was a total availability
for a rendition,
as a creator you are,
when you start to vibrate,
an energy of peace, serenity, tranquility,
you start to attract the manifestation
of these things all the time.
To attract the manifestation,
so one comes and the other goes.
What?
But they understood that the meaning is reverse.
Go on, go on.
There are 20 that will understand me.
Ok, ok, this is just for people with another level of consciousness.
They are already in the center,
they are in the center of a black...
We are not there yet.
But I started in Espanto do Nuno.
Elsa knows a lot, doesn't she?
Where does she go to get so much learning
so quickly?
I went to research about Elsa
and I discovered an interview
where she tells everything.
She has already given interviews.
She has already given interviews to a podcast recently,
a Brazilian podcast,
and she is like that thanks to a book.
Thanks to a book, Elsa's life has changed.
My sister had already told me,
she was also very curious about the book,
so I said, look, I already have the book.
And she said, please send it to me,
because it will save my life.

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I always steal the book,
she took it at the end of two weeks,
she read a book,
look, you can look for it,
because I don't see any of this.
Who never, right?
Who never got in the middle of a book
that takes the first stone.
But what would it be?
Would it be Robert Bollanio's 2666?
If I stayed in the middle.
I couldn't finish,
they are almost a thousand pages, right?
I live a thousand pages.
I don't study a thousand pages.
I live a thousand pages.
A thousand pages.
A thousand pages.
A thousand pages.
That's the name of the book.
I already ordered it for everyone.
It's the name of the book.
And I ordered Elsa,
I couldn't read it,
and she gave it back to him.
And in good time, she did it.
My first big contact with the book
was to start doing daily missions.
60 days,
but at least today,
in the 60th class.
Already, I'm starting to feel
a beautiful transformation inside me.
Already, life,
everything has to be
a little different,
a little better.
And it's good.
I don't know if it's because of the book,
but from this point on,
it's getting good.
I don't even need the book
because there's nothing else.
It costs money.

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It's getting so good,
but it's good.
My life has improved
in such a way that I'm going to stop reading.
I realized I was in the 60th grade.
But then I realized
I was in the 60th grade.
But it must also be in the 60th grade.
At the same time,
I imagine people reading this
and burning the incense forever, right?
But she thought,
there's no better life,
I'm going to stop.
And by chance,
it also happened to me,
I was reading a book
that was about to completely transform
and I stopped.
Which one?
It was the 30-day diet.
I stopped in the 15th grade
before it got so ugly.
It didn't last two weeks.
And then it came back again,
the chaos,
it came back again,
everything,
legs to the side,
a giant confusion in my life.
And I,
my God,
this is happening again,
a chaos,
a book,
I need the 100,
or the 100,
I'm starting to study the 100 again.
I started to do everything again.
The 100,
you see,
it's a 100-mile course.
But if this is a 100-mile course,
it ends the course,

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and it's a 100-milage course,
like Dr. Brinquedos.
Like Dr. Brinquedos,
they're the same thing.
Exactly.
But look,
this is a book
that improves your life,
but only if you're constantly reading it,
because it ends up being
a bit boring, right?
Reading it.
When you say,
I don't want to go to the movies,
I can't,
I always read it.
It doesn't work.
At the age of 30,
things start to stabilize,
everything is very quiet,
life is very good,
everything is very unique.
Wow,
at the end,
look,
maybe I don't really need
to do the reading anymore.
I like it again.
So,
a book again.
It's a commitment to attention.
With having the same mistake twice,
it seems stupid.
You're even seeing what's going to happen.
It didn't last two weeks.
It does.
It's much less yet.
Everything is back to being a chaos,
and at that moment,
she said,
my love,
forget it,
you haven't left.
The truth called you,

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you said the truth,
you accepted the truth,
and now you don't have to leave here.
Your consciousness has expanded.
An expanded consciousness
has never been forgotten.
An expanded consciousness
has never been collected.
An expanded consciousness
has never been collected.
That's right.
I also said to myself,
my love,
your consciousness has been collected
for a long time,
you're not going there.
And one thing
that I say to myself
every morning,
I always remember this,
my consciousness is this,
my consciousness is very well
collected,
you're not going there.
But at the end,
what is this special book?
Because I know
he's talking about me.
When I started to have
this consciousness
of someone
who doesn't know
how I know someone,
this is talking about me.
These are my experiences.
So we don't want
a book about Elsa.
No, we have to find
a book about us.
Now, I imagined Elsa
reading the horoscopes in the newspaper.
Oh my God,
it says here that the vegetarians
tend to pay special attention

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to the mouth,
and yesterday it really
appeared to be a UFO,
it's about me.
And I clearly said to myself,
okay,
you're going to do the following,
you're going to make
an information in the coaching area,
you're going to become
a coach,
a mental coach.
I don't believe
that Jesus has said
this,
maybe it was a misunderstanding,
Jesus said anything
like that,
you're a mental coach
because you lack
a little to think about,
but there's no problem.
There's no problem,
there's no problem
because Jesus loves everyone
in the same way,
but this made me remember
a conversation.
So in this moment
you're going to get married
in paradise?
I don't know.
I don't know.
I don't know.
But this made me remember
a conversation between
Elsa and Nuno,
I mean,
one of her novelties.
Jesus
came here
to bring the biggest
quantum physics professor
ever seen.

The biggest quantum physics professor that ever happened in this world. And he's my mentor. Jesus, the biggest quantum physics professor in the world, and he even went to Earth just to put the plan theory. It's logical that he doesn't use so many coaching techniques in the world, he goes a lot for the quantum physics and the physical goal. Pumba, even to be honest, I mean, it's a coach, I mean, you only need to know aeronautical engineering. I would take the discriminative in Latin. But let's go back to it. This is our natural state, the Nervana State. The natural state? Yes. But where is it? In that, which is our essence, right? Yes, but I ... We are spirits. I personally, in Nervana, I don't know what it is yet. Perfect, great. You don't remember, but you will remember.

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Well,
you are still just
knowing the Nervana
from the Covent Garden, right?
Look,
and you still know.
You still speak of it.
She's a favorite artist.
Did you talk to Nirvana?
Did you look at Nirvana?
Did you listen to her?
Yes, I listened to her.
She completed her mission and went on to the next level.
The next level?
You mean we die and go to the next level?
No, you can go back to the same level, but...
But in the case of Kurt Cobain, Elsa has the hope that he will return to another level,
like in the opera of Vienna.
Interestingly, in the interview that he gave,
Elsa also spoke of a band and also unexpected.
I like to say,
yes, yes, before the course, after the course.
Yes, yes, Elsa was a victim.
And Elsa was a victim of the world.
Everyone against Elsa.
Subo wanted to make an Elsa.
Elsa.
There were more people in Elsa's life.
The Elsa's parents were horrible.
The Elsa's brothers were horrible.
The Elsa's husband was horrible.
Why did everything happen to Elsa?
Now it has already happened.
Now it has already happened.
Even before knowing how is the DC after the course,
it's good to see that everything fits Elsa.
Why is there an island with unknown people?
The Elsa,
DC after the course.
DC, ok.
Has a huge gratitude to all the people.
That is, the Elsa after the course,
with less vocabulary, only about gratitude, right?
That and words with a slightly damaged etymology.

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The more we thank you, the more you thank me.

Thank you, thank you.

Thank you, thank you.

Thank you, thank you.

Thank you, thank you.

Thank you, thank you.

And now, the moment when Elsa explains better what this is about being a mental coach.

Apparently, it's about working on an endesa.

It's not just a matter of faith.

It's when you decide to become a light worker.

You see that through the workshops,

through the process of coaching,

mentoring,

organizing,

living.

Of course, you have to spend

a lot of money.

Yes, of course.

Everything is compensated.

Everything is paid, because money is sacred energy.

And I, as an orator,

need this vehicle.

I need money for this vehicle to be

consistent and keep it.

I am a spirit without the vehicle.

I can't help others, I can't do anything.

The vehicle has to eat.

When it comes to being Elsa,

you already know that the fuel is very expensive.

Since I don't have anything to take,

you don't have anything to take?

No, I have love for everything,

but I don't have anything to take.

It looks like one of Elsa's challenges,

but it's not.

My old self used to say,

my son will never ride a bike.

Until he grew up, he bought a bike.

But he was very lucky,

because that already happened in my new self.

He was not sad,

he enjoyed himself,

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he was happy.
If something happens,
I will be fine, I will be calm,
because I know that if you
get in a situation like this,
you will be happy.
He says, I am so happy with your bike.
That leads us to that famous phrase
of Paul Walker,
that the speed of the bike is faster
than a happy one.
First, I doubt that Paul Walker
even said that.
When my son bought a bike,
he said,
go my friend, buy the bike,
and if you have a lot of money,
you will never ride a bike.
No, in the front,
in the rear,
you will never ride a bike.
And if you die immediately,
don't give up,
because mom also doesn't.
So go and do it,
and if you run in an unexpected or different way,
it will be an experience.
If we go through the process of
defibrillation,
an incredible experience,
that takes us to the maximum
vibration, then we will go there.
I don't know if you like more than
what he is saying about Celine Dion.
It is the combination of the two
that is magical. But notice,
the worst is if the process of
defibrillation of the son,
happens against a car,
where there is a family that was not
at the same vibrational level,
but it is too much to catch
the relatives.
No father suffers because a son dies,

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and he is not afraid that the son dies.
What he suffers is for the attachment
that that person has.
We are afraid of losing them,
not because we are going to lose them,
but because of the feeling that we are going to
have to deal with,
the internal pain that we are going to have to deal with.
Therefore, if I don't have
that burden, then I really want
those around me to be happy
Good try, Nuno.
On the one hand, show persistence,
because the kiss never comes out,
and on the other hand, it was a great way
to be able to hug Elsa.
I love her.
With the support of Salverde.pt
there are many years.
And with their seeing, Vonage does that.
With Vonage Video API, that's just the start.
Get one-on-one and group video
meetings on desktop, mobile,
embed everything from video meetings
to large-scale broadcasts on your website,
and even help developers without
video expertise build live video apps.
With Vonage Video API,
live video works harder for your business.
See everything Vonage can do for you
at Vonage.com.