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As a homeowner, you own a greater share of your future and the legacy you leave behind.
US Bank is here to help you get your financial house in order,
with financial education, community partnerships, and personalized guidance from our bankers
to help you start from a position of strength.
Own your tomorrow today.
US Bank dot com slash own it.
Equal Housing Lender member FDIC.
The holidays start here at Ralph's with a variety of options to celebrate traditions old and new.
You could do a classic herb roasted turkey or spice it up and make turkey tacos.
Serve up a go-to shrimp cocktail or use simple truth wild caught shrimp for your first Cajun risotto.
Make creamy mac and cheese or a spinach artichoke fondue from our selection of Murray's cheese.
No matter how you shop, Ralph's has all the freshest ingredients to embrace all your holiday
traditions.
Ralph's fresh for everyone.
Have I told you the history of a little book called Bookbit?
Yes, not that.
Well, okay.
Then you have to tell me why this is the history of Bookbit.
It's a sound book app where you can stream over 800,000 titles.
There are a lot of them from all genres.
If you want to read this or that or Grimm or Philgood or whatever, you have the idea in there.
It's a super good reader.
Very, very good sound solution generally for big and small.
If you don't want to test the sound book yet, you can go to bookbit.no-198-L-A-N-D-198-L-A-N-D.
So try it for free at 45 there.
Or 45, as we call it now in 2023.
Personally, I don't have a good sound book when I'm, for example, in a scavenger tour.
Or when I'm actually training, or when I'm washing dishes or making food and stuff.
And on Bookbit, I personally recommend, for example, to read this to my good friend Erika Fatlan,
who I always post on this podcast.
For example, if I were to go to the Soviet state, which is the first I read,
it's about all the countries that end up in the state.
Turkmenistan, Kazakhstan, Tajik state, Kyrgyzstan, Uzbek state,
and there are quite a few things that at least make me really want to do it,
and end up doing it, and get some very, very good tours and a bit of magic.
But you also have a very, very good book that I can recommend,
and if you're really into sound books, it's like you just go to bookbit.no-198-L-A-N-D-198-L-A-N-D-198-L-A-N-D-198-L-A-N-D-198-L-A-N-D.
Introduction success.
Welcome to a new bonus episode of 198 countries,
and just so that I'm aware of you, the plan is to make a war journalistic,
or good day service, or Uriks in the near future,
but sooner, then, and make small updates on what's happening around the world,

things that have been changed in the pod before,
like the new contract in March and in the US,
for example, as no one else is talking about,
but right now, it's in the middle of the day,
so the pressure is on what's happening in Gaza,
and there's also a development in the west,
so it feels strange to talk about something else,
so we take a tour in there, we call to him,
the first reader of the first lecture at the University of the Middle East,
at the University of the United States,
which we talked about last,
then it was as if Israel had managed to get control over their own borders
after Hamas attack on October 7th,
now it's been a few weeks,
and I know that at least I need to get a clearer picture of what's happening,
what's happening down there now,
what's happened in the weeks before the recording,
and what we can expect in the future.

So we call each other today,
and then we'll see if we can get this done.

Hello?

Good day, Henrik Tuasta, the first reader of the lecture,
who calls from the University of the Middle East.

Yes, good day.

Do you have any minutes?

Yes, I do.

We talked about some weeks ago,
Israel had managed to get control over their borders,
and now it's been a few weeks.

The conflict has escalated as expected.

Can you tell us a little bit about what happened in the last weeks?

First, we got a diplomatic activity
with different European,
especially American politicians,
foreign ministers in the USA,
and President Biden,
who traveled to Israel
to express sympathy and support.

And then we had a conflict escalation,
and we actually waited for an Israeli military action
in Gaza.

And then we waited for each other,
and then we had fewer meetings
on the border north to Lebanon.

And then we got a Friday start
on what is a back invasion of Gaza.
In the meantime, has there been a quite active bombing
of Gaza, or?
A lot of bombing of Gaza has led to
what was a challenge,
to be 68,000 people already,
with maybe as many as half a dozen children.
And this is being realized in Gaza,
and in most of the world,
as an anchor, not only in Hamas,
but also in Palestine, in Gaza.
And that is that you kill so many innocent people,
that you ask the question
if not only Hamas is a terror organization,
but that this is a terror bombing.
Net up.
So I would like to ask,
in this way, do you think Israel has to deal
with how many innocent civilians
they are willing to kill to express Hamas?
It is not in Israel's interest
to increase the number of civilians,
and earlier it has been a restriction.
I think now it is in greater degree
a will on the Israeli side
to take large civilians.
When you start an action of Gaza,
where it is almost impossible to kill
between Hamas and Israel,
then you operate more in Gaza
as one enemy,
and the goal is to go into
and remove military infrastructure,
these tunnels, the rocket systems,
so that you can drive the Palestinians
from the city to the city.
Because it was the report that came earlier
that the population got better
and had to get over themselves.
That is a very important question.
In the report,
it is assumed that there are only
around 1.5 million people there,

and maybe 5.5 million people
have been killed.
Another thing is that when Israel
was the enemy,
they did not stop bombing
Gaza in Gaza.
No, because they have intensified
in some areas, but they still
bomb the city, is that so?
It has not been found,
there is no safe place.
There is no safe place.
That is why you have to
connect to the hospital
and school,
and the FN has
a part of the building complex,
where they have schools
around these refugees in Gaza.
A part of the gathering point
where you have come together.
Yes, because it was
a rocket or a bomb
that hit
a hospital, and it is
in a way determined where it came from.
I would like to point out that it came from
Gaza, as far as I understand,
but that is the reason
why it takes so much life,
because it has people knocking on the door
where you see that Israel
does not want to bomb.
Yes, and Israel also says
that Hamas
has a part
that is mainly declared under the hospital,
so that they will have
the Palestinians gone,
but that is the reason
for the Palestinians,
and to evacuate the hospital
is to take the lives
of the children in the hospital

and other patients.

It is a bit difficult to understand
how this is going to work,
at least for us who do not follow
this very closely and do not have
a lot of pressure on this,
but what do you think
is the most visible
outcome now in the future?

It is something
about Israel
its definition of Hamas
as
ISIS,
but it has a
part of it,
Hamas is a national movement,
not a global terrorist movement,
but a political movement that has been
chosen and so on.

At the same time,
something that is part
in the big part of the world,
it is asked
if it is possible to
crush Hamas.

I can not
have thought about what
Hamas should be
because it is difficult
for the Palestinian authorities
to come back
to Gaza and sit
on Israeli tanks.

In Gaza
and between the Palestinians and the West
this is a war with the Palestinians
as much as it is against
Hamas.

Hamas is built
to spread its resistance
ideology.

Even if
their own words are

used.
Hamas soldiers
do not want
to go away.
So
you have to have control
on the Palestinian world
so that the Palestinians
choose their own representatives
regardless of
who they choose.
Even if it includes
a political
flight of Hamas.
You have to continue
the Gaza West
with an Israeli advance
as it is now.
We do not want
to take
a detachment
of Hamas
and their infrastructure.
This means that
you have to get international
stabilisation
of peace there.
The best way is
to get
a democratisation
of the Palestinians
and get
an international stabilisation.
Because it is not possible
to solve this problem.
As we have understood
from the Israeli side,
there is no answer
because we are going to
pull ourselves back
now they have started
to roll the ball.
Before we just
see.

If you talk about
existential pressure
to say that Hamas is ISIS
you have to be able to move forward
without obstacles.

They have also invited
journalists to watch
because Hamas has a lot of
scary videos.

Has the Israeli government
invited journalists to watch
these videos?

Some of the videos
from October
have been seen.

I have not seen
a guy
who is
completely innocent.

That is
what Hamas has done.

This is a long
long time
beyond the borders.

Has it been a
goal to provoke
Israel so strong that Israel
will overreact?

It is a good question.

It is
a catastrophe
success.

You really got
more than you had planned.

Not
to be stopped
and many others
to move forward.

You did not have control
on all those who were involved.

The political part of
Hamas has
denied and said
that it is not

enough of civilians
and could be
against Islam.
In the past
most of the time
 Hamas
political leaders
have given clear signals
about this action.
If this is
something you drive with
as a kind of one rationality
or if they have not
given clear orders to save civilians
is something
that we have seen in
2009.
It was the IS group
leaders who
raised a call
in part of Gaza.
There Hamas
went in
to try to
handle it.
But Hamas did not run
out of the IS call
in Gaza.
There was a lot of
details of
the IS supporters.
So it turned out
that many of those who were
involved
in this call
in Rafa
had been part of Hamas
since the beginning.
And it was the Hamas group
before the Hamas group
that went into Hamas?
No, but it was before
that Hamas actually had control
on the different elements

of this call.
That is also a question.
It is a bit strange
to know if you have anything to say about it.
But this affects the whole world.
And
just yesterday
it was
an action
in Dagestan
in Caucasus
where it landed an Israeli plane
flying around
to take the Jews.
Is this something we will see more about?
It is something you can be afraid of.
The Jewish
community around the world
has increased
protection and the fear
of increasing anti-Semitism.
Of course
it is a fear.
But it does not stop there.
The
feeling
of injustice
that is against the Palestinians
has
been a mobilization
for al-Qaeda.
And
the
mobilization
there
has never been stronger
than now.
If you have a good direction
in the al-Qaeda
in the West
then it is a fear
that is against
the Jewish
community

in Europe
and the West
as a symbol
for those who have
supported Israel
and for what is happening.
You would not be surprised
if
the fear increased
in Europe
and North America.
I think
the fear has increased
every day.
You can see pictures of
dead children from Gaza.
This is
quite negative
for the world.
I do not know
if we will go further
into it now.
But thank you
for being with us.
Thank you.
Let's finish
with one more thing.
You have seen
that it has become
a very strong
feeling
of getting peace
of something else.
It is not that
we are used to
that it only leads to sin
and what we say.
It may lead to
a thought
to create
a different world
and reality.
It was the most positive thing
we got out of these minutes.

It was good to land on it.
But in the future
we will all follow it.
I do not know
how I will be able to do
the one or the other.
But thank you
for being with
us.
Thank you.
Bye.
Bye.
The holidays start
here at Ralph's
with a variety of options
to celebrate traditions
old and new.
You could do a classic
herb roasted turkey
or spice it up and make turkey tacos.
Serve up a go-to
shrimp cocktail
or use simple truth
wild-caught shrimp
for your first Cajun risotto.
Make crepes
or a spinach artichoke fondue
from our selection of Murray's cheese.
No matter how you shop
Ralph's has all the freshest
ingredients to embrace all your
holiday traditions.
Ralph's fresh for everyone.
If you want to try
the rest of the norwegian
you can go to the top of the list
and see how you do it
plus a daily challenge.
You can try it yourself.
It is a great geography app
relatively easy to pack.
Try a 7 day free
and if you like it, you can pay
under a crown if you have a full life.